

You're invited, Subscriber First Name!

TRAUMATIC INCIDENT REDUCTION (TIR) TRAINING

"TIR ... brings a resolution to the problem, whether it's an anxiety or a depression or whatever it is, not just a management skill. The things that my colleagues and I had been doing for the 20 years before that were basically teaching management skills... TIR just puts it away; you no longer have anything else to manage."

-Robert H. Moore, PhD, CTS, Former Director of Institute for Rational Emotive Therapy,
Florida

The **Traumatic Incident Reduction (TIR)** Workshop presents a new paradigm of safety and effectiveness for helping others. Highly focused. Directive and controlled, yet wholly person-centered. Non-interpretive. Nonjudgmental.

- TIR is amazingly effective in resolving the painful aftereffects of injury, childhood trauma, bereavement, abuse, medical trauma, and any severe and shocking event.
- TIR is person-centered, client-titrated, and results oriented. TIR is evidence-based, and listed on SAMHSA's National Registry of Evidence-based Programs and Practices.

ONLINE 4 DAY WORKSHOP

November 6th, 7th, & 13th, 14th

10 a.m.- 6:00 p.m. PST, includes lunch break

Workshop Objectives

- Understand theory of the traumatic network and consequences of traumatic incidents
- Understand the theory + practice of TIR
- Assess a client's readiness for TIR
- Apply TIR techniques successfully
- Understand how triggering affects clients everyday lives
- Increase rapport with clients

Outline:

- Day 1: Intro to TIR, theory, research, application
- Day 2: Learning and practicing Unblocking
- Day 3: Learning and practicing Basic TIR
- Day 4: Learning and practicing Thematic TIR and wrap-up