



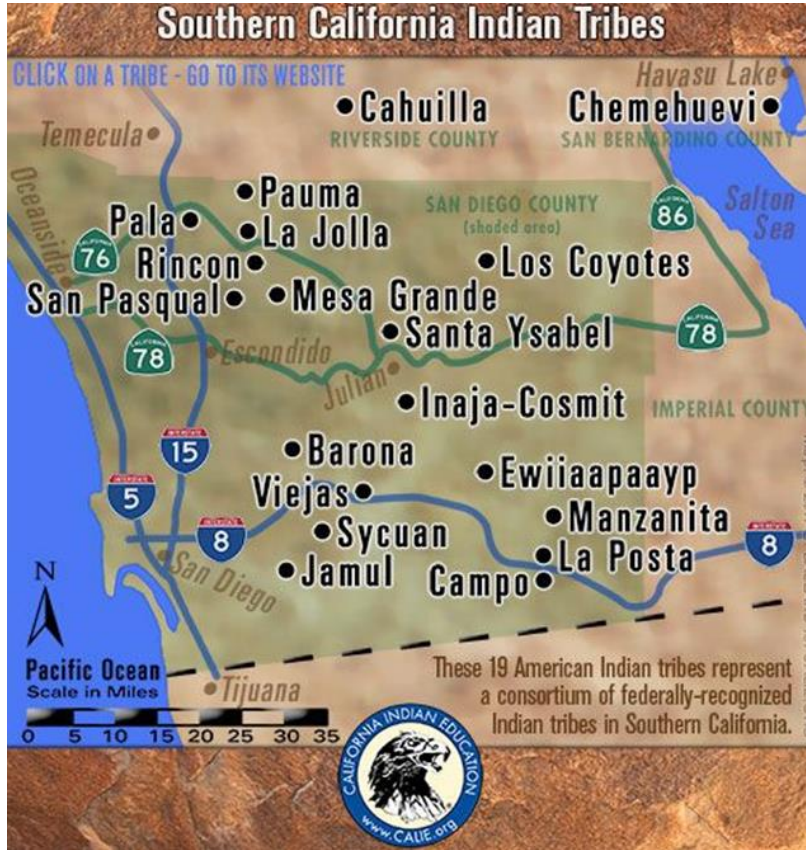
PACES = POSITIVE & ADVERSE CHILDHOOD EXPERIENCES

formerly ACEs Connection

# Trauma-Resilient San Diego County Cooperative of Communities

## Decolonization Model

# Land Acknowledgement



Source: image

Here, in San Diego County, we occupy the ancestral, traditional and contemporary lands of the Cahuilla, Cupeño, Payomkawichum, and Kumeyaay Nation. We reside on unceded land and recognize San Diego County's 19 federally recognized Tribes, Indigenous individuals and communities who live here now, and those who were forcibly removed from their homelands.

We are honored to share this space and we thank them for their stewardship. In offering this land acknowledgement, we affirm Indigenous sovereignty, history and experiences.

We honor and acknowledge all of your ancestors which brought you to where you are in our world.

<https://native-land.ca/territory-acknowledgement/>

# Equality



# Equity





# Racism is a public health crisis



PACESCONNECTION / COMMUNITIES / SAN DIEGO COUNTY ACES CONNECTION (CA) / BLOG  
/ 'RACISM IS A PUBLIC HEALTH CRISIS': SAN DIEGO COUNTY BOARD OF SUPERVISORS PASSES RESOLUTION (NBCNEWS.COM)

POLICIES | **RACISM** | SAN DIEGO COUNTY BOARD OF SUPERVISORS

## 'Racism is a Public Health Crisis': San Diego County Board of Supervisors Passes Resolution (nbcnews.com)

DANA BROWN (PACES CONNECTION STAFF) 1/15/21 8:05 AM



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### San Diego County Data Dashboard: Child Adversity and Well-Being

Home | Home  
Programs and Initiatives  
Partnerships |   
Resources

Children with Two or More Adversive Experiences (Parent Reported)  
Ready 2011

Bar chart showing data for Children with Two or More Adversive Experiences (Parent Reported). The chart shows a significant increase in the number of children from 2011 to 2019.

Children with One Adversive Experience (Parent Reported)  
Ready 2011

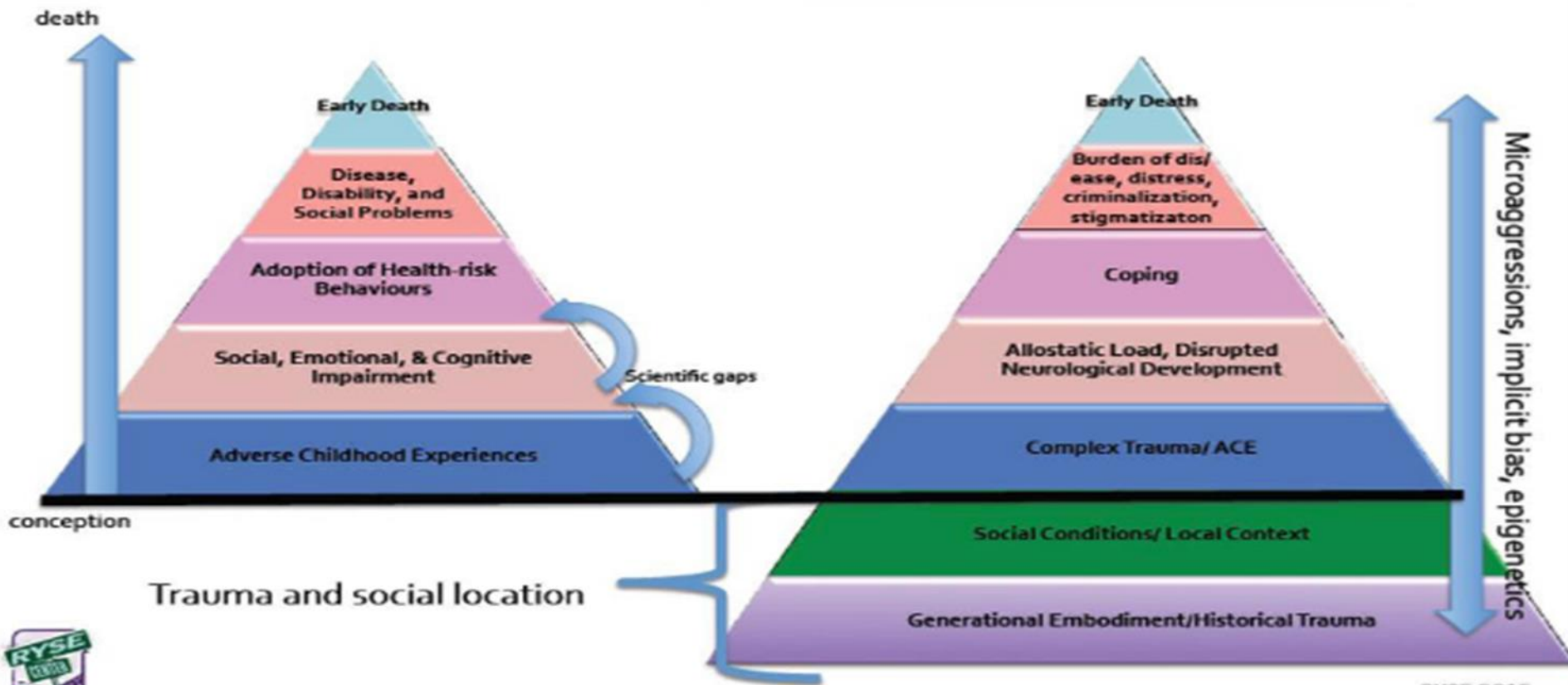
Category	Number of Children
Children with One Adversive Experience (Parent Reported)	1,000
Children with Two or More Adversive Experiences (Parent Reported)	500

CLICK HERE To access Data Dashboard

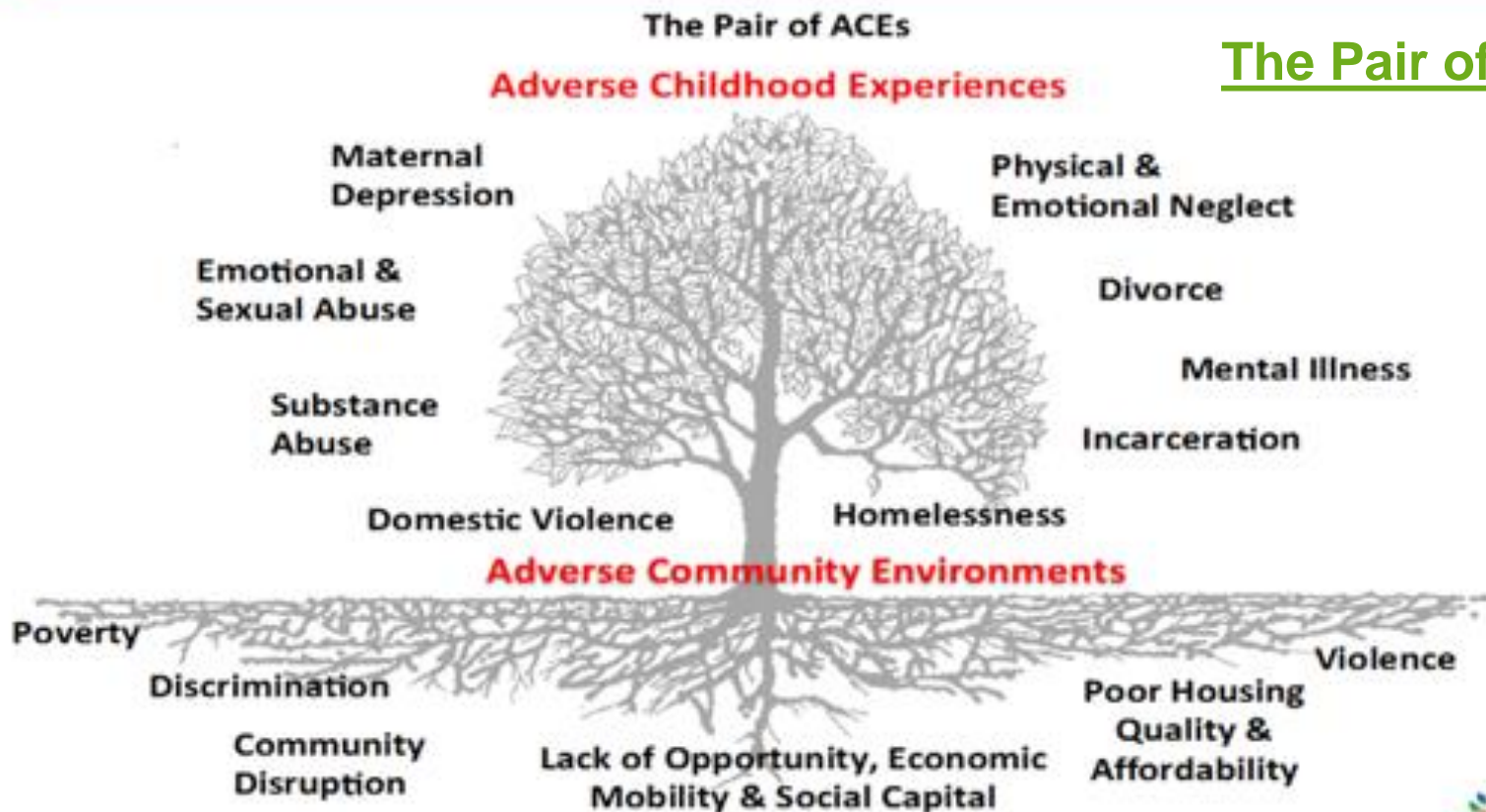
# Trauma and Social Location

Adverse Childhood Experiences

Historical Trauma/Embodiment



# The Pair of ACEs



## 5 parts of PACEs science



**Epidemiology.** ACE Study, expanded ACE surveys, PACEs surveys

**Impact on the brain.** Toxic stress caused by ACEs impact children's developing brains.

**Impact on the body.** Short and long-term health consequences of toxic stress.

**Epigenetics.** How toxic stress is passed from one generation to another; historical trauma.

**Resilience.** The brain is plastic. The body wants to heal.

[PACEs Science 101](#)



What is  
community  
healing?

self sufficiency  
community churches  
right to make a choice  
safety educating about trauma  
empowering the community  
flexibility empathetic relationships  
cultivating youth involvement  
structural change training teachers and school staff  
connecting the dots **inclusiveness** repair  
abandoning judgement **community** being heard  
unique journeys to healing **empathy** recognition  
connecting with your neighbor **understanding** forgiveness  
self care **connection** inner teacher  
**support** trust spirituality **hope**  
**connection** education jobs  
curiosity **support** compassion  
unity kids and families  
facilitating positive locus of agency  
bridging gaps within cultures  
feel heard and validated  
educating caregivers  
offering a voice  
feeling safe  
vitality

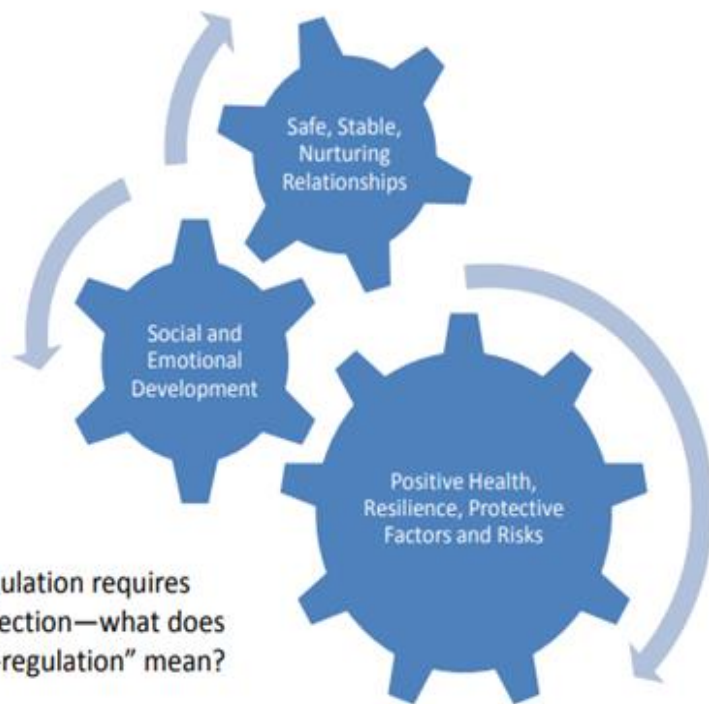
# We Are the Medicine: Leveraging the Power of Relationships and Engagement to Nurture Developing Minds

Christina Bethell, PhD, MBA, MPH  
Professor, Johns Hopkins Bloomberg School of Public Health; Director, Child and Adolescent Health Measurement Initiative

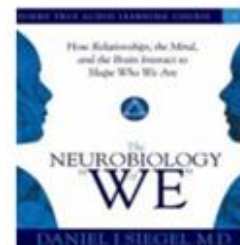


<https://www.instituteforchildsuccess.org/wp-content/uploads/2019/05/Bethell-03012019We-Are-the-Medicine-NDM-2019-1f>

# Hard Science Reveals Requirements for Healthy Development and Well-Being



If regulation requires connection—what does “self-regulation” mean?



Source: Bethell, C 2016

# Trauma-Resilient San Diego County Cooperative of Communities



◀ HOME BLOG RESOURCES CALENDAR ASK THE COMMUNITY SURVEYS CHATS MEMBERS 🔍 + ⚙️ ⚙️

 DANA BROWN (PAC...

COOPERATIVE *of* COMMUNITIES AFFILIATE



[Learn more about the coop >>](#)

# Collaborating for Equity and Justice: Moving Beyond Collective Impact

**Principle 1:** Explicitly address issues of **social and economic justice and structural racism**

**Principle 2:** Employ a community development approach in which **residents have equal power** in determining the coalition's or collaborative's agenda and resource allocation.

**Principle 3:** Employ community organizing as an intentional strategy and as part of the process. **Work to build resilient leadership and power.**

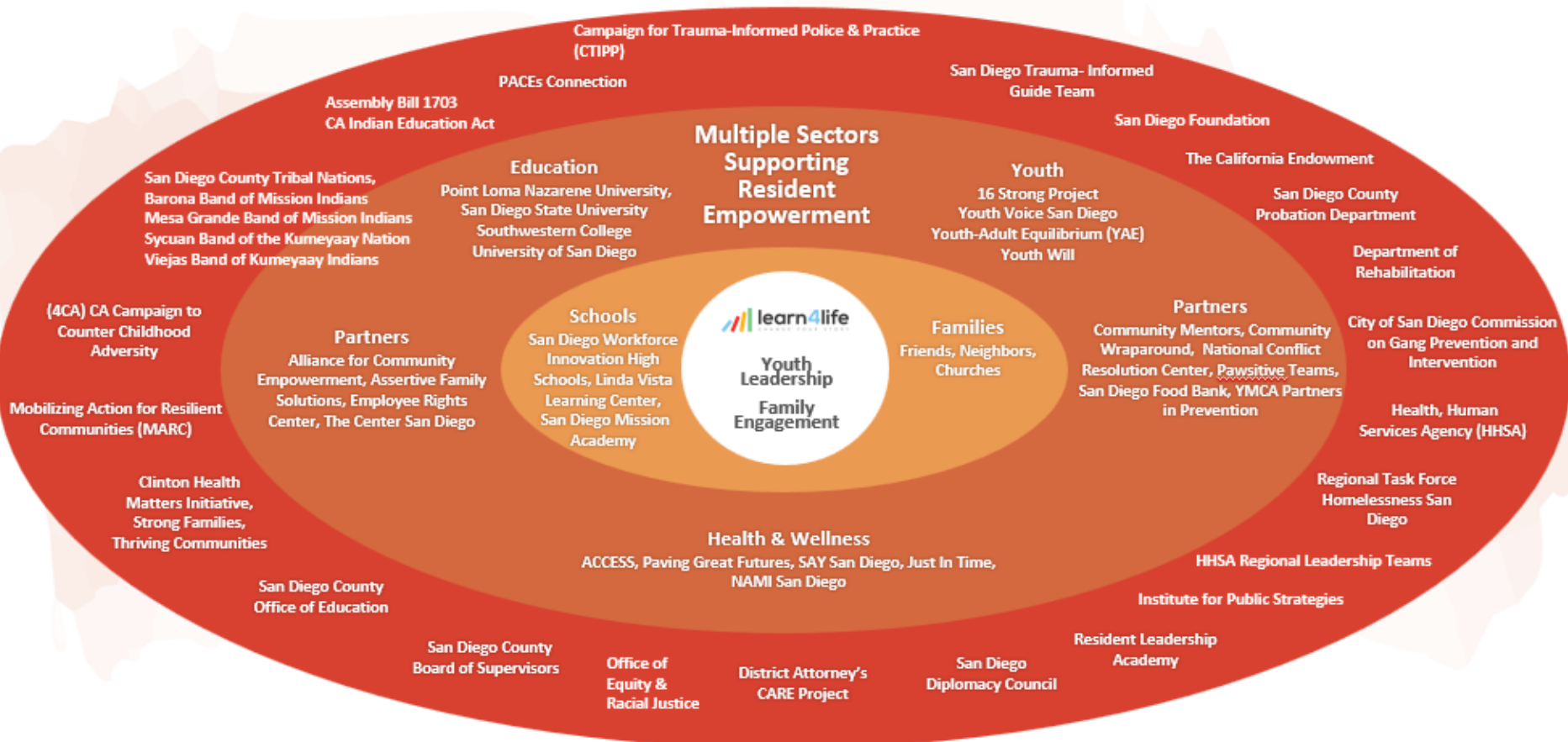
**Principle 4:** **Focus on policy, systems, and structural change.**

**Principle 5:** Build on the extensive community-engaged scholarship and research over the last four decades that show what works, that acknowledge the complexities, and that evaluate appropriately.

**Principle 6:** Construct core functions for the collaborative **based on equity and justice** that provide basic facilitating structures and **build member ownership and leadership.**

# Trauma-Resilient San Diego County Cooperative of Communities

## Supporting Youth-Family Leadership, Engagement, and Advocacy





[Calling Upon the Warrior Spirit to Heal Historical Trauma Conference and Ceremony](#)

Calling Upon the Warrior Spirit to Heal Historical Trauma  
October 7, 8, 9, and 10, 2018 at Viejas Band of Kumeyaay  
Indians

## Warrior Spirit Family Leadership Team



Left to right, Kenneth G. White, Jr.  
Oletha Leo, Tamara Strohauser,  
Dana Brown, Dr. Anthony R. Pico



Chief Bobby Wallace of the Longest  
Walk





*Strong Families, Thriving Communities invites you to a Training & Action Planning Workshop*

## **Culturally Competent, Trauma-Informed Approaches for Working with San Diego's Native American Families**

*Presented by: National Native Children's Trauma Center, Viejas Band of Kumeyaay Indians, and ACEs Connection*

August 27, 2019, Dana and Dr. Anthony R. Pico presented before 75 cross-sector service providers.



**November 4, 2019**



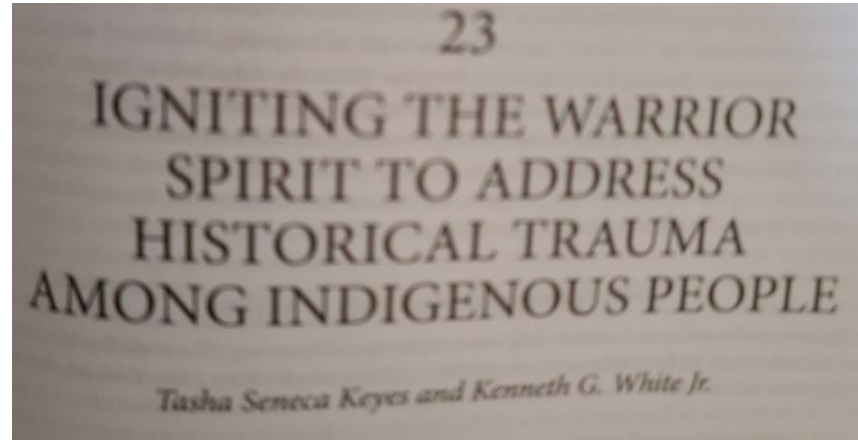
.Dana Brown, Oletha Leo, and Tamara Strohauer presented before 75 cross-sector service providers.



## The Routledge International Handbook of Indigenous Resilience

Edited by Hilary N. Weaver

## The Routledge International Handbook of Indigenous Resilience



Warrior Spirit Family member, Kenneth G. White, Jr. co-authored chapter 23, *Igniting the Warrior Spirit to Address Historical Trauma Among Indigenous People*. The editor put the chapter in Section five in the **Routledge textbook, Reframing the Narrative, from problem to opportunity** because she feels what Warrior Spirit Family is leading is one of the solutions for decolonizing our world.

# Indigenous Nations & Peoples

« HOME BLOG RESOURCES CALENDAR ASK THE COMMUNITY SURVEYS CHATS MEMBERS 🔍 + ⚙️ 🔔  DANA BROWN (PAC...

PACESCONNECTION / COMMUNITIES / INDIGENOUS NATIONS & PEOPLES / BLOG  
/ CALIFORNIA GOVERNOR APOLOGIZES TO TRIBAL NATIONS FOR PAST ATROCITIES (HCN.ORG)

DECOLONIZATION GENOCIDE LEGISLATION

## California governor apologizes to tribal nations for past atrocities (hcn.org)

 DANA BROWN (PACES CONNECTION STAFF) ● 6/21/19 @ 12:00 AM

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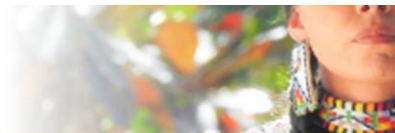
MANAGE WIDGETS ON BLOG PAGES

### Blog Archive

September 2022 (9)	September 2021 (3)
August 2022 (10)	August 2021 (8)
July 2022 (11)	July 2021 (13)
June 2022 (4)	June 2021 (9)
May 2022 (10)	May 2021 (10)

[Governor Newsom's apology to Native Americans for the genocide in California](#)

## Tribal Communities of Northern California (CA)



HOME BLOG RESOURCES CALENDAR TOPICS SURVEYS CHATS MEMBERS DANA BROWN (PAC...

PACES CONNECTION / COMMUNITIES / TRIBAL COMMUNITIES OF NORTHERN CALIFORNIA (CA) / BLOG / PASSED ON 9.23.22: AB 1703 CALIFORNIA INDIAN EDUCATION ACT | CALIFORNIA INDIAN EDUCATION TASK FORCES

DECOLONIZATION

### Passed on 9.23.22: AB 1703 California Indian Education Act | California Indian Education Task Forces

DANA BROWN (PACES CONNECTION STAFF) 9/19/22 @ 12:46 PM \*



Approved by Governor Newsom and Filed with the Secretary of State on September 23, 2022.

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#### Blog Directory

- > Decolonization
- > Food Sovereignty
- > Foster Care Resources for Tribes

BLOG DIRECTORY →

#### Comments

#### Blog Archive

December 2022 (0)	December 2021 (3)
November 2022 (1)	November 2021 (17)
October 2022 (5)	October 2021 (13)
September 2022 (7)	September 2021 (3)
August 2022 (1)	August 2021 (1)



**Assembly Bill No. 1703**

**CHAPTER 477**

An act to add Article 7 (commencing with Section 33390) to Chapter 3 of Part 20 of Division 2 of Title 2 of the Education Code, relating to California Indian education.

[Approved by Governor September 23, 2022. Filed with Secretary of State September 23, 2022.]

**LEGISLATIVE COUNSEL'S DIGEST**

AB 1703, Ramos. California Indian Education Act: California Indian Education Task Forces.

This Bill would establish the California Indian Education Act and encourage school districts, County Offices of Education, and charter schools to form California Indian Education Task Forces with California Tribes local to their regions or Tribes historically located in their region.

# Trauma-Resilient San Diego County Cooperative of Communities



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DANA BROWN (PAC...

COOPERATIVE of COMMUNITIES AFFILIATE



[Learn more about the coop >>](#)

Dana Brown and Craig Beswick co-lead six Trauma-Resilient Cooperative of Communities which include the Counties of Los Angeles, Madera, Riverside, San Bernardino, San Diego, and Tulare.

Align with the CA Cooperative of Communities in Fresno, Orange, Santa Barbara and Yolo Counties.

Advanced PACEs initiatives in cities, counties and regions work together to gather and use data to measure progress and outcomes, share resources, learn together, and accelerate the PACEs movement, for as long as it takes to create healthy families and communities.

[PACEs Connection Cooperative of Communities \(15-minute video\)](#)



The 12-month membership, provided free to anyone in our Trauma-Resilient counties provides;

- Access to our network
- Access to equity-focused, cross-sector, across the lifespan data tracking
- Guidelines for [starting PACEs initiatives](#)
- Guidelines for [growing PACEs initiatives](#)
- [Diversity, Equity & Inclusion Tool](#)
- Interactive [map of PACEs Connection's 440 geographic- and interest-based communities](#)
- Interactive [map of states](#) that have done their own ACE surveys Interactive [map of ACEs-science related state legislation](#)
- Interactive [map of participants in the National Council on Behavioral Health's Trauma-Informed Learning Collaboratives](#)
- Engagement with Campaign on Trauma-Informed Policy & Practice (CTIPP)

# Tracking equity-focused data



Source



Overview



Social & Economic Factors



Physical Environment



Health Behaviors



Clinical Care



Health Outcomes



Third Grade Reading Proficiency by Sex and Achievement Level

MOUNTAINS REGION



Poverty by Race and Ethnicity

CHARLOTTE METRO REGION



Poverty in the State

TIDEWATER REGION



Poverty in the State

SANDHILLS REGION



Poverty in the Region

PIEDMONT-TRIAD REGION



Poverty in the Region

CAPE FEAR REGION

Healthy Communities



Third Grade Reading Proficiency by Sex and Achievement Level

TRIANGLE REGION



Poverty Trend

COASTAL PLAIN REGION



Overview



Social & Economic Factors



Physical Environment



Health Behaviors



Clinical Care



Health Outcomes



## Healthy Communities





Overview



Social & Economic Factors



Physical Environment



Health Behaviors



Clinical Care



Health Outcomes



Healthy Communities





Overview



Social & Economic Factors



Physical Environment



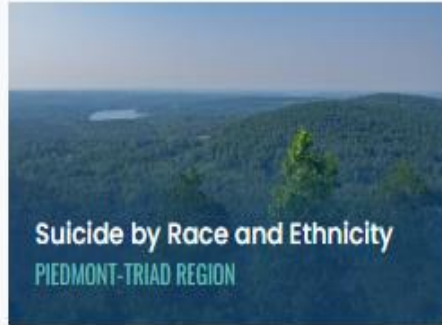
Health Behaviors



Clinical Care



Health Outcomes



**Suicide by Race and Ethnicity**  
PIEDMONT-TRIAD REGION



**Uninsured Trend**  
COASTAL PLAIN REGION



**Uninsured in the State**  
TIDEWATER REGION



**Early Prenatal Care by Race and Ethnicity**  
CHARLOTTE METRO REGION



**Suicide by County**  
CAPE FEAR REGION



**Uninsured Trend**  
TRIANGLE REGION

Healthy Communities



**Primary Care Workforce in the Region**  
SANDHILLS REGION



**Early Prenatal Care in the State**  
MOUNTAINS REGION



Overview



Social & Economic Factors



Physical Environment



Health Behaviors



Clinical Care



Health Outcomes



Healthy Communities



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