



# Trauma-Informed Career and Community Schools (TICCS) Trauma-Informed Journey

September 7, 2018

for

San Diego Trauma-Informed Guide Team



Learn4Life is a network of like-minded nonprofits that are focused on helping at-promise students or “opportunity youth” turn their lives around by earning a high school diploma and job skills training. Through our one-on-one attention and personalized learning, infused with trauma-informed practices and community partnerships, we help students prepare for a future beyond high school. Learn4Life serves more than 50,000 students across California. For more information, please visit [www.learn4life.org](http://www.learn4life.org).

# Our Kids

- 95% free and reduced lunch
- 5% Homeless
- 6<sup>th</sup> grade reading level
- 5<sup>th</sup> grade math level
- 66 days out of school
- 85 credits deficient towards graduation
- 10% Homeless / FY
- 5% Pregnant / Parenting
- 35% Court involved
- 16% Sped

# What is a Trauma Informed Career and Community School and?



- Is a place and a set of partnerships connecting a school, the families of students, and the surrounding community (MHS, WIOA, DOR, EDD, PAWS4Life)
- Uses partnerships to align school and community resources in order to produce successful students and engaged communities (145 MOUs)
- Italian Wedding Soup: Trauma Informed, Career Technical Education, Community Partners
- L4L has created a framework and is leading all its programs on a 2-3 year journey to become Trauma Informed Career and Community Schools

# Steps Towards Becoming s Trauma Informed Career and Community School

1. Level 1 Trauma Informed Training/ ACES Science
  - Gather interest for resiliency programs
2. Collect data and support resiliency programs (Wellness Coordinator)
3. Complete Time to Teach and ILC trainings around PBS and Social Restorative Justice
  - Find other TICCS trainings
4. Level 2 Trauma Informed Training / Framework Intro and Review Process
5. Setting up Work Groups to work towards gathering artifacts to meet framework goals
6. Formal Review

# WELLNESS4LIFE

- Sample overview of strategies to build self awareness, empowerment, and resiliency
- PBS /Social Restorative Justice Circles
- Meditation
- Staff and Student Yoga
- Self-Care



# Positive Behavior Support / Restorative Practice

- Positive Behavioral Support / Time to Teach Pilot
- Restorative practice is a method of building social capital and achieving social discipline through participatory learning and decision-making, that enables people to restore and build community
- Restorative practices can range from formal to informal processes, including developing emotional literacy and learning how to express affective statements that communicate emotions, facilitating peace keeping circles, and conducting program planning
- They may include culturally restorative practices that involve addressing the impact of oppression on diverse communities



## Trauma-informed Schools are Helping At-risk Students Thrive

*Learn4Life School Model Responds to the Epidemic of Kids in a State of Trauma*



LANCASTER, Calif. (August 15, 2018) – Marcus, 16, was being abused by his stepfather and regularly saw the man hurt his mother. Amanda, 15, was five months pregnant and hiding it from her family. The single mother of Jason, 17, had a drug problem and often couldn't afford to buy food or pay the utility bills. These all-too-common situations are forms of chronic trauma that interfere with a child's ability to learn and function in school. Trauma can cause anxiety, impulsivity, aggression, sleep problems, depression and physical ailments.



# Learn4Life students in San Diego Get a Lesson in Yoga



NEVIN NEWELL ○ 3/6/18 @ 11:22 AM





## Learn4Life Teams "Get Lit"

NEVIN NEWELL · 5/18/18 @ 2:10 PM

At the recent "Get Lit... Words Ignite!" Classic Film poetry competition, Learn4Life (L4L) students



## Career Technical Education (CTE)

We actively promote the emerging wellness offerings to all of our students such as Yoga, and SOURCE. Our Digital Media students have also documented many guest speakers whose focus has been on wellness. However, we recognize that we are still at a nascent stage with regards to integrating our pathways with mindfulness, meditation, and restorative practices.

We have students in IT Pathways working in well-known tech companies or acting as independent tech support for small businesses.

Number of students actively applying their digital media skills in their community producing everything from quinceañeras, to weddings, to commercials for non-profit organizations





## Alumni Ambassadors

The *Alumni Ambassador* Program was created to offer an additional layer of support to our students and staff as well as provide participants with on-the-job training, work experience, and exposure to a potential career path. Demonstrating with students how they become a larger community beyond graduation, we are fulfilling our mission to engage and create a lasting relationship with students once they achieve alumni status.



From L to R - Julie Parra Regional VP, Assemblywoman Blanca Rubio, Alumni Ambassador Francis Hernandez, Skip Hansen President and CEO of Learn4Life at California State Capitol for Sacramento Advocacy Days.



The **HOPE Program** has a desire and passion to help our students gain efficacy in order to change generations and communities. We model learning and school life for the next generation as well as the babies and toddlers that come to school with their parents are experiencing a positive school environment.





## Our SOLES / SOURCE







**Questions/Comments**

**Thank you!**

- **Craig Beswick, Vice-President, Learn4Life**

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