

Building Trauma-Informed Community Schools Focused on Systems Change Through Resident Engagement March, 2016



Increased capacity and opportunity for youth leadership

Like the Parent Leaders, Youth Leaders have advocated for issues that are important to them.

Cherokee Point Elementary (CPE) 3rd - 5th graders, teens (e.g., Youth Voice), and university students (i.e., SDSU, Alliant University) participate in the trauma-informed leadership training.

Curriculum includes lessons on self-care (mindfulness, zumba), restorative practices, multiple intelligences, and advocacy.





Sample Service Learning Projects (2012-2015)

- Immigration Rights
- Homelessness
- Animal Cruelty
- Bullying
- Discrimination Against Disabilities
- Gang Violence
- Child Abuse
- Domestic Violence





The Family Violence Prevention and Response Summit, May 2014



<http://www.acesconnection.com/g/aces-in-children-and-youth2/clip/tics-youth-leadership-interviews>

Wilson Middle School Restorative Justice Social Leadership Club



Middle school youth leaders meet every Thursday after school.



Youth, ages 11 to 20, meet on Thursday's in the Mid-City Police Division and partner directly with the Juvenile Services Team.



Annual Mid-City Community Toy Drive



Youth Voice presenting before the City of San Diego's Youth Commission sharing **Impact on Risk and Protective Factors for Healthy Youth** on January 18, 2012

Partnering with SDSU's Child, Family Development Department
These Hands Don't Hurt Violence Awareness Fair



Youth Voice Underage Drinking YouTube
Channel 10 Special Edition
May 25, 2012

<https://www.youtube.com/watch?v=OuIT-SvCcnw&feature=youtu.be>

Underage Drinking and...

SUICIDE

NOT VERIFIED BY CNN



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Live Well San Diego- Resident Leadership Academy



Youth Voice leaders co-presenting at International Conference
We Can't Wait: Early Childhood Development
September 17, 2015



Youth Empowerment

Meet every Sunday at Teralta Park with children, youth and families

ACEs Connection Network

Join the movement to prevent ACEs, heal trauma, build resilience.



san diego county aces connection

This is the online platform for our ACEs, trauma-informed, and resilience-building movement. It is a call to action – a place to work collaboratively across sectors and communities, to transform our county to one of hope, healing, and resilience for all.

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**Childhood Trauma:
America's Hidden Health
Crisis**

DANA BROWN - 2/21/16 9:30 AM

VIDEO



**How San Diego Unified is
Treating Childhood
Trauma (CenterScene)**
5.05 minutes

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Cherokee Point
elementary school • city heights

Family-Community nights over 9 months provided opportunities for relationship building as residents voiced their concerns for their community



Principal Godwin Higa and CPE Teachers promote a positive school climate



Computer/English classes

School Smarts Program



Principal's Chats address residents' needs (e.g., community safety, immigration laws)



CPE honored by SDUSD District for High Quality Indicator 12: Supportive and Safe Environment



Parent Leaders co-presenting on restorative practices with SDSU School Psychology faculty and students



Parent Leaders attending CA Parent Center's Parent Leadership Academy



Parents lead educational workshops on trauma-informed practices, self-care and resources



Parent Leaders continue to lead educational workshops at Cherokee Point on topics such as, trauma effects on children and families, self-care, resiliency, depression, family values, and positive discipline

Focus on Early Childhood Education



SDSU students help in pre-K and kinder classes, teaching lessons promoting cooperation, empathy, emotion regulation, and self-care



Parent Leaders learn First 5 Pathways to Competence and Circle of Education learning readiness programs from SDSU faculty and students



Parent Leaders led learning readiness lessons and welcome pre-K and kinder parents to Cherokee Point

Expanding Resident Empowerment Beyond Cherokee Point



Parent Leaders shared their views on equitable school funding



Local Control and Accountability Plan (LCAP) Meeting



Meeting with Harvard and SDUSD Educators



With Councilmember Marti Emerald



With Cindy Marten, Superintendent, SDUSD



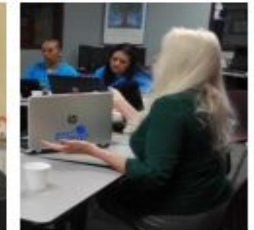
Presenting at University of San Diego



With educators from Johns Hopkins University



North County Regional Education Center



Learning to post on ACES connection