



45596

Health Appraisal Questionnaire

Please Print Legibly

Office Use Only

MALE

Please fill in your Social Security Number:

____-____-____

If you have an E-Mail address, please enter it here:

Note your appointment times.
First appointment:

Second appointment:

Is your name and other information above correct? Y N
(If not, please make corrections)

WELCOME

The complete medical evaluation which you are about to receive at the Health Appraisal division of Kaiser Permanente's Department of Preventive Medicine has three major components: medical history, laboratory tests, and direct physical examination. Of these, the medical history is the most important. This questionnaire is likely to be the most detailed collection of medical information you will ever have experienced.

Please answer each question by blackening the appropriate oval with a black ball point pen. Your effort doing this well will take about 20 minutes and is the basis of our understanding your health.

Vincent J. Felitti, MD

Please mark bubbles completely, like this: ●

Not like this: ✗ ✓ ○

DEMOGRAPHICS AND HEREDITY

A) Have you become a member of Kaiser Permanente within the past 6 months? Y N

B.) What is your ancestry? Please fill in each circle for which your ancestry is 25% or greater:

- White, not of Hispanic origin Hispanic American Indian Vietnamese
- Black, not of Hispanic origin Asian Pacific Islander

C.) In what country were you born? United States Mexico Canada England Russia

Other:

D.) What type of work do you do?

E.) Are you retired? Yes No

If yes, what type of work did you do?

F.) Have you ever worked as a Peace Officer, Fireman, Forest Ranger, or Game Warden? Y N

G.) Please list your hobbies, sports, and activities.

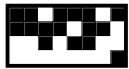
H.) I am currently: married separated divorced widowed never married

I.) I have been married: 0 times 1 time 2 times 3 or more times

J.) I am currently: living alone living with a companion living with family living with my spouse

K.) What do you consider your main health problem?

L.) Please note any other matters you would like to discuss.



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EDUCATION

- 1.) My highest level of education is: elementary school some high school high school diploma or GED
 some college college degree post-graduate degree

GENERAL HEALTH

- 1.) My health: allows full activity. limits activity to some degree.
 This limitation is mostly due to: *(Fill in all that apply)*
 pain or stiffness in joints fatigue, tiredness, or lack of energy
 shortness of breath or difficulty breathing depression or feeling blue
 heart problems including chest pain other reasons

- 2.) I consider the amount of stress I am under to be: small moderate large overwhelming
 3.) In the past 12 months, I have been to a doctor about: 0 times 1 - 4 times 5 - 9 times 10 or more times
 4.) In the past 12 months, I have had to stay overnight in the hospital: 0 times 1 time 2 or more times
 5.) I regularly use seat belts in a car: Y N
 6.) I believe I am more tired or have less energy compared to other people my age: Y N
 7.) I currently have severe fatigue, extreme tiredness, or exhaustion: Y N

- a.) If **yes**, when did this begin? month year
 b.) If **yes**, does your fatigue improve with rest? Y N

- I often:**
- | | Y | N |
|--|-----------------------|-----------------------|
| 8.) have trouble falling asleep or staying asleep. | <input type="radio"/> | <input type="radio"/> |
| 9.) awaken tired after adequate sleep. | <input type="radio"/> | <input type="radio"/> |
| 10.) fall asleep at inappropriate times. | <input type="radio"/> | <input type="radio"/> |
| 11.) am more sensitive than other people. | <input type="radio"/> | <input type="radio"/> |
| 12.) am anxious or nervous. | <input type="radio"/> | <input type="radio"/> |
| 13.) am worried about being ill. | <input type="radio"/> | <input type="radio"/> |
| 14.) am irritable. | <input type="radio"/> | <input type="radio"/> |
| 15.) feel like crying. | <input type="radio"/> | <input type="radio"/> |
| 16.) feel hopeless or down in the dumps. | <input type="radio"/> | <input type="radio"/> |
| 17.) have problems with depression. | <input type="radio"/> | <input type="radio"/> |
| 18.) feel suicidal. | <input type="radio"/> | <input type="radio"/> |

- I have:**
- | | Y | N |
|--|-----------------------|-----------------------|
| 19.) difficulty saying <i>No</i> , or sticking up for myself. | <input type="radio"/> | <input type="radio"/> |
| 20.) problems controlling anger. | <input type="radio"/> | <input type="radio"/> |
| 21.) difficulty caring for myself. | <input type="radio"/> | <input type="radio"/> |
| 22.) frequent headaches. | <input type="radio"/> | <input type="radio"/> |
| a.) If Yes , headaches have been present for... | | |
| <input type="radio"/> Weeks <input type="radio"/> Months <input type="radio"/> Years | | |

- I am having serious problems with:**
- | | Y | N |
|-----------------------------|-----------------------|-----------------------|
| 23.) my marriage. | <input type="radio"/> | <input type="radio"/> |
| 24.) my family. | <input type="radio"/> | <input type="radio"/> |
| 25.) my job. | <input type="radio"/> | <input type="radio"/> |
| 26.) finances. | <input type="radio"/> | <input type="radio"/> |
| 27.) drug or alcohol use. | <input type="radio"/> | <input type="radio"/> |
| 28.) work related injuries. | <input type="radio"/> | <input type="radio"/> |

- | | Y | N |
|--|-----------------------|-----------------------|
| 29.) Have you used street drugs? | <input type="radio"/> | <input type="radio"/> |
| 30.) Do you want an HIV (AIDS) test? | <input type="radio"/> | <input type="radio"/> |
| 31.) Are there special circumstances where you are panicked? | <input type="radio"/> | <input type="radio"/> |

- | | Y | N |
|---|-----------------------|-----------------------|
| 32.) Do you have an Advance Directive (Living Will, Durable Power of Attorney for Health Care, or Directive to Physicians)? | <input type="radio"/> | <input type="radio"/> |
| 33.) Do you read easily? | <input type="radio"/> | <input type="radio"/> |

NEUROLOGICAL

- Have you had or do you have:**
- | | Y | N |
|---|-----------------------|-----------------------|
| 1.) trouble with your balance? | <input type="radio"/> | <input type="radio"/> |
| 2.) a fall within the past year? | <input type="radio"/> | <input type="radio"/> |
| 3.) trouble walking? | <input type="radio"/> | <input type="radio"/> |
| 4.) trouble remembering? | <input type="radio"/> | <input type="radio"/> |
| 5.) problems with dizziness? | <input type="radio"/> | <input type="radio"/> |
| 6.) ever been knocked unconscious? | <input type="radio"/> | <input type="radio"/> |
| 7.) involuntary movements of your body? | <input type="radio"/> | <input type="radio"/> |
| 8.) a convulsion or seizure? | <input type="radio"/> | <input type="radio"/> |

- | | Y | N |
|---|-----------------------|-----------------------|
| 9.) some numbness in your hands or feet? | <input type="radio"/> | <input type="radio"/> |
| 10.) a hand or foot paralysis for > 5 min? | <input type="radio"/> | <input type="radio"/> |
| 11.) a temporary loss of speech? | <input type="radio"/> | <input type="radio"/> |
| 12.) a temporary loss of vision? | <input type="radio"/> | <input type="radio"/> |
| 13.) a stroke? | <input type="radio"/> | <input type="radio"/> |
| 14.) hallucinations at times? | <input type="radio"/> | <input type="radio"/> |
| 15.) a nervous breakdown? | <input type="radio"/> | <input type="radio"/> |
| 16.) a brain, nerve, or emotional problem not on this list? | <input type="radio"/> | <input type="radio"/> |



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EYES

- | Have you had or do you have: | Y | N | Y | N | Y | N | | |
|--|-----------------------|-----------------------|------------------|-----------------------|-----------------------|---------------------------------------|-----------------------|-----------------------|
| 1.) blurred vision not corrected by glasses? | <input type="radio"/> | <input type="radio"/> | 7.) a blind eye? | <input type="radio"/> | <input type="radio"/> | 12.) a retinal hemorrhage? | <input type="radio"/> | <input type="radio"/> |
| 2.) double vision? (not blurred) | <input type="radio"/> | <input type="radio"/> | 8.) a glass eye? | <input type="radio"/> | <input type="radio"/> | 13.) macular degeneration? | <input type="radio"/> | <input type="radio"/> |
| 3.) visual spots / floaters? | <input type="radio"/> | <input type="radio"/> | 9.) itchy eyes? | <input type="radio"/> | <input type="radio"/> | 14.) a detached retina? | <input type="radio"/> | <input type="radio"/> |
| 4.) color blindness? | <input type="radio"/> | <input type="radio"/> | 10.) eye pain? | <input type="radio"/> | <input type="radio"/> | 15.) glaucoma or borderline glaucoma? | <input type="radio"/> | <input type="radio"/> |
| 5.) a spot in your vision? | <input type="radio"/> | <input type="radio"/> | 11.) cataracts? | <input type="radio"/> | <input type="radio"/> | 16.) an eye problem not on this list? | <input type="radio"/> | <input type="radio"/> |
| 6.) a sudden loss of vision? | <input type="radio"/> | <input type="radio"/> | | | | | | |

EARS

- | Have you had or do you have: | Y | N | Y | N | Y | N | | |
|--|-----------------------|-----------------------|---------------------------------|-----------------------|-----------------------|--------------------------------------|-----------------------|-----------------------|
| 1.) trouble hearing? | <input type="radio"/> | <input type="radio"/> | 4.) tinnitus in both ears? | <input type="radio"/> | <input type="radio"/> | 7.) a draining ear? | <input type="radio"/> | <input type="radio"/> |
| 2.) prolonged exposure to loud noise? | <input type="radio"/> | <input type="radio"/> | 5.) a hearing aid that you use? | <input type="radio"/> | <input type="radio"/> | 8.) a serious ear injury? | <input type="radio"/> | <input type="radio"/> |
| 3.) tinnitus (ringing) in only <u>one</u> ear? | <input type="radio"/> | <input type="radio"/> | 6.) frequent ear infections? | <input type="radio"/> | <input type="radio"/> | 9.) an ear problem not on this list? | <input type="radio"/> | <input type="radio"/> |

NOSE/SINUSES

- | Have you had or do you have: | Y | N | Y | N | |
|---|-----------------------|-----------------------|-------------------------------------|-----------------------|-----------------------|
| 1.) hay fever or allergic rhinitis? | <input type="radio"/> | <input type="radio"/> | 4.) frequent nosebleeds? | <input type="radio"/> | <input type="radio"/> |
| 2.) frequent sneezing, watering, or nasal congestion? | <input type="radio"/> | <input type="radio"/> | 5.) nasal polyps? | <input type="radio"/> | <input type="radio"/> |
| 3.) colored mucus often draining from your nose? | <input type="radio"/> | <input type="radio"/> | 6.) nasal problem not on this list? | <input type="radio"/> | <input type="radio"/> |

MOUTH, THROAT, NECK

- | Have you had or do you have a: | Y | N | Y | N | Y | N | | |
|------------------------------------|-----------------------|-----------------------|---------------------------------------|-----------------------|-----------------------|---|-----------------------|-----------------------|
| 1.) lip problem? | <input type="radio"/> | <input type="radio"/> | 5.) swallowing problem? | <input type="radio"/> | <input type="radio"/> | 8.) lump or swelling in neck? | <input type="radio"/> | <input type="radio"/> |
| 2.) tooth or gum problem? | <input type="radio"/> | <input type="radio"/> | 6.) voice problem? | <input type="radio"/> | <input type="radio"/> | 9.) neck pain? | <input type="radio"/> | <input type="radio"/> |
| 3.) mouth, tongue, or jaw problem? | <input type="radio"/> | <input type="radio"/> | 7.) problem with back of your throat? | <input type="radio"/> | <input type="radio"/> | 10.) a mouth, throat, or neck problem not on this list? | <input type="radio"/> | <input type="radio"/> |
| 4.) thyroid disease? | <input type="radio"/> | <input type="radio"/> | | | | | | |

LUNGS

- | Have you had or do you have: | Y | N | Y | N | Y | N | | |
|---|-----------------------|-----------------------|--|-----------------------|-----------------------|--|-----------------------|-----------------------|
| 1.) wheezing? | <input type="radio"/> | <input type="radio"/> | 6.) emphysema? | <input type="radio"/> | <input type="radio"/> | 10.) chronic bronchitis? | <input type="radio"/> | <input type="radio"/> |
| 2.) shortness of breath? | <input type="radio"/> | <input type="radio"/> | 7.) repeated episodes of pneumonia? | <input type="radio"/> | <input type="radio"/> | 11.) collapsed lung? | <input type="radio"/> | <input type="radio"/> |
| 3.) a chronic cough? | <input type="radio"/> | <input type="radio"/> | 8.) tuberculosis? | <input type="radio"/> | <input type="radio"/> | 12.) sarcoid? | <input type="radio"/> | <input type="radio"/> |
| 4.) an episode of coughing up blood in the past year? | <input type="radio"/> | <input type="radio"/> | 9.) pulmonary embolism (blood clot in lung)? | <input type="radio"/> | <input type="radio"/> | 13.) frequent night sweats? | <input type="radio"/> | <input type="radio"/> |
| 5.) asthma? | <input type="radio"/> | <input type="radio"/> | | | | 14.) a lung or chest problem not listed? | <input type="radio"/> | <input type="radio"/> |

I have:

- | | | | | | |
|---|-----------------------|-----------------------|---|-----------------------|-----------------------|
| 15.) been a cigarette smoker. | <input type="radio"/> | <input type="radio"/> | 16.) used other tobacco products. | <input type="radio"/> | <input type="radio"/> |
| If yes : | | | a.) If yes , which: | <input type="radio"/> | <input type="radio"/> |
| a.) Do you currently smoke? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> Cigars <input type="radio"/> Pipe <input type="radio"/> Snuff | | |
| b.) If yes , how many cigarettes do you now smoke per day? | | | <input type="radio"/> Chewing Tobacco | | |
| | | | b.) Are you currently using these products? | <input type="radio"/> | <input type="radio"/> |
| c.) If yes , How many years have you smoked? | | | c.) If yes , how many times per day? | | |

I have:

- | | Y | N | Y | N | |
|--|-----------------------|-----------------------|--|-----------------------|-----------------------|
| 17.) received BCG vaccine (TB immunization). | <input type="radio"/> | <input type="radio"/> | 19.) taken INH for at least 6 months. | <input type="radio"/> | <input type="radio"/> |
| 18.) had a positive TB skin test. | <input type="radio"/> | <input type="radio"/> | 20.) received Pneumovax (pneumonia vaccine). | <input type="radio"/> | <input type="radio"/> |



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CARDIO-VASCULAR

- | Have you had or do you have: | Y | N | | Y | N | | Y | N |
|---|-----------------------|-----------------------|--|-----------------------|-----------------------|--|-----------------------|-----------------------|
| 1.) high blood pressure? | <input type="radio"/> | <input type="radio"/> | 5.) a coronary arteriogram? | <input type="radio"/> | <input type="radio"/> | 10.) congestive heart failure? | <input type="radio"/> | <input type="radio"/> |
| a.) If yes , do you take medication? | <input type="radio"/> | <input type="radio"/> | 6.) angina pectoris (heart pains)? | <input type="radio"/> | <input type="radio"/> | 11.) abnormal blood clot formation? | <input type="radio"/> | <input type="radio"/> |
| | | | a.) If yes , do you take nitroglycerin? | <input type="radio"/> | <input type="radio"/> | 12.) varicose veins? | <input type="radio"/> | <input type="radio"/> |
| 2.) a cholesterol problem? | <input type="radio"/> | <input type="radio"/> | 7.) a silent heart attack? | <input type="radio"/> | <input type="radio"/> | 13.) intermittent claudication? | <input type="radio"/> | <input type="radio"/> |
| a.) If yes , do you take medication? | <input type="radio"/> | <input type="radio"/> | 8.) a heart attack for which you were hospitalized more than 3 days? | <input type="radio"/> | <input type="radio"/> | 14.) narrowing of the arteries in your neck? | <input type="radio"/> | <input type="radio"/> |
| 3.) a heart valve problem? | <input type="radio"/> | <input type="radio"/> | 9.) a 'clot buster' treatment for a heart attack? | <input type="radio"/> | <input type="radio"/> | 15.) a heart or circulatory problem not listed here? | <input type="radio"/> | <input type="radio"/> |
| 4.) an abnormal treadmill test? | <input type="radio"/> | <input type="radio"/> | | | | | | |

Do you get:

- 16.) pressure or tightness in your chest, with exertion or walking uphill? Y N
- a.) If **yes**, does the pain: allow for continuation of activity? force you to stop what you are doing? force you to slow down?
 go away within 5 minutes of stopping? occur while you walk on flat ground?
- b.) If **yes**, does the pain spread? Y N
- c.) If **yes**, does it spread to your: neck or jaw? inner left arm? outer left arm?
 wrist or forearm? stay only in the chest? another part of the body?
- 17.) pain in the legs that forces you to stop walking? Y N
- a.) If **yes**, do these leg pains or cramps come on at the same distance each time, on flat ground? come on faster on hills?
 come on faster when walking rapidly? go away within a minute or so of stopping?
- 18.) episodes of rapid or irregular heartbeat? Y N
- a.) If **yes**, do these episodes last for: seconds? minutes? hours?
- b.) If **yes**, is your heartbeat: at its usual speed, but irregular? much faster than usual and irregular?
 much faster than usual and perfectly regular? not possible to describe?
- c.) If **yes**, heartbeat goes back to normal: slowly without noticing? abruptly and noticeably? not sure?
- 19.) Have you ever donated blood for transfusions? Y N
- a.) If **yes**, how many times in the last year have you donated? 0 1 2 3 4+
- b.) How many times have you donated blood in your lifetime? 1-10 11-19 20-30 31-100 100+
- 20.) Have you ever had abnormal blood clots develop? Y N
- a.) If **yes**, blood clots developed in my: lungs deep veins of a leg eye veins under the skin elsewhere
- b.) These abnormal clots developed: after a long trip after a week or more of bedrest
 within a week of surgery within a week of injury

SKIN

- | I have: | Y | N | | Y | N | | Y | N |
|--|-----------------------|-----------------------|--|-----------------------|-----------------------|---|-----------------------|-----------------------|
| 1.) a mole that has changed color or size. | <input type="radio"/> | <input type="radio"/> | 5.) eczema. | <input type="radio"/> | <input type="radio"/> | 9.) allergy to sunlight. | <input type="radio"/> | <input type="radio"/> |
| 2.) loss of body hair <u>other</u> than scalp. | <input type="radio"/> | <input type="radio"/> | 6.) psoriasis. | <input type="radio"/> | <input type="radio"/> | 10.) history of radiation treatment. | <input type="radio"/> | <input type="radio"/> |
| 3.) a sore that doesn't heal. | <input type="radio"/> | <input type="radio"/> | 7.) allergy to medications. | <input type="radio"/> | <input type="radio"/> | 11.) darkening of the skin. | <input type="radio"/> | <input type="radio"/> |
| 4.) acne. | <input type="radio"/> | <input type="radio"/> | 8.) allergy to cosmetics or chemicals. | <input type="radio"/> | <input type="radio"/> | 12.) a skin condition not on this list. | <input type="radio"/> | <input type="radio"/> |



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Health Appraisal Questionnaire

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DIGESTIVE

During the last year I have had:

- | | Y | N | | Y | N | | Y | N |
|-----------------------------------|-----------------------|-----------------------|-----------------------------------|-----------------------|-----------------------|---|-----------------------|-----------------------|
| 1.) distinct weight gain. | <input type="radio"/> | <input type="radio"/> | 6.) recurrent abdominal pain. | <input type="radio"/> | <input type="radio"/> | 11.) visible blood in bowel movement. | <input type="radio"/> | <input type="radio"/> |
| 2.) distinct weight loss. | <input type="radio"/> | <input type="radio"/> | 7.) an episode of vomiting blood. | <input type="radio"/> | <input type="radio"/> | 12.) black, tar like, bowel movements. | <input type="radio"/> | <input type="radio"/> |
| 3.) trouble swallowing. | <input type="radio"/> | <input type="radio"/> | 8.) a change in bowel habits. | <input type="radio"/> | <input type="radio"/> | 13.) inability to control my bowels. | <input type="radio"/> | <input type="radio"/> |
| 4.) indigestion or heartburn. | <input type="radio"/> | <input type="radio"/> | 9.) frequent diarrhea. | <input type="radio"/> | <input type="radio"/> | 14.) digestion problems not on this list. | <input type="radio"/> | <input type="radio"/> |
| 5.) recurrent nausea or vomiting. | <input type="radio"/> | <input type="radio"/> | 10.) chronic constipation. | <input type="radio"/> | <input type="radio"/> | | | |

I have been diagnosed**by a doctor with:**

- | | Y | N | | Y | N | I am: | Y | N |
|--|-----------------------|-----------------------|---|-----------------------|-----------------------|---|-----------------------|-----------------------|
| 15.) esophagitis or esophageal reflux. | <input type="radio"/> | <input type="radio"/> | 27.) diabetes. | <input type="radio"/> | <input type="radio"/> | 32.) a vegetarian. | <input type="radio"/> | <input type="radio"/> |
| 16.) hiatal hernia. | <input type="radio"/> | <input type="radio"/> | If yes, | | | 33.) a strict vegetarian who avoids all animal products including fish and dairy. | <input type="radio"/> | <input type="radio"/> |
| 17.) liver trouble. | <input type="radio"/> | <input type="radio"/> | a.) Do you take pills to reduce blood sugar? | <input type="radio"/> | <input type="radio"/> | | | |
| 18.) gall bladder problems. | <input type="radio"/> | <input type="radio"/> | b.) Do you take Insulin? | <input type="radio"/> | <input type="radio"/> | 34.) likely to have some form of alcohol: | | |
| 19.) peptic ulcer. | <input type="radio"/> | <input type="radio"/> | c.) If yes , age when you started taking Insulin: <input type="radio"/> < 10 <input type="radio"/> 11 - 15 | | | <input type="radio"/> never. <input type="radio"/> hardly ever. | | |
| 20.) gastro-intestinal bleeding. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> 16 - 25 <input type="radio"/> 26 - 50 <input type="radio"/> > 51 | | | <input type="radio"/> fewer than 3 times per week. | | |
| 21.) irritable bowel syndrome. | <input type="radio"/> | <input type="radio"/> | 28.) a gastro-intestinal problem not on the list. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> more than 3 times per week. <input type="radio"/> Daily. | | |
| 22.) intestinal polyps. | <input type="radio"/> | <input type="radio"/> | In the past ten years I have a had a: | | | 35.) When I do have alcohol it is usually: | | |
| 23.) abdominal hernia (rupture). | <input type="radio"/> | <input type="radio"/> | 29.) barium enema. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> 1 - 2 drinks/day. <input type="radio"/> 3 - 4 drinks/day. | | |
| 24.) hemochromatosis. | <input type="radio"/> | <input type="radio"/> | 30.) colonoscopy. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> over 4 drinks/day | | |
| 25.) hepatitis. | <input type="radio"/> | <input type="radio"/> | 31.) sigmoidoscopy. | <input type="radio"/> | <input type="radio"/> | 36.) I sometimes wonder if I drink more than is good for me. | <input type="radio"/> | <input type="radio"/> |
| 26.) borderline diabetes. | <input type="radio"/> | <input type="radio"/> | | | | 37.) Was there ever a time when you often drank 5 or more drinks a day of any kind of alcoholic beverage? | <input type="radio"/> | <input type="radio"/> |

SURGERY

Have you had any of the following surgical operations:

- | | Y | N | | Y | N | | Y | N |
|-----------------------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|--|-----------------------|-----------------------|
| 1.) prostate surgery? | <input type="radio"/> | <input type="radio"/> | 11.) heart valve replacement? | <input type="radio"/> | <input type="radio"/> | 21.) Have you ever been diagnosed with cancer? | <input type="radio"/> | <input type="radio"/> |
| 2.) vasectomy? | <input type="radio"/> | <input type="radio"/> | 12.) hernia repair? | <input type="radio"/> | <input type="radio"/> | If yes, select which: | | |
| 3.) abdominal aortic aneurysm? | <input type="radio"/> | <input type="radio"/> | 13.) kidney surgery? | <input type="radio"/> | <input type="radio"/> | 22.) lung? | <input type="radio"/> | <input type="radio"/> |
| 4.) angioplasty? | <input type="radio"/> | <input type="radio"/> | 14.) peptic ulcer surgery? | <input type="radio"/> | <input type="radio"/> | 23.) blood or lymphatics? | <input type="radio"/> | <input type="radio"/> |
| 5.) appendectomy? | <input type="radio"/> | <input type="radio"/> | 15.) thyroid surgery? | <input type="radio"/> | <input type="radio"/> | 24.) bladder? | <input type="radio"/> | <input type="radio"/> |
| 6.) cataract? | <input type="radio"/> | <input type="radio"/> | 16.) tonsillectomy? | <input type="radio"/> | <input type="radio"/> | 25.) colon? | <input type="radio"/> | <input type="radio"/> |
| 7.) cholecystectomy-gall bladder? | <input type="radio"/> | <input type="radio"/> | 17.) artificial joint implant? | <input type="radio"/> | <input type="radio"/> | 26.) skin? | <input type="radio"/> | <input type="radio"/> |
| 8.) coronary bypass? | <input type="radio"/> | <input type="radio"/> | 18.) disk or other back surgery? | <input type="radio"/> | <input type="radio"/> | 27.) breast? | <input type="radio"/> | <input type="radio"/> |
| 9.) carpal tunnel release? | <input type="radio"/> | <input type="radio"/> | 19.) other bone surgery? | <input type="radio"/> | <input type="radio"/> | 28.) testicle? | <input type="radio"/> | <input type="radio"/> |
| 10.) ear surgery? | <input type="radio"/> | <input type="radio"/> | 20.) surgery not on this list? | <input type="radio"/> | <input type="radio"/> | 29.) prostate? | <input type="radio"/> | <input type="radio"/> |
| | | | | | | 30.) any other cancer? | <input type="radio"/> | <input type="radio"/> |

MEDICATIONS

Do you regularly take any of the following medications:

- | | Y | N | | Y | N | | Y | N |
|-------------------------|-----------------------|-----------------------|-------------------|-----------------------|-----------------------|-------------------|-----------------------|-----------------------|
| 1.) Advil or Motrin? | <input type="radio"/> | <input type="radio"/> | 10.) Coumadin | <input type="radio"/> | <input type="radio"/> | 19.) Potassium | <input type="radio"/> | <input type="radio"/> |
| 2.) antacids? | <input type="radio"/> | <input type="radio"/> | 11.) Hytrin | <input type="radio"/> | <input type="radio"/> | 20.) Prednisone | <input type="radio"/> | <input type="radio"/> |
| 3.) anticoagulants? | <input type="radio"/> | <input type="radio"/> | 12.) HCTZ | <input type="radio"/> | <input type="radio"/> | 21.) Proventil | <input type="radio"/> | <input type="radio"/> |
| 4.) aspirin? | <input type="radio"/> | <input type="radio"/> | 13.) Imipramine | <input type="radio"/> | <input type="radio"/> | 22.) Prozac | <input type="radio"/> | <input type="radio"/> |
| 5.) diuretics? | <input type="radio"/> | <input type="radio"/> | 14.) Lisinopril | <input type="radio"/> | <input type="radio"/> | 23.) Sulindac | <input type="radio"/> | <input type="radio"/> |
| 6.) thyroid? | <input type="radio"/> | <input type="radio"/> | 15.) Naprosyn | <input type="radio"/> | <input type="radio"/> | 24.) Testosterone | <input type="radio"/> | <input type="radio"/> |
| 7.) herbal medications? | <input type="radio"/> | <input type="radio"/> | 16.) Niacin | <input type="radio"/> | <input type="radio"/> | 25.) Viagra | <input type="radio"/> | <input type="radio"/> |
| 8.) laxatives? | <input type="radio"/> | <input type="radio"/> | 17.) Nitrostat | <input type="radio"/> | <input type="radio"/> | 26.) Zestril | <input type="radio"/> | <input type="radio"/> |
| 9.) Tylenol? | <input type="radio"/> | <input type="radio"/> | 18.) Optipranolol | <input type="radio"/> | <input type="radio"/> | 27.) Zantac | <input type="radio"/> | <input type="radio"/> |



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Health Appraisal Questionnaire

MEDICATIONS

28.) Please list all prescription medications not previously listed that you take regularly:

29.) Please list all non prescription or over the counter medications not previously listed that you take regularly:

MEN'S HEALTH

I have had:	Y	N	I currently have:	Y	N	I have:	Y	N
1.) prostatitis.	<input type="radio"/>	<input type="radio"/>	17.) problem with impotence or maintaining an erection during sex.	<input type="radio"/>	<input type="radio"/>	30.) been verbally abused as a child.	<input type="radio"/>	<input type="radio"/>
2.) urethritis.	<input type="radio"/>	<input type="radio"/>	18.) a urinary, sexual, or men's health problem not on this list.	<input type="radio"/>	<input type="radio"/>	31.) been sexually molested as a child or adolescent.	<input type="radio"/>	<input type="radio"/>
3.) pyelonephritis.	<input type="radio"/>	<input type="radio"/>	I am:			32.) been raped.	<input type="radio"/>	<input type="radio"/>
4.) nephritis or glomerulonephritis (Bright's Disease).	<input type="radio"/>	<input type="radio"/>	19.) not sexually active for the past year.	<input type="radio"/>	<input type="radio"/>	33.) been threatened or abused as an adult by a sexual partner.	<input type="radio"/>	<input type="radio"/>
5.) a kidney stone.	<input type="radio"/>	<input type="radio"/>	20.) no longer sexually active.	<input type="radio"/>	<input type="radio"/>	34.) Has your partner ever threatened, pushed, or shoved you?	<input type="radio"/>	<input type="radio"/>
6.) genital herpes.	<input type="radio"/>	<input type="radio"/>	21.) sexually active with a female partner.	<input type="radio"/>	<input type="radio"/>	35.) Have you ever threatened, pushed, or shoved your partner?	<input type="radio"/>	<input type="radio"/>
7.) gonorrhoea.	<input type="radio"/>	<input type="radio"/>	22.) sexually active with a male partner.	<input type="radio"/>	<input type="radio"/>	36.) Have you ever had a partner threaten or abuse your children?	<input type="radio"/>	<input type="radio"/>
8.) syphilis.	<input type="radio"/>	<input type="radio"/>	23.) sexually active with more than one partner.	<input type="radio"/>	<input type="radio"/>	Have you ever:		
9.) other sexually transmitted disease.	<input type="radio"/>	<input type="radio"/>	24.) satisfied with my sex life.	<input type="radio"/>	<input type="radio"/>	37.) been rejected for the armed forces?	<input type="radio"/>	<input type="radio"/>
I currently have:			25.) taking Viagra.	<input type="radio"/>	<input type="radio"/>	38.) been rejected for life insurance?	<input type="radio"/>	<input type="radio"/>
10.) problems starting or stopping urine.	<input type="radio"/>	<input type="radio"/>	26.) possibly at risk for AIDS.	<input type="radio"/>	<input type="radio"/>	39.) been a combat soldier?	<input type="radio"/>	<input type="radio"/>
11.) occasional loss of urine.	<input type="radio"/>	<input type="radio"/>	27.) diagnosed with HIV / AIDS.	<input type="radio"/>	<input type="radio"/>	40.) lived in a war zone?	<input type="radio"/>	<input type="radio"/>
12.) reduced urine stream.	<input type="radio"/>	<input type="radio"/>	28.) practicing male birth control.	<input type="radio"/>	<input type="radio"/>			
13.) to get up several times each night to urinate.	<input type="radio"/>	<input type="radio"/>	a.) If yes , <input type="radio"/> condoms <input type="radio"/> vasectomy					
14.) pain or burning with urination.	<input type="radio"/>	<input type="radio"/>	I have:					
15.) blood in urine.	<input type="radio"/>	<input type="radio"/>	29.) been physically abused as a child.	<input type="radio"/>	<input type="radio"/>			
16.) problems getting an erection.	<input type="radio"/>	<input type="radio"/>						

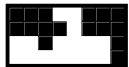
MUSCULO-SKELETAL

I have had:	Y	N	I currently have:	Y	N	I have been diagnosed with:	Y	N
1.) a leg fracture.	<input type="radio"/>	<input type="radio"/>	7.) nocturnal leg cramps.	<input type="radio"/>	<input type="radio"/>	11.) osteoarthritis.	<input type="radio"/>	<input type="radio"/>
2.) a fracture of the pelvis.	<input type="radio"/>	<input type="radio"/>	8.) pain or stiffness in my joints on most days.	<input type="radio"/>	<input type="radio"/>	12.) psoriatic arthritis.	<input type="radio"/>	<input type="radio"/>
3.) 3 or more fractures in my life.	<input type="radio"/>	<input type="radio"/>	a.) If yes :			13.) other forms of arthritis.	<input type="radio"/>	<input type="radio"/>
4.) a fracture other than listed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> < 6 mos. <input type="radio"/> 6 - 12 mos. <input type="radio"/> > 1 yr.			14.) osteoporosis.	<input type="radio"/>	<input type="radio"/>
5.) a bone or ligament injury that never healed.	<input type="radio"/>	<input type="radio"/>	9.) a musculo-skeletal problem not on this list.	<input type="radio"/>	<input type="radio"/>	15.) gout.	<input type="radio"/>	<input type="radio"/>
6.) Polio.	<input type="radio"/>	<input type="radio"/>	I have been diagnosed with:			16.) hemochromatosis.	<input type="radio"/>	<input type="radio"/>
			10.) rheumatoid arthritis.	<input type="radio"/>	<input type="radio"/>	17.) lupus.	<input type="radio"/>	<input type="radio"/>
						18.) fibrositis or fibromyalgia.	<input type="radio"/>	<input type="radio"/>

HOSPITALIZATIONS AND SERIOUS ILLNESS

1.) Please list all medical and psychiatric hospitalizations not previously mentioned.

2.) Please list any serious illnesses for which you were not hospitalized and that have not been previously mentioned.



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Health Appraisal Questionnaire

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FAMILY HISTORY

- 1.) I have this many brothers and sisters: 0 1 2 3 4 5 6 7 8 9 10 > 10
- 2.) I am: a.) adopted. Y N c.) aware of the health of my biological family. Y N
 b.) an identical twin. Y N d.) in contact with all my living family of origin. Y N
- 3.) My spouse has serious health or emotional problems. Y N
- 4.) One of my children has serious health or emotional problems. Y N
- 5.) Some primary members of my family died before age of 65. Y N

6.) Fill in only the circles that are appropriate. The following have occurred in my biological family:

	Mother	Father	Brothers	Sisters	Children	Grandparents
Heart attack before age 60	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Abnormal blood clots	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Colon Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breast Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcoholism	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Street or Illegal Drug Use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hemochromatosis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cirrhosis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Arthritis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nervous Breakdown	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Any rare hereditary disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Murder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Serious health or emotional problem	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7.) Are there any additional diseases which have occurred in your family that have not been listed? If **yes**, please print diseases and who had them.

Disease

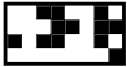
Relationship

Disease

Relationship

Disease

Relationship



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Health Appraisal Questionnaire

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PART I REVIEW		
<i>Please fill in the appropriate oval.</i>	Y	N
A.) Do you have trouble hearing?	<input type="radio"/>	<input type="radio"/>
B.) Do you have ringing in your ears (tinnitus)?	<input type="radio"/>	<input type="radio"/>
C.) Have you been exposed to loud noises?	<input type="radio"/>	<input type="radio"/>
D.) Have you had a positive reaction to a TB Test?	<input type="radio"/>	<input type="radio"/>
E.) Have you been treated for TB or Coccidioidomycosis (Valley Fever)?	<input type="radio"/>	<input type="radio"/>
F.) Have you ever had a chest X-ray at Kaiser?	<input type="radio"/>	<input type="radio"/>
If yes, about when: <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>		
<i>Year</i>		
G.) Do you have high blood pressure?	<input type="radio"/>	<input type="radio"/>
H.) Do you take blood pressure medicine?	<input type="radio"/>	<input type="radio"/>
I.) Do you take diuretics? (Water Pills)	<input type="radio"/>	<input type="radio"/>
J.) Do you take thyroid medication?	<input type="radio"/>	<input type="radio"/>
K.) Have you ever had a heart attack?	<input type="radio"/>	<input type="radio"/>
L.) Do you get pains or heavy pressure in your chest with exertion?	<input type="radio"/>	<input type="radio"/>
M.) Do you get episodes of fast heart beats or skipped beats?	<input type="radio"/>	<input type="radio"/>
N.) Do you smoke cigarettes now?	<input type="radio"/>	<input type="radio"/>
O.) Do you take medicine to lower your cholesterol?	<input type="radio"/>	<input type="radio"/>
P.) Have you ever been diagnosed with Angina Pectoris?	<input type="radio"/>	<input type="radio"/>
Q.) Do you have any other heart problems?	<input type="radio"/>	<input type="radio"/>
R.) Have you ever had an EKG at Kaiser?	<input type="radio"/>	<input type="radio"/>
If yes, about when: <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>		
<i>Year</i>		
S.) Are you diabetic?	<input type="radio"/>	<input type="radio"/>
T.) When was your last eye exam, approximately?		
<input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>		
<i>Year</i>		
U.) Do you want an HIV (AIDS) blood test?	<input type="radio"/>	<input type="radio"/>
V.) Do you need this physical for a special purpose?	<input type="radio"/>	<input type="radio"/>
If yes, for DMV?	<input type="radio"/>	<input type="radio"/>
for weight management?	<input type="radio"/>	<input type="radio"/>
W.) Do you have an allergy to any medications?	<input type="radio"/>	<input type="radio"/>
If yes, which:		
<div style="border: 1px solid black; width: 100%; height: 40px;"></div>		

