

Chadwick Center

The Chadwick Center, a hospital-based child advocacy center and trauma treatment program, is staffed with professionals in the fields of medicine, social work, psychology, psychiatry, child development, nursing, and education technology. The staff is committed to family-centered care and a multidisciplinary approach to child abuse and family violence.

Services are provided at offices in San Diego (Kearny Mesa), Oceanside, and Chula Vista. The Center develops and maintains strong relationships with law enforcement agencies, health and human services, hospitals, prosecuting attorney's offices, state agencies, and national and international professional organizations.

Chadwick Center's Vision

To create a world where children and families are healthy and free from abuse and neglect.



Rev. September 2013

Locations

Kearny Mesa/San Diego

Main number: 858-966-5803
Fax number: 858-966-5992

Located at:

Rady Children's Plaza
3665 Kearny Villa Road, Suite 501
San Diego, CA 92123

North County - Oceanside

Main number: 760-967-7082, choose option 2
Fax number: 760-967-1465

Located at:

3605 Vista Way, Suite 101
Oceanside, CA 92056

South Bay - Chula Vista

Main number: 619-420-5611
Fax number: 619-420-5531

Located at:

1261 Third Avenue, Suite D
Chula Vista, CA 91911

E-mail: chadwickcenter@rchsd.org
www.ChadwickCenter.org



Chadwick Center for Children & Families



Trauma Counseling Program

Trauma Treatment for Children

Treatment in the aftermath of trauma requires thoughtful consideration of the needs of the victim and witnesses, as well as the other family members. The Trauma Counseling Program specializes in the assessment and treatment of traumatic experiences, guiding each family towards hope and healing.

Types of Trauma

- Sexual and Physical Abuse
- Sexual Assault
- Domestic Violence (adult victims and children)
- Neglect
- Complex Trauma
- Early Childhood Trauma
- Community and School Violence
- Medical Trauma



Types of Services

- Assessment of trauma
- Individual, group, and family therapy for trauma
- Therapy for children birth to 5 years old (0-5) with behavioral problems
- Psychological assessments
- Victim advocacy
- Safety planning



Specific Treatment Interventions

- Assessment-Based Treatment: A Trauma Assessment Pathway Model (TAP)
- Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)
- Parent-Child Interaction Therapy (PCIT)
- Parent-Child Attunement Therapy (PCAT)
- Child-Parent Psychotherapy (CPP)



The Chadwick Center is a proud member of the National Child Traumatic Stress Network (www.nctsn.org). This network of more than 60 centers across the country helps children and families overcome trauma.

KidSTART

KidSTART Clinic is an outpatient program specializing in trauma treatment for children ages 0-5 with complex socio-emotional and developmental needs. Children referred must be full-scope Medi-Cal beneficiaries. KidSTART Clinic delivers services for children and their families/caregivers at all three Chadwick locations (see back of brochure) to provide convenient access for families. Individual, family, and group therapy are available. Psychiatry, rehabilitation services, and case management are also provided, if indicated. Assessment-based treatment and evidence-based practices are utilized, including those for infant and early childhood mental health in addition to trauma.

KidSTART Clinic collaborates with existing service providers, such as pediatricians. KidSTART Clinic has the ability to directly refer clients to KidSTART Center for developmental evaluations if concerns regarding development arise during treatment when there is no existing community provider.

Main Number: 858-966-5990
Fax number: 858-966-7508

