



## SD-TIGT MEMBERSHIP MEETING AGENDA

Noon Networking 12:15 pm – 12:30 pm

Meeting 12:30 pm – 2:00 pm

July 12, 2019

**Location: San Diego Center for Children 3002 Armstrong St., San Diego, CA 92111**

**Mission:** *Promoting trauma-informed services in the San Diego region through collaboration, advocacy, and education.*

### I. **Welcome** - Introductions (Name and Organization)

- 17 Attendees (16 in person, 1 virtual)
- Clarified the intention of SDTIGT meetings is to provide an opportunity for people interested in furthering TIC efforts to share knowledge and resources, and to network.

### II. **Training**

#### a. 5 Key Trauma-Informed Training Components

Copies of this document were distributed previously and again in this meeting (see attachments). It is designed to make sure trainings have some consistency in their content and is a tool to be shared with SDTIGT members and their colleagues to promote a shared language of what it means to have a trauma-informed training. It was emphasized that this is NOT a training in and of itself, but recommendations for core components to be included in trainings. Handout is posted on private SDTIGT Membership ACES Connection group and public SD County ACES Connection group. Proposed incorporating handout/concept during onboarding of new members.

ACTION ITEM: Rosa Ana will connect with Linda and Steve re: providing this info to new members.

Explored methods for broad distribution and how document can be shared with schools. Amelia will distribute to Office of Domestic Violence Prevention; Rosa Ana has shared it with HHSA and will connect with Betsy Knight to help distribute within HHSA.

#### b. Schedule of upcoming trainings

Announced new training-based SDTIGT general meetings beginning in September 2019! Three “Learning Exchanges” will occur in the next year. The purpose is to provide opportunities for members to reflect and do a deeper review of their work with trauma-informed lens. All training topics will be anchored within the Core Components of TIC training. We will have an expert speaker (15 min), then collaborative discussions (45 min), and end with action items to apply new knowledge. Will incorporate feedback after each Learning Exchange.

### III. **Resource Sharing**

#### a. Celebrating Successes and Impact

SDTIGT shared their past successes including:

- 2016-2018 Strategic Plan, Brochure, 1-page Info Sheet, 10-year History PowerPoint and Infograph, and Trauma-Informed Journey presentations by members to share successes and challenges
- SDTIGT YouTube Channel: SDTIGT Video, Resilient San Diego! Event highlights, and Guide Team Historical Slideshow
- Award of Mobilizing Action for Resilient Communities (MARC) Grant: Brag Sheet summaries of member accomplishments, Resilient San Diego! Event and participation in nationwide TIC movement
- SDTIGT leadership ongoing meetings and retreats to build Guide Team sustainability: elections, procedures manual, Zoom video conferencing



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- SDTIGT Membership Committee: Visitor Orientation Sheet and New Member Welcome Letter
- SDTIGT Resource Committee: Membership Directory and Member Survey
- SDTIGT Training Committee: List of TI Trainings available through members, Key TI Training Components

Members shared their successes:

- HHSa from Betsy Knight—started mandatory Mental Health First Aid training for clinical and non-clinical staff
- Jewish Family Service—Breaking Down Barriers program
- Harmonium—used of trauma-informed supervision with counseling interns, focus on prevention opportunities in early childhood
- Hidden Treasures Foundation—looking to open an STRTP for youth, wrote P&Ps to be trauma-informed, identified providers for equine therapy and TF-CBT
- Loxie Grant (individual advocate)—working on initiative to mandate referrals for sexual abuse victims to go to Rady's Chadwick Center or Palomar Health
- SD 4 Gun Violence Prevention—programs for gun violence restraining orders, educating parents on gun safety, proposed safe storage ordinance for SD (to be presented to SD City Council on 7/15/19)
- UPAC Alliance for Community Empowerment—respond to homicides or other acts of violence in the community, provide supports to families, agency brought in TI expert (Dana Brown) to help staff explore their own experiences
- Child Development Associates—developing strength-based family assessment to ID needs and interests, starting parent cafes to have peer-to-peer conversations about TI-related matters
- Rady's Chadwick Center—pilot testing child welfare trauma-informed toolkit, hoping to roll out a training for trainers, hoping to change day-to-day practice of child welfare workers
- SDCC—development of TIC 101 training for non-direct care staff, efforts to incorporate more youth and family voice across programs and policies
- HHSa Office of DV Prevention--Partnership with National Nursing Program to discuss domestic violence and trauma; exploring animal abuse protocol, services for affected families, support communities

- b. [Introduction of List of Available Trauma-Informed Trainings](#) and [SD-TIGT Trauma-Informed Care Training Availability List](#)

#### IV. **Business**

##### 1. Committee Report Out

- a. Membership Committee: Co-Chairs Stephen Carroll/Linda Ketterer
  - Honoring New Members (2nd meeting) and Membership Letter

One new member was welcomed!

- Inquiring with Members best means of receiving meeting invites

Members stated email is best method for receiving meeting reminders.

- b. Resources Committee: Co-Chairs Morgan Baskett/Cambria Walsh
  - Evaluating next steps

Morgan and Cambria explained that Resource Committee actions on hold while determining next steps based on new meeting structure.

- Offering support for new meeting structure



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Loxie Grant proposed creating a website and will send ideas to Dana in advance of next Leadership Team meeting.

- c. Training Committee: Co-Chairs Rosa Ana Lozada/ Melissa Tran-Chamblin
  - Will provide (3) shared learning/facilitated discussion/training per year (addressed above)
  - Inquire on areas of interest - TABLED
  - Invitation for new Co-chair

The addition of Learning Exchanges, overseen by the Training Committee, is addressed above in the minutes. Rosa Ana will stay as co-chair through first Learning Exchange to support implementation. The committee is looking for Co-chair who can attend on a regular basis. The Training Committee will close out the year with a summary of their achievements.

- Invitation for members to join monthly Training Committee
- Project FORECAST - San Diego area implementation

Postponed until January, 2020 and May/June 2020 will allow everyone more time to: 1) develop teams (feel free to contact Audrey Hokoda at [ahokoda@sdsu.edu](mailto:ahokoda@sdsu.edu) or the [FORECAST staff](#) with questions related to this); 2) [submit applications](#) (the new deadline will be **November 8, 2019**, but applications are welcome any time from now until then!); 3) [ask questions](#) to get more information and; 4) select the best dates for your own schedule using the following doodle polls: [Part I](#) (January 2020) and [Part II](#) (May/June 2020).

### V. Announcements

- A. Linda announced that she has changed positions and will be working at SD Mission Academy beginning in 7/23/19! A new representative from NAMI SD will attend in the future.

### VI. Next Meeting

Friday, September 6, 2019

Networking at 12:15 pm Meeting: 12:30 pm - 2:00 pm