



May 2017



Children, Youth & Family Liaison

NAMI San Diego's Child, Youth & Family Liaison (CYFL) works together with and provides information to both San Diego's Family and Youth Sector and the Administration of the County of San Diego, Health and Human Services Agency (HHSA) Behavioral Health Services (BHS) Children's System of Care through workshops, live trainings, speakers, blogs, focus groups & webinars. *The CYFL also serves as the Mental Health Service Act (MHSA) Resolution Point-of-Contact for issues within the CYF Behavioral Health System of Care.*

FAMILY VOICE TOWN HALL MEETING

*Hosted at: Joan & Irwin Jacobs Campus
Community Services Bldg - Room 153
8788 Balboa Ave, SD, CA 92123*

Monday, May 15, 2017 from 6:00 - 7:30 pm

Pizza & Conversation

RSVP CYFLiaison@namisd.org

Or call (858) 987-2980

Voice Town Hall Meetings are a place for *Youth and Parents and Caregivers of Children and Youth* who have experience with San Diego's Children, Youth & Family Behavioral Health Services. The April meeting is for families in the North Coastal San Diego County area. We want to hear your voice and learn your viewpoint! We'll be serving PIZZA and hosting a simple discussion to ask families how things have been going and to see if folks need additional support. The meeting location and directions will be made available with RSVP. Children & Youth WELCOME.

Central San Diego ... [May 15, 2017](#) 6-7:30 pm

MORE ON BACK!

FAMILY & YOUTH FOCUS GROUP

IN-PERSON

*Hosted at: Joan & Irwin Jacobs Campus
Community Services Bldg - Room 153
8788 Balboa Ave, SD, CA 92123*

Tuesday, May 23, 2017 from 10 - 11:30am

RSVP CYFLiaison@namisd.org

Or call (858) 987-2980

F&Y Focus Group meetings are quarterly in person and on-line meetings for individuals engaged in supporting Family Youth Partners – discussion to include information sharing of Behavioral Health Services and to gain feedback on emerging practices, program & policies.

Central San Diego...[May 23, 2017](#)

South SD... [May 25, 2017](#) - Location: Community Congregational Church, Social Hall, 276 "F" Street, Chula Vista CA 91911

Online...[June 29, 2017](#)

The Children, Youth & Family Liaison is funded by The County of San Diego Health & Human Services Agency



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**Families that wish to contact us for help with Issue Resolution
can call (858) 987-2980 or Email CYFLiaison@namisd.org**

COACHING MEETINGS

Meeting Location: 5095 Murphy Canyon Road, San Diego, CA 92123

RSVP: CYFLiaison@namisd.org or call (858) 987-2980

FAMILY YOUTH PARTNER MONTHLY COACHING MEETING

Coaching Meetings are a place for individuals working as Family Youth Partners within San Diego's Children, Youth & Family Behavioral Health System of Care. Professionals, volunteers and those interested in becoming Family Youth Partners are warmly welcomed. This monthly coaching session is held at NAMI San Diego the 4th Friday of the month from 1pm - 3pm. The meeting has time for processing, reflection, learning, giving and receiving support, problem solving and community building. Each meeting session will contain an educational presentation or training available to further enhance and support Family Youth Partners. ***NOTE: All are welcome to attend the educational presentation portion of the meeting!**

May 26, 2017 - TOPIC: Early Onset Psychosis

June 30, 2017 - TOPIC: Urban Beats/Supporting TAY Transitional Aged Youth

FAMILIES-FOR-FAMILIES: OUR VOICES MATTER - MONTHLY PARENT SUPPORT MEETING

Families-4-Families is a New, Open, FREE, monthly support group and educational coaching meeting for parents, caregivers and loved ones of children and youth. This peer-led meeting is based on standard support group guidelines and principles. One hour of sharing is followed by an educational presentation by a parent with Lived Experience. Find resources, learn tools, share, give feedback and develop support systems. 6-8 PM. Parents ONLY until further notice.

May 24, 2017 - TOPIC: Safe Families for Children Respite Care

June 28, 2017 - TOPIC: Self Care

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