

SAN DIEGO TRAUMA INFORMED GUIDE TEAM

January 6, 2017

I. Introductions

- A. All participants provided a brief introduction
- B. Friendly reminder that as guests of the San Diego Center for Children, we need to follow their procedures, which requires every guest to sign in and out.

II. Trauma Informed Journey

The Trauma Informed Journey is a good way to reflect on the work that your organization is doing. If you want to share your journey please contact Pam Hansen or Amelia Barile-Simon.

Barry Pollard presented on the Urban Collaborative. Please see the blog post, "Trauma Informed Journey - Urban Collaborative Project" on ACES Connection.

Highlights

- The Urban Collaborative project, became a 501(c)(3) two years ago. Currently, they have 1.5 people working full time. Works with volunteers and focused on quality of life issues such as health, street art, and infrastructure. Work began in Oak Park area of the Southeast neighborhood.
- While they have been applying trauma-informed practices to their work, they did not recognize this until recently.
- Multiple interventions engage the community, build trust, and improve confidence in their ability to make a difference

Projects

- Resident Leadership Academy; Provided support and belief in the community that there was hope for change.
- Improving Health; Food for Less Store on Market St. Plaza; Community engagement resulting in Kroger investing \$1 million in the store.
- Safety; A team of community volunteers using data to address crime
- Beautifying the neighborhood; focused on Euclid and Imperial. Working with local artists to create murals with resulting in the Health Wall.

In summary, they are adopting the language of resiliency and connecting the work to trauma informed concepts and messages for broader community participation. Being trauma informed means being hopeful, safe, acknowledging experiences, and building positive interactions.

III. Mobilizing Action for Resilient Communities (MARC) Project Updates

The MARC grant has been helping the San Diego Trauma Informed Guide Team build a sustainable infrastructure. The Brag Sheets provide an opportunity for participants to shine a light on the work they are doing.

- Overall, Brag Sheets show a lot of support for staff development and support for community based work. Organizations are looking more broadly at staff development and recognize that the concepts apply to their workforce and not just those they serve.
- The Brag Sheets also capture ways in which members of the SD-TIGT team connect with the community and residents at various levels.

December Survey Results- How to bring parent engagement into your work

- Used the Annie E. Casey Foundation Report on “Engaging Readiness- Developing Leaders” to establish indicators for community engagement.
- We found that the Guide Team as a whole is developing the capacity to coach and build confidence in the community and strengthen forming authentic partnerships.
- Results from Question: To what extent has participating in the SD-TIGT influenced your work?
 - Learning about how TI work is occurring through multiple venues. It is possible that many of the members are using the SD-TIGT to build relationships, share success, and help one another. But we are not sure about the extent of collaboration.

Area of Learning: How are we promoting the SD-TIGT? How are current members defining the SD-TIGT?

- Review the role/relationship of the individual and what they do as a result of their work within and outside of the guide team.

Committee Report Out

A. Training Committee Co-Chairs: Melissa and Elisa

1. Currently trying to streamline for the way people contact us when requesting trainings
2. Reminder that these trainings are free and that they are done by volunteers
3. Need for more trainers

B. Resource Committee Co-Chairs: Morgan

1. If you have any information you want to send to the SD-TIGT please use the following email address. sdtigt.resource@gmail.com

C. Membership Committee Co-Chairs: Amy & Stephen

1. Working to diversify the sectors that are members of the SD-TIGT
2. Asking all members to leverage their relationships and credibility to invite new members, especially in sectors not represented currently
3. Available to anyone new for 15 minutes before meetings

D. Marketing Committee Co-Chairs: Rosa Ana & Dana

1. Draft of a description for marketing material

IV. Announcement/Achievements

- A. Cal Endowment has given the SD-TIGT a small grant. Harmonium will serve as the fiscal agent. The Leadership Team will discuss how to utilize these funds
- B. UPAC, Noble Works- Please let Melissa Tran know if you would like to serve as a mentor.
- C. The group was interested in having a representative from San Diego Unified School District to join the SD-TIGT.
 1. Adrienne friend that manages wellness centers
 2. Linda is working with SDUSD

V. ACEs Connection- Dana Brown

- A. Sector and geographical based
- B. Distributive platform- place to share stories and highlight the work that we are doing.
- C. Share information on how efforts are impacting building resilient communities. Posting on this platform helps to make broad connections and generate new ideas.

VI. Future Trauma Informed Journey Presentations

- A. **March 3, 2017- OPEN**
- B. **May 5, 2017- OPEN**
- C. **July 7, 2017- OPEN**

VII. Next Meeting- **March 3, 2017, 12:30-2:00 p.m.**