



**SDTIGT MEMBERSHIP/VISITOR MEETING AGENDA**  
**Noon Networking 12:15 pm – 12:30 pm**  
**Meeting 12:30 pm – 2:00 pm**  
**January 8, 2021**

**Location: Virtual Zoom meeting**

10

**Mission:** Promoting trauma-informed services in the San Diego region through collaboration, advocacy, and education.

**Join Zoom Meeting**

<https://us02web.zoom.us/j/81127657786?pwd=Yzl5bFFzdXp2TzNYU0poR3hHNWtjUT09>

**Meeting ID: 811 2765 7786 Passcode: SDTIGT**

**Call mobile (669)900-6833 Passcode: 471428**



Sign in QR Code

- I. Networking (12:15 - 12:30)**
- II. Welcome (12:30 pm - 12:35 pm)**
  - Chairs Dana Brown and Linda Ketterer
    - Type Name/Organization/Role in ChatBox
    - Celebrate New Members (2nd Membership Meeting)
- III. Mindful Breathing Technique (12:35 pm - 12:40 pm)**
  - Dana Brown, HeartMath
- IV. Community Mini-Grant Awardees Share-Out**
  - Sex Trafficking: Two Sides of the Story (12:40 pm - 1:10 pm)
    - \* Amelia Barile-Simon, Armand King, Jaimee Johnson
  - Trauma-Exposed Workplace: Navigating Uncertain Times (1:10 pm - 1:40 pm)
    - \* Cambria Rose Walsh
  - Questions & Answers (1:40 pm - 1:50 pm)
- V. Announcements (1:50 pm - 2:00 pm)**
- VI. Next Virtual SDTIGT Meeting:**
  - Friday, March 5, 2021
  - Networking at 12:15 pm Meeting: 12:30 pm - 2:00 pm
    - Self-Compassion Workshop, Sara Schairer