



## SDTIGT MEMBERSHIP/VISITOR MEETING MINUTES

Networking 12:15 pm – 12:30 pm

Meeting 12:30 pm – 2:00 pm

April 7, 2023

**Mission:** *Promoting Trauma-Informed services in the San Diego region through collaboration, advocacy, and education.*

**Vision:** *A resilient world where families and communities thrive.*

### I. Grounding: Mindfulness Activity

Co-Chairs Dana Brown and Linda Ketterer

- Type Name/Organization/Role in ChatBox
- Celebrate New Members (2nd Membership Meeting)
- [Google Form Sign-In](#)

This was our first in-person meeting since the lockdown in March, 2020.

Attendees introduced themselves and their role/organization. Shor attended for 2<sup>nd</sup> time and is now an official member!

### II. SDTIGT Land Acknowledgement

*We would like to begin by acknowledging that the land on which we gather and work is the ancestral, traditional and contemporary lands of the Kumeyaay Nation, the Payomkawichum, the Cupeño, and the Cahuilla, who have stewarded this land throughout the generations. We thank them for their strength and resilience in protecting this land, and aspire to uphold our responsibilities according to their example.*

### III. Our Gratitude Wellness Bags

Each attendee received a Gratitude/Wellness bag which contained stress ball heads, mindfulness coloring books, colored pencils and plush squeezies. These were purchased by the Guide Team with funds received from the California Endowment.

Anyone not able to attend in person can pick them up from Amelia Barile-Simon on Mondays at her office in Kearney Mesa. Email her if you want to stop by: [amelia.barile-simon@sdcounty.ca.gov](mailto:amelia.barile-simon@sdcounty.ca.gov)

### IV. SDTIGT Communication Committee

Chair, Daniela Murphy

Daniela spoke briefly about the Communication Committee. The committee will focus on engaging more partners. Please contact Daniela to join.

### V. SDTIGT Training Committee

Chair, Amelia Barile Simon

The Training Committee meets virtually every 2 months virtually and would love people to join. They are refreshing their focus to include more than planning the three learning exchanges per year.

### VI. Co-Chair Election on April 7th with voting on June 2nd

Dana shared about the openings on the leadership team. A co-chair seat is open. This entails chairing the bi-monthly SDTIGT meeting, attending the bi-monthly leadership meeting plus time for coordinating meeting agenda with co-chair. The secretary position is also open. This entails taking minutes at bi-monthly SDTIGT meeting and bi-monthly leadership meeting and posting minutes on PACEs Connection.

Submit nominations before 5/5 to: [resilientsd@gmail.com](mailto:resilientsd@gmail.com)

We will vote at our next meeting in June, likely using Google forms.

## **VII. Community Mini-Grant Awardees**

### Adrienne Markworth, Leah's Pantry

Leah's Pantry used their mini-grant to launch their Trauma-Informed Nutrition Security Learning Collaborative. This model was quite successful and has been adopted at state level and as well as in Indiana. Eight organizations joined to increase their awareness of trauma-informed care as they worked on identified projects. They received training and technical assistance from Leah's pantry through six virtual sessions over three months, with a focus on building relationships and sharing their work process. 100% of the participants rated this as an excellent program. See the attached PowerPoint for more details and outcomes.

Additionally, Leah's Pantry has several trauma-informed nutrition trainings:

<https://leahspantry.org/training-calendar/>

### Jeannie Oestreicher, San Diego Center for Children FFAST Program

FFAST provides outpatient services to foster youth living in FFA homes, offering therapy, support partner and psychiatry services through this BHS-contracted program. BIPOC youth are overrepresented in the foster care system and are often placed in families that are not good cultural matches – which complicates the situation for the youth even more. Resource parents are mostly white and often don't even know there's a miss-match. FFAST used the Mini grant to help with this.

They provided Transracial Parent Coaching for FPs provided by their BIPOC staff with hair and skin care expertise. Coaching included demonstrating skills, going to hair care supply stores which cater to black clients, tutorials on different hair care styles, affirmations while doing hair, and follow up/reflections to support caregiver. They also partnered with the My Brown is Beautiful campaign which was started with Buy Black San Diego to provide products and education to youth in the foster care system. Licensed barbers and braiders provide products and services pro bono. See the attached PowerPoint for additional details and future plans.

## **VIII. Invitation: Trauma-Resilient San Diego County Cooperative of Communities,**

**4.27.23, 1:00 pm – 3:00 pm** virtually

Dana invited anyone interested to attend a presentation on Dismantling systemic Racism on 4/27 from 1 – 3 via Zoom. The focus will be on lifting up what's in place right now with presentations by counties re: what they are currently doing. To join, follow this link:

<https://us02web.zoom.us/j/81681132662>.

## **IX. 2022 SDTIGT Survey Results - TABLED**

## **X. Announcements**

Grossmont Foster Adopt Kinship Care Education (FAKCE) – May is MH awareness month – series for foster parents and partners. See flyer attached.

## **XI. Next **HYBRID** SDTIGT Membership / Visitor Meeting is June 2, 2023 (12:15 pm to 2:00 pm) at San Diego Center for Children (3002 Armstrong Street, San Diego) and on Zoom**