



Great Plates Programs

Delivering Meals to More San Diegans

Stay home! Eat well! The Great Plates Programs help to keep older adults and those with disabilities or health conditions safe during the COVID-19 pandemic. Enjoy tasty, home-delivered meals and support local restaurants by joining one of these **free** programs.



Program Overview

- Serves older adults 65+ and those 60-64 with certain health conditions
- Provides 3 meals per day
- Initiated by Governor Newsom, and supported by FEMA, state, and local funds.

- Serves adults of all ages (18+) with health conditions or disabilities
- Provides one hearty meal per day
- Initiated by the San Diego County Board of Supervisors and supported by local allocation of CARES Act funds.

What are the eligibility requirements?

- Following federal requirements, these temporary programs are open to older adults and adults of all ages who have an underlying health condition or disability that makes it difficult to prepare or obtain food.
- These programs are intended to fill a gap and serve those who are not eligible for federally funded programs, such as CalFresh (income must be between \$24,981-\$74,940 for a single household and \$33,821-\$101,460 for a two-person household).

Where can I learn more and apply?

Visit www.aging.sandiegocounty.gov OR call Aging & Independence Services at (800) 339-4661 and select option 7 during regular business hours.

If you do not qualify for the Great Plates programs, please call 2-1-1 to discuss additional food resources that may be available to you.

