



# **San Diego Trauma-Informed Guide Team**

**2008 - 2018**

**History of our Journey**

**Central/North Central  
Collaborative  
June 5, 2018**



# History of the SD-TIGT

The SD-TIGT was established in 2008 following a workshop by **Gabriella Grant, Director of the California Center of Excellence for Trauma Informed Care, and Dr. Stephanie Covington.**



California Center of Excellence  
for Trauma Informed Care





# Original Mission of The San Diego Trauma-Informed Guide Team (SD-TIGT)

**To promote the development and provision of trauma-informed services in San Diego County's agencies and systems through collaboration, advocacy and education.**

- Kimberly Beckstead LCSW, ADC II
- Pamela Hansen, LCSW
- Amelia Barile Simon, MPH
- Betsy Knight, MFT
- Debbie Comstock, LCSW

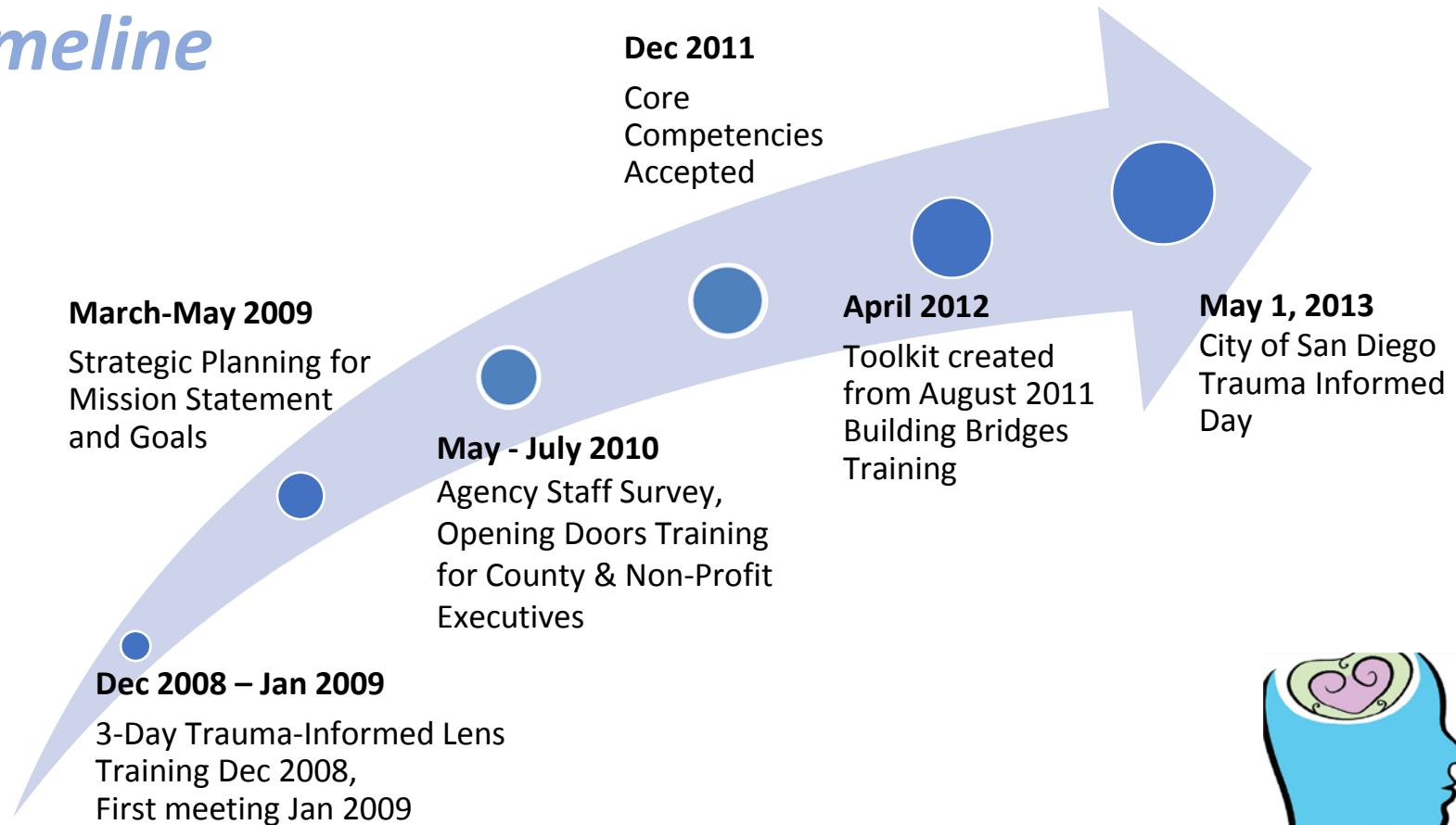


*Some of the Founding/Early Members of SD TIGT*



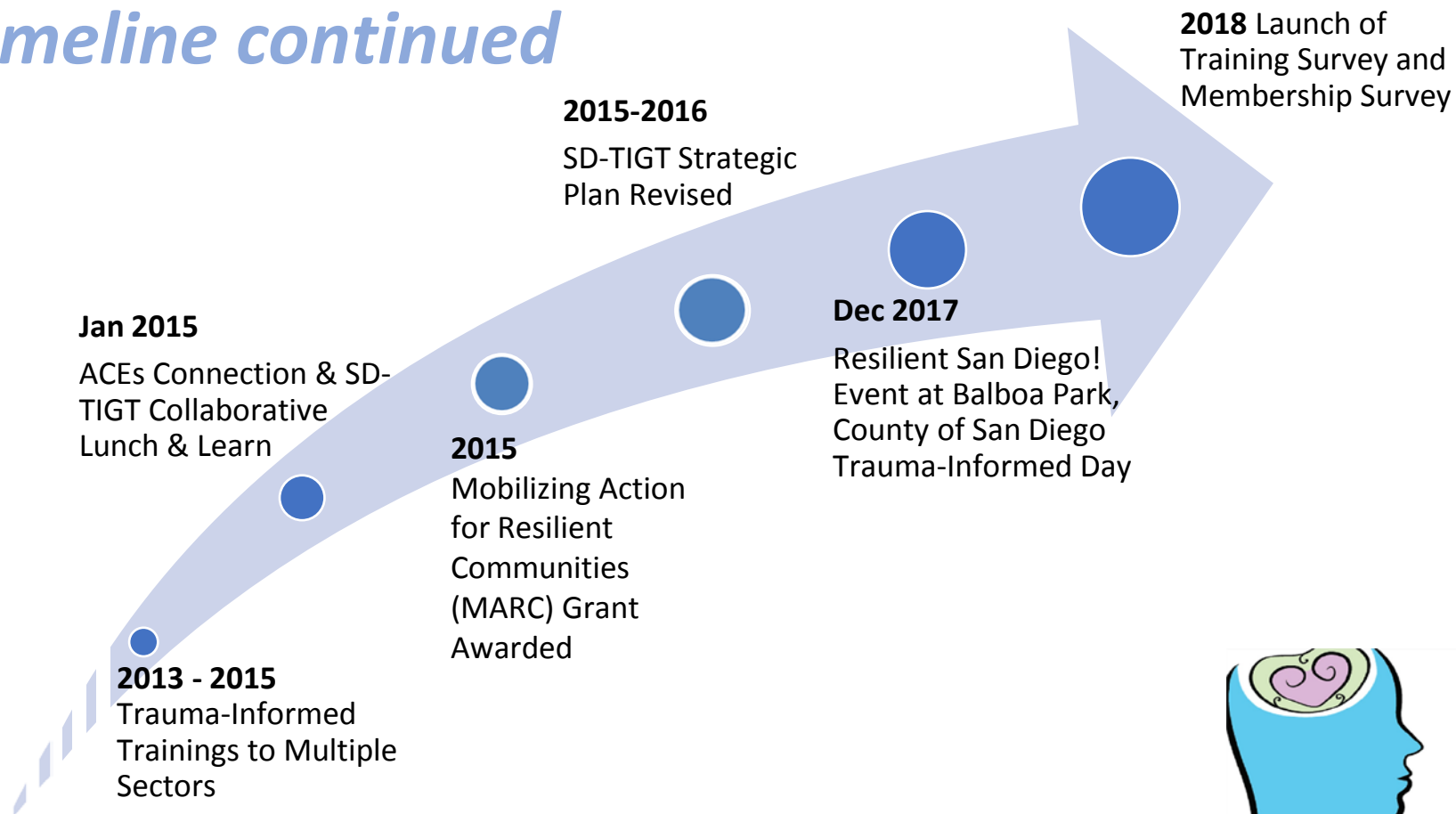


# Timeline





# *Timeline continued*





# ***ACEs Connection & San Diego Trauma-Informed Guide Team Lunch and Learn - 2015***





Pam Hansen, Amelia Barile Simon,  
Dana Brown, & Kimberly Beckstead  
San Diego Trauma-Informed Guide Team



Alicia St. Andrews & Dana Brown,  
ACEs Connection



Dr. Dawn Griffin, Alliant  
International University



Alejandra José Echeverria  
Granados, Parent Leader  
Cherokee Point Elementary



Jane Stevens, Founder,  
ACEs Connection



Betsy Knight  
San Diego Trauma-Informed Guide Team

## ***ACEs Connection & San Diego Trauma-Informed Guide Team Lunch and Learn - 2015***





## **Attendees of Lunch & Learn**

**Alliant International University**

**Anti-Defamation League**

**Assertive Family Solutions**

**AttachmentDisorderHealing.com**

**Cherokee Point Elementary**

**Child Welfare Services - Polinsky Children's Center**

**Community Conferencing Pilot Project, Peace**

**Promotion Momentum Team**

**County of San Diego HHSA Behavioral Health  
Services**

**County of San Diego HHSA Central Region**

**County of San Diego HHSA Child Welfare Services**

**County of San Diego Southeast Behavioral Health**

**CSA San Diego County**

**El Cajon Collaborative**

**Family & Youth Roundtable**

**Harmonium Inc.**

**Home Start**

**PATH San Diego**

**Providence Community Services - Cornerstone**

**San Diego Center for Children**

**San Diego State University**

**San Diego First Church of the Brethren**

**San Diego County Office of Education**

**San Diego Unified School District**

**Sharp Mesa Vista**

**South Bay Community Services**

**The California Endowment**

**TICS: Trauma Informed Community Schools**

**TraumaRevolution**

**UPAC/Alliance for Community Empowerment (ACE)**

**Youth Voice**

# Mobilizing Action for Resilient Communities (MARC) Grant (2015 – 2017)



Harmonium, backbone  
agency for MARC grant  
(pictured: CEO  
Rosa Ana Lozada,  
L.C.S.W.)



SD-TIGT MARC Leadership Team Working at Retreat Meeting



# **SD-TIGT Strategic Plan Goals**

- **Expand the SD-TIGT network as a cross-sector movement**
- **Strengthen the capacity of the SD-TIGT to promote resilience and prevent/reduce ACEs**
- **Enhance the capacity of SD-TIGT members to influence system change for policy, program and practice**
- **Build the capacity of the SD-TIGT to partner with community members of all ages when shaping programs and policies**





# Creation of Committees to Support the Strategic Goals

## Marketing

**Created logo, brochure and videos to strengthen the SD-TIGT's identity and visibility.**

## Training

**Support SD-TIGT members and other agencies to implement essential training components and support trainers/speakers bureau.**

## Membership

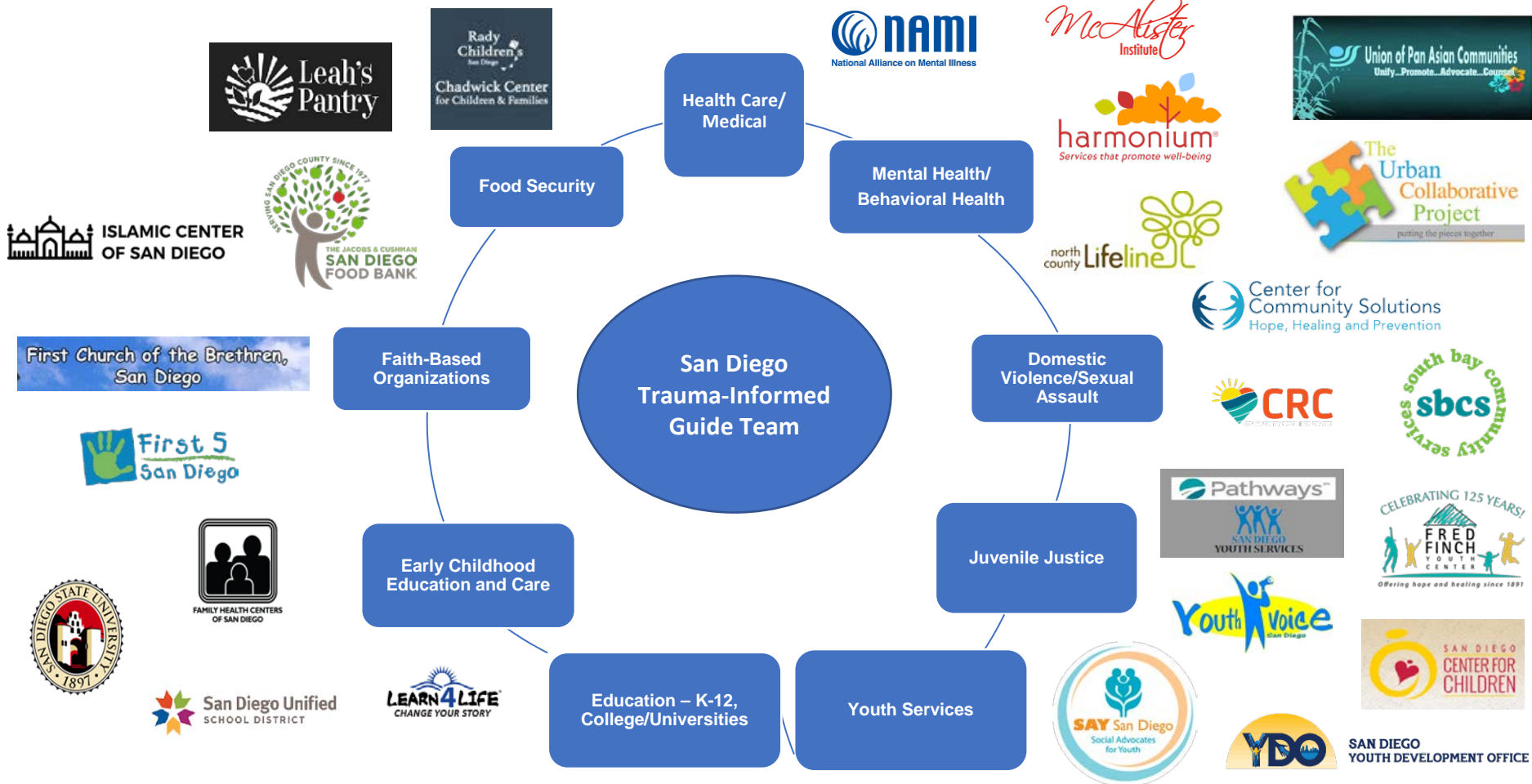
**Welcomes all new members, provides them with information and resources, and follows-up with them after their first meeting.**

## Resource

**Organizes and maintains resource library for SD-TIGT members.**



# Goal: Expand the SD-TIGT network as a cross-sector movement





# Goal: Strengthen the capacity of the SD-TIGT to promote resilience and prevent/reduce ACEs

*Resilient SD! Event 12/9/2018*







**Goal: Enhance the capacity of SD-TIGT members to influence system change for policy, program and practice**

**Examples: Sharing of Best Practices in Trauma-Informed Journeys, Brag sheets, networking and team meetings**

- **Creating Trauma-Informed Program Procedures and a Physical Setting that Builds Safety and Trust**
- **Conducts organizational-level trainings on trauma-informed practices and policies at 12 Learn4Life Schools from Chula Vista to Los Angeles**





# **Goal: Enhance the capacity of SD-TIGT members to influence system change for policy, program and practice**

- **Activities Focused on Promoting Trauma-Informed Practices and Resilience Building**
  - Development of core trauma-informed nutrition messages
  - Development of trauma-informed community meals program outcome map
- **Activities Promoting Organizational Policy and Program Changes**
  - SDCC Trauma Informed (TI) work group from multiple programs created, designated trauma-informed Champion, and agency-wide TI survey administered
  - TI and self-care trainings for all staff and New Hire Orientations
  - TIC environmental assessments resulting in changes to physical environment (e.g., art, lighting, paint)





**Goal: Build the capacity of the SD-TIGT to partner with community members of all ages when shaping programs and policies**



**▼ Cherokee Point**  
elementary school • city heights





**Goal: Build the capacity of the SD-TIGT to partner with community members of all ages when shaping programs and policies**

## **CA Policy Makers Day in Sacramento, July 2017**

**SD-TIGT members from Youth Voice, Youth Empowerment, San Diego State University, Cherokee Point Elementary and Harmonium involved:**

**Included visits to legislators' offices (e.g., Todd Gloria, Ben Hueso, Shirley Weber) and advocacy for trauma-informed bills:**

- **AB340 Mental Health Services for Low Income Children - Early Trauma Screening**
- **AB1340 Continuing Medical Education for ACEs**
- **SB54 California Values Act or Sanctuary Bill**



# SAN DIEGO COUNTY (CA) ACES CONNECTION

Building ACEs Awareness ~ Building Community ~ Building Resilience



ACESCONNECTION / COMMUNITIES / SAN DIEGO COUNTY ACES CONNECTION / BLOG / SAN DIEGO TRAUMA-INFORMED GUIDE TEAM - ONE PAGER

DATA RESOURCES/TOOL KITS

## San Diego Trauma-Informed Guide Team - One Pager

DANA BROWN 5/21/18 3:36 PM



COMMUNITY STORIES

### San Diego Trauma-Informed Guide Team

We are dedicated to preventing and reducing the number of adverse childhood experiences (ACEs) in the San Diego region, creating opportunities to heal from past trauma and building region-wide San Diego resilient communities.

San Diego Trauma-Informed Guide Team is a coalition of community members representing early childhood, family services, education, health care, mental health, military, juvenile, adult and civil justice, government, business, libraries, and other community-serving organizations. We strive to create a more resilient San Diego by educating individuals, communities and organizations about ACEs, trauma and resilience, and, by providing training and resources for making ACEs science policy and practice changes that are needed to create healing in our citizenry, organizations and systems.



#### What We Do

- Shared learning: provides opportunities for community members to network and collaborate.
- Educates people in San Diego region about ACEs and the effects of toxic stress by sharing resources and a menu of training/trainers across different sectors including health, mental health, faith-based communities, juvenile, adult and civil justice, businesses, family serving organizations and schools.
- Actively supports the implementation of ACEs Science, trauma-informed practices that increase resilience and wellness for all residents across the lifespan through presentations on trauma-informed practice and other community events engaging more than 1,000 participants

#### Legislative Districts

Assembly: 71, 75, 76, 77, 78, 79, 80  
Senate: 36, 38, 39, 40

#### Events Calendar

Please join us the first Friday bi-monthly from 12:00-2:00pm

San Diego Center for Children  
3002 Armstrong Street

Post

Add Comment

Manage Blog Post

MANAGE WIDGETS ON BLOG PAGES

### San Diego County Data Dashboard: Child Adversity and Well-Being

Child Life Course  
Pregnancy and Birth  
Early Middle Childhood  
Adolescence



Children with Two or More Adverse Experiences (Parent Reported)  
Resides 2016



Children Who Are Resilient (Parent Reported)  
Resides 2016

County	Percentage
California	82.4%
San Diego County	82.4%

[San Diego Trauma-Informed Guide Team - one pager](#)



# *Materials Developed*

- **(3) videos from MARC (Mobilizing Action Resilient Communities)**
- **SD Trauma-Informed Guide Team Brochure, Tablecloths, Banners**
- **SD Trauma-Informed Guide Team Logo**
- **Trauma-Informed Journey Template / Brag Sheets**
- **Agency Surveys and Needs Assessments**
- **Various Powerpoint Presentations**
- **Building Solutions Toolkit, 2012**
- **SD Trauma-Informed Guide Team Core Competencies**





# *Discussion Questions*

**Please refer to the Brag Sheet Handout: (Sample of things to share)**

- 1. Trainings, Presentations and Events promoting Trauma-Informed Practices and Resilience Building?**
- 2. Efforts to Promote Community Voice of all Ages in Addressing ACEs and Resilience?**
- 3. Any New Individuals, Groups or Organizations that You are Collaborating with to Address ACEs and Promote Resilience?**
- 4. Other Great Things to Share? If yes, give some details!**
- 5. Have you posted your accomplishments on ACEs Connection? Have you shared your accomplishments in any other media outlets (e.g., newspapers, journal/magazine articles, TV, websites)?**