

Alliant International University Proudly Presents A Winter Colloquium on

Rethinking Sciences-Epigenetics: A Discussion on the Impact of Trauma and Stress on Integrated Care Systems

with Rachel Yehuda, PhD

RSVP at

express.alliant.edu/events/

Questions?

Call 858-635-4695 or

email dzenga@Alliant.edu

Includes 3 CE credit hours at no cost.

Trainings meet the qualifications for continuing education credit. Alliant International University is approved by the American Psychological Association to sponsor continuing education for psychologists. Alliant maintains responsibility for the program and its content. Alliant is approved by the California Board of Registered Nursing to provide continuing education for Nurses (provider # CEP11235).

Funding provided by the County of San Diego, Behavioral Health Services through the Mental Health Services Act (MHSA) Workforce Education and Training and Alliant International University

Tuesday, November 10, 2015

12:30PM - 3:30PM [Check-in 12:00PM]

Where: Alliant San Diego Campus | Green Hall
10455 Pomerado Rd. | San Diego, CA 92131

Light refreshments provided

“Genetics describes DNA sequencing, but epigenetics sees that genes can be turned on and off and expressed differently through changes in environment and behavior”--
Dr. Yehuda-On Being Podcast

- Understand biological response to stress and how this has changed over time and in response to stressors like trauma.
- Interpret the influence of intergenerational factors
- Discover and apply Trauma Informed and Integrated Health best practices
- Indicate epigenetic mechanisms
- Recognize in utero influences on development of psychiatric vulnerability



Rachel Yehuda, PhD, is a Professor of Psychiatry and Neuroscience at the **Icahn School of Medicine at Mount Sinai** and Director of the Mental Health Patient Care Center at the **James J. Peters Bronx Veterans Affairs Hospital**, both in New York City. She has published several hundred papers and compiled over 10 edited volumes examining diverse aspects of traumatic stress in various populations. Her research on PTSD has included both human populations and animal models, neuroendocrinology, neuroimaging, genomic and molecular biological studies of trauma, experimental therapeutics including both pharmacological and psychotherapy trials, biomarkers, studies of genetic and epigenetic heritability, gender differences, and suicide.



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