

SDTIGT Strategic Plan Goals
Membership Accomplishments Activity
7.6.18

Goal 1: Expand the SDTIGT as a cross sector movement

- Represent and connect Seaport Home Health and Hospice to SDTIGT
- Joining various community groups throughout county to reach different sectors
- Bring it up at other collaborative meetings (LGBTQ, etc.)
- Be liaison to other hospice/home health organizations in San Diego (there are 30)
- We are part of the National Child Traumatic Stress Network and work with other network members on cross-sector products
- Inform and share info about SDTIGT in different venues
- Provide education to employers we work with to help expand T-I practices cross sector
- Train external stakeholders (ie. COB)
- Working to integrate TI concepts into our education-based programs
- Partnership with Child Welfare Services
- Created SDTIGT membership directory and promote contact and collaboration among members quickly and efficiently
- Created SDTIGT membership group on ACEs Connection to advance connection and communication among members, cross sector
- Provide training to libraries and schools
- Presenting in schools, programs, agencies, etc.
- Attending this meeting could influence program changes at my organization by spreading awareness
- Invite education and mental health partners to SDTIGT meetings

Goal 2: Strengthen the capacity of the SDTIGT to promote resilience and prevent/reduce ACEs

- Bringing training to Family Support partners regarding ACEs
- Practice T-I care with staff as well as clients
- Strong focus on self-care with staff: mental health days, EAP, intentional supervision, etc.
- Expand my role as Seaport Home Health and Hospice as lead for TIC (4-year plan)
- As part of our work, we are directly focused on helping children and promote resilience, reduce ACEs
- Through supervisory training series, train all employees on incorporating trauma-informed practices in child care settings
- Service delivery with trauma informed lens to promote resiliency
- Part of training committee; train our own staff
- Training community groups and parent groups on child sexual abuse prevention and ACEs
- Utilize and promote EBIs
- Utilize interventions such as PCIT to help parents/care givers develop effective parenting strategies and build strong, healthy relationships with children
- Connecting and building upon community groups with free training in various industries
- Joining this meeting could help me teach my organization how to approach/reduce ACEs
- Operationalize trauma informed into practice activities with strong focus on caregiver skills (eg. Parent coaching)
- Integrating neuroscience concepts and applying to practice with youth and families

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Goal 3: Enhance the capacity of the SDTIGT members to influence system change for policy, program and practice level

- Directing the team/group that trains SDPDs cadet academy with trauma informed principles
- Connect with corporate leadership of Ensign (corporate parent of Seaport Home Health and Hospice) re: TIC
- Modeling the culture with other partners
- Ensure T-I practices & values are embedded in policy within agency and when building new programs
- Share SDTIGT info when at meeting/training
- Speaking on panels (ie. South Bay Community Services)
- Speaking at Charter Schools Conference
- Teach TIC at SD DV Council DV Essentials training and other organizations (looking at advocacy, policy and practices)
- Invited Clinton Foundation Blue Print Team to SDTIGT meetings
- As a member of the National Child Traumatic Stress Network, we focus on providing training and technical assistance on trauma-informed child welfare
- Invite individuals and organizations to join SDTIGT
- Expanding by attending trauma related trainings through Clinton Health Initiative, creating SWOT goals around ACEs at our organization

Goal 4: Build capacity of the SDTIGT to integrate family, youth and resident voice when shaping programs and policies

- Implementing Resident Leadership Academy
- Hosting “town hall” style groups within housing communities, discussing up and coming laws and policies, and bringing those voices into proper channels
- Enhanced policy to include family/youth voice
- Increased practices to include family and youth
- Working to integrate youth and family voice/representation on our TI workgroup
- Being involved in TAY meetings and practice T-I
- TAY Troop Family Voice Town Hall meetings
- CCS will conduct a community assessment re: disability accessibility
- Parent satisfaction surveys
- The treatment planning process
- CCS prevention has youth advisory committee
- As we have worked on the Child Welfare Trauma Training Tool Kit, held a focus group with youth who were involved in child welfare
- We have the ability to have youth speakers share their experience and create awareness