



## SDTIGT MEMBERSHIP/VISITOR MEETING MINUTES

Networking 12:15 pm – 12:30 pm

Meeting 12:30 pm – 2:00 pm

December 2, 2022

### I. Welcome

- Tri-Chairs Amelia Barile Simon, Dana Brown, and Linda Ketterer

- [Google Form Sign-In](#)

### II. SDTIGT Land Acknowledgement (20-minutes)

*We would like to begin by acknowledging that the land on which we gather and work is the ancestral, traditional and contemporary lands of the Kumeyaay, the Payomkawichum, the Cupeño, and the Cahuilla, who have stewarded this land throughout the generations. We thank them for their strength and resilience in protecting this land, and aspire to uphold our responsibilities according to their example.*

### III. Deborah Bock, LCSW presentation: ACEs and Epigenetics (or pulling my hair out one clump at a time)

Debbie is based in Albuquerque New Mexico, is a self-described ACEs fanatic, and gave a thorough and understandable presentation on:

- genes/DNA
- epigenetics
- the glucocorticoid receptor gene
- how epigenetics effects behavior
- current research into epigenetics.

See attachments for one-page reference sheet.

Presentation recording link: <https://www.youtube.com/watch?v=EXTZHCggSgc>

### IV. Announcements

- a. Audrey Hokoda is presenting on 1/28/22 at SDSU on Creating Trauma-Informed classrooms in schools.
- b. Amelia is presenting at the Live Well SD Countywide Resources for Families and Children Impacted by Violence, Abuse, and Trauma Friday Café on 12/9 from 8:30 – 10am on trauma informed care in schools. This is free and n Zoom. See attached flyer.
- a. Live Well Advance 12/7 Wednesday at Convention Center – FREE:  
<https://www.livewellsd.org/content/livewell/home/news-events/advance.html>
  - i. Dana Brown and Craig Beswick are presenting: *Decolonizing Collective Impact: Increasing Individual, Organizational, and Community Health through the Trauma-Resilient Educational Community (TREC) Model*

### V. Introductions

Attendees introduced themselves and shared their reaction to today's presentation.

### VI. Next SDTIGT Meeting: February 3, 2023 (12:15 pm to 2:00 pm) – this may be a hybrid in-person/Zoom meeting