



San Diego Trauma-Informed Guide Team
Learning Exchange #1
September 6, 2019
Agenda

PURPOSE: The **SD-TIGT Learning Exchange** Sessions were created to provide a positive learning and sharing experience for SD-TIGT Members. Through in depth discussion and sharing, members can strengthen their knowledge and identify applicable approaches to skill building in support of the SD-TIGT's mission, vision, goals, and 5 Key Training Components.

- 12:30-12:40 SD-TIGT Co Chairs: Dana Brown and Kat Alexander**
❖ Opening; business items, announcements etc
- 12:40-12:50 Training Co-Chairs: Rosa Ana Lozada and Melissa Tran-Chamblin**
❖ Purpose, overview, and review of the day
- 12:50- 1:10 Presentation: San Diego Trauma-Informed Guide Team 5 Key Trauma-Informed Training Components:**
❖ *#2 Understanding Trauma Across the Lifespan and the Developmental, Physical, and Emotional Impact*
- 1:10 -1:50 Small Group Discussion - Learning Exchange #1**
❖ Guiding Question - Discussion
❖ Reflective Activity
- 1:50-2:00 All Member Discussion:**
❖ Reflection
❖ Survey
❖ Adjourn



San Diego Trauma-Informed Guide Team

Mission, Vision, and Goals

Mission: *Promoting trauma-informed services in the San Diego region through collaboration, advocacy, and education.*

Vision: *A resilient world where families and communities thrive.*

Goals:

GOAL 1. Expand the SD-TIGT as a cross sectors movement.

GOAL 2. Strengthen the capacity of the SD-TIGT to promote resilience and prevent/reduce ACES.

GOAL 3. Enhance the capacity of the SD-TIGT members to influence system change for policy, program, and practice level.

GOAL 4. Build capacity of the SD-TIGT to integrate family, youth, and resident voice when shaping programs and policies.