



Learning Exchange Title: _____ **Date:** _____

1. The presentation was informative (circle your answer).
Strongly Disagree ---- Disagree ---- Neutral ---- Agree ---- Strongly Agree
2. The structure of the Learning Exchange was conducive to learning (circle your answer).
Strongly Disagree ---- Disagree ---- Neutral ---- Agree ---- Strongly Agree
3. What is the weed (practice) you plan to uproot after this exchange?
4. What is the flower (practice) you want to plant after this exchange?
5. What resources or tools would help you with your weed or flower?
6. What other topics related to the 5 Core Training Components would you like to see in future learning exchanges?
7. Any other, feedback, reflections or comments about today's learning exchange? (feel free to use the back as well)



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