



SDTIGT LEARNING EXCHANGE MINUTES
Noon Networking 12:15 pm – 12:30 pm
Meeting 12:30 pm – 2:00 pm
December 3, 2021

Mission: *Promoting trauma-informed services in the San Diego region through collaboration, advocacy, and education.*

I. Networking

Attendees introduced themselves, where they work and what brought them to the Guide Team.

II. Welcome

- Tri-Chairs Amelia Barile Simon, Dana Brown and Linda Ketterer

Attendees were welcomed and invited to type their name/organization/role in Chat Box. New members were recognized. Attendees completed poll re: area of county, populations and sector served. Attendees represented all areas of county and sectors.

III. Learning Exchange: “The Value of the Voice”

Linda Ketterer presented on “The Value of the Voice”.

Melissa explained the origin of Learning Exchanges as a response to input from members for a more formal way of sharing learning related to trauma-informed care and then introduced Linda Ketterer.

Linda has worked in San Diego County for over 20 years and dedicated her life to sharing her story of resilience and the importance of the voice of lived experience within the system of care. She has worked for San Diego Youth Services, NAMI San Diego, provided trainings for the Academy for Professional Excellence (now RHIS), assisted in the implementation of the Pathways to Wellbeing program, and provided the family voice in a number of trainings for Child Welfare Services, foster parents, and behavioral health providers.

Using her moving personal journey through the system of care, Linda shared about the importance of, the evolution of, and the importance of the voice of lived experience. Topics included the many names for peer support partners, the roles they serve and have served over time, the importance of using family friendly language, and the role trauma-informed care had in her recovery. See her PowerPoint attached.

IV. Learning Exchange: Break-Out Sessions

Attendees met in small groups to discuss:

1. What thoughts, images and/or emotions came to mind during Linda’s presentation?
2. How does this information apply to those you serve? What are formal and informal ways you and/or others can further integrate this information into your work?
3. Weed: What is one practice you’d like to let go of based on this presentation?
4. Flower: What is one practice you’d like to nurture and see blossom based on today’s presentation?

V. Learning Exchange: Whole Group Share-Out

In this heart-felt discussion, attendees briefly shared the main take-away from their discussions, including: appreciation for Linda’s heart and passion and the impact of intergenerational trauma.



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VI. Announcements

- NAMI San Diego provides monthly Youth/Family Support Partner Coaching meeting (4th Friday of the month from 1p – 3p) that all Support Partners are invited to attend.
- Training subcommittee is welcoming new members – reach out to Melissa if interested: SDTIGT.training@gmail.com
- Birth Of Brilliance conference registration is open: <https://app.ce-go.com/birth-of-brilliance-virtual-conference-2022>
- CYFSOC conference will be in May 2022 and will focus on the value and importance of Youth/Family Support Partners.