



# ADULT SUPPORT GROUP



Do You Have a Family Member or  
Loved One Living With Emotional  
or Mental Health Challenges?

**Hybrid In-Person/Zoom Meetings Now Available**

**Tuesdays  
12:00pm–3:00pm**

**784 High Street,  
Conference Room One**

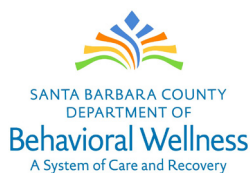
## **Education. Support. Resource Connection.**

The Family Services Program provides compassionate, informed assistance to families, friends and loved ones of persons they know or suspect has a mental illness.



### **Registration required for Zoom link.**

For more information about how to connect, please contact Jorge Huerta at (805) 540-6571 or [jhuerta@t-mha.org](mailto:jhuerta@t-mha.org) and visit [www.t-mha.org/family-support.php](http://www.t-mha.org/family-support.php)



San Luis  
Obispo  
County