



Building Resilience with Youth & Families

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WEAVE's mission is to promote safe and healthy relationships and support survivors of sexual assault, domestic violence, and sex trafficking.

All relationships. All genders. All ages. All People. All the time.





PROGRAMS & SERVICES

for those impacted by domestic violence, sexual assault, and sex trafficking.

Multilingual services for all relationships, all genders, all ages, all people, all the time.

24/7 Support & Info (916) 920-2952

weaveinc.org





24/7 SUPPORT & INFORMATION LINE



(916) 920-2952



CHAT & MESSAGE BOARDS

Connect and talk with an advocate on our website using the Live Chat feature, or ask questions anonymously on one of the message boards for a response within three business days.



COUNSELING

Free individual and group counseling for adults and children who have experienced or witnessed domestic violence, sexual assault, or sex trafficking. Call the 24/7 Support Line for an intake.



SAFE SHELTER & HOUSING

Emergency shelter and transitional housing for victims of domestic violence and sex trafficking. Onsite supportive services include counseling, case management, children's services, and K-12 education. Additional assistance is also available through our Housing First program, California Victim's Compensation, and California's Safe at Home program.



LEGAL

Workshops, assistance, and advocacy for common Family Law and Immigration issues including divorce/separation, custody, restraining orders, and visas related to domestic violence, sexual assault, and sex trafficking. Contact the legal line at (916) 319-4944.



ADVOCACY

Advocates can provide support, advocacy, and accompaniment with law enforcement interviews, legal hearings, medical appointments, on college campuses and universities, and other off-site locations. Accompaniment is also provided to survivors of sexual assault seeking an evidentiary exam.



PREVENTION & EDUCATION

Professional trainings and educational presentations available for schools, businesses, community organizations, law enforcement, medical and mental health professionals, and any other interested groups. Visit weavelearn.org to request a presentation.

Prevention & Education

Mitigating Risk Factors for Children/Youth Exposed to Domestic/Sexual Violence



Risk and Protective Factors

Children and Youth Exposed to Domestic/Sexual Violence



(Vulnerability)

PROTECTIVE FACTORS

(Opportunities to Build Resilience)





What does this look like within different organizations and settings?











- Social Service Providers
- MENTAL HEALTH PROVIDERS



MEDICAL PROVIDERS





OTHERS



Talking to Kids About Boundaries & Healthy Relationships

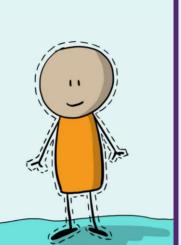
- 1 START AS EARLY AS POSSIBLE IN AN AGE-APPROPRIATE WAY
- 2 CREATE SAFE AND COMFORTABLE SPACE FOR CONVERSATIONS
- 3 Make it approachable, NON-THREATENING, AND RELATABLE
- 4 LISTEN TO THEM AND RESPECT THEIR FEELINGS
- 5 Have ongoing and continuous conversations





Talking to Kids About Boundaries & Healthy Relationships

- ·SAFE & TRUSTED ADULTS
- ·SAFE TOUCH
- **•**CONSENT
- ·BODILY AUTONOMY
- •FEELINGS & EMOTIONS
- ·HEALTHY VS. UNHEALTHY RELATIONSHIPS
- ·SAFETY PLANNING





Consent Conversations in Early Childhood

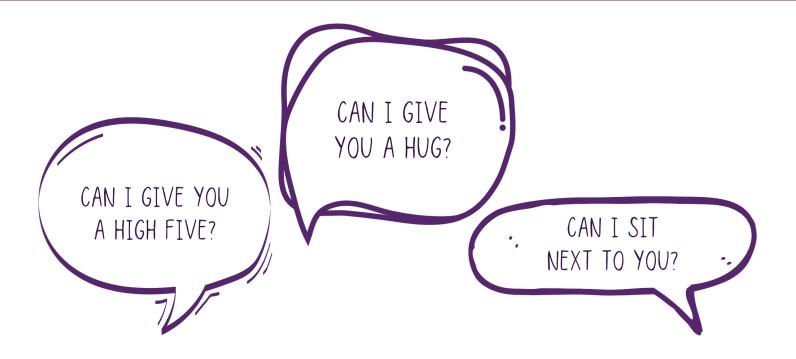
HOW DO ANIMALS LET YOU KNOW IF THEY WANT TO BE PET OR IF THEY FEEL SCARED OR UNCOMFORTABLE?





Consent in Early Childhood

Create Opportunities for Practice



ASK. LISTEN. RESPECT THE ANSWER. IT'S OK IF SOMEONE SAYS NO.



Consent in Early Childhood

Encouraging and Respecting Bodily Autonomy

IT'S MY BODY.

I GET TO DETERMINE MY BOUNDARIES.

MY BOUNDARIES DESERVE TO BE RESPECTED.





Advanced Education & Support Through High School

HEALTHY RELATIONSHIP COMPONENTS



UNHEALTHY RELATIONSHIP COMPONENTS





3 out of 4 teens who have taken a course about healthy relationships indicate they know about warning signs and are confident that they could determine if a relationship was abusive.



#TDVAM #KnowYourWorth

This project was supported by Grant No. 2018-TA-AX-K023 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

The Centers for Disease Control and Prevention uplift healthy relationship and social-emotional

learning programs
as key in ending teen
dating violence.
Prevention works!

#TDVAM #KnowYourWorth



FOR YOURSELF FOR YOUR HOME FOR YOUR COMMUNITY

- PRACTICE SELF-CARE
- · WASH YOUR HANDS
- EXPLORE NEW HOBBIES
- HELP WITH HOUSEHOLD CHORES
- CHECK-IN WITH FAMILY MEMBERS
- BE PATIENT WITH OTHERS

- STAY HOME
- DONATE TO LOCAL SHELTERS
- LEAVE POSITIVE MESSAGES ON SIDEWALKS WITH CHALK

WHAT ARE YOUR SUPER POWERS?

self-esteem self-worth confidence identity

PROMOTION OF PROTECTIVE FACTORS
& RESILIENCY BUILDING

WHO'S IN YOUR SUPER SQUAD?

> support trust social skills relationships







Prevention & Education

weavelearn.org

WEAVE Learn is a program of WEAVE that provides training and education in hope of preventing and ending sexual violence.



- Training & Education
 - Educators
 - Social Service Providers
 - Parents / Caregivers
 - Children/Youth
 - More to come
- Resources
- Activity Ideas



WEAVE Residential Services

Preventing Domestic/Sexual Violence for Future Generations



Residential Services

Program Overview

Emergency Shelter

- Provide a safe environment to support clients on their own path
- Up to six months
- Capacity 96 beds in 18 bedrooms & 5 apartment units Confidential Location

Transitional Housing

- Up to two years
- Capacity 7 cottages and 2 apartment units Confidential Location

Children Program

- Partnership with parents to support children "Celebrating Families"
- Connecting with resources according unique needs
- Provides onsite services Playcare, learning activities, Charter School, special events.

One Plus Program

Support clients with Pets.



Residential Services

Client Centered - Trauma Informed - Voluntary

SUPPORTIVE SERVICES

- Strengths Model Case Management
- Counseling (individual adult and children)
- Referrals and resources with the community
- Community Group
- Weekly Entertainment
- Support Groups
- Individual Coaching
- Emergency food
- Transportation
- Clothing
- Financial empowerment
- Housing advocacy
- Legal assistance



Strengths Model CM

Building Resiliency and Self-Sufficiency Skills

EVIDENCE BASED CASE MANAGEMENT

WEAVE & CIBHS (California Institute For Behavioral Health Solutions) Project Implementation 2019

Created in 1980 by Charles Rapp (University of Kansas to help people with mental illness.

Moving from pathology & diagnosis to the person's strengths.

Starting point, we ALL have a desire to:

- Feel connected, loved, heard, respected and safe.
- Contribute, learn, be part of something greater than ourselves.
- Feel that our lives mean something.
- Identify and achieve meaningful and important life goals.



Strengths Model CM

Building Resiliency and Self-Sufficiency Skills

Strengths based approach allows us to:

- Implement and evaluate
- Two-generational approach
- Mitigate the impact of DV
- Build resilience and protective factors
- Clients are the director of their program
- See the whole person, beyond their DV experience



Administration for Children and Families Project

Building Resiliency and Self-Sufficiency Skills

TOOLS

Strengths Model Assessment (SA)

- 1. Home/Daily living
- 2. Assess-Financial
- 3. Employment/Education/specialized knowledge
- 4. Supportive relationships
- 5. Wellness/ health
- 6. Leisure, recreational
- 7. Spirituality /culture

Personal Empowerment Plan (PEP)

- Helps the client to identify goals
- Determine steps and action plans
- Timing and responsibilities



Administration for Children and Families Project

Building Resiliency and Self-Sufficiency Skills

EVALUATION

FIDELITY REVIEW – Quality of our work

Provides recommendations to continue making progress towards high fidelity.

CM DASHBOARD – Impact on clients' lives

- Trauma Assessments
- Resiliency Assessments
- Self- Sufficiency Scales
- Empowerment & Satisfaction Questionnaire
 - Feel heard and supported
 - Improve their lives
 - Identify and increase their support system
 - Increase awareness, safety & knowledge (about DV experience, rights, and community resources).



Strengths Case Management Dashboard

The purpose of this quarterly dashboard is to report progress on WEAVE's Strengths Case Management program implementation and participant outcomes towards increased Self-Sufficiency, increased Resiliency, and decreased Trauma Symptomology.

Program Implementation | Strengths Case Management (SCM) Participation

We currently serve 77 residential clients consisting of adults, children, and youth.

95% of our clients participate in our SCM program.

Program FY19/20		FY20/21						
	Q4	Q1	Q2	Q3	Q4		SCM	
Residential Clients	Oct-Dec	Jan-Mar	Apr-Jun	Jul-Sep	Oct-Dec	Totals	Participation	% of Residential Clients
Adults	48					48	44	92%
Children/Youth	29					29	29	100%
Total Clients	77					77	73	95%

Program Participant Outcomes

Goal: Increase Self-Sufficiency

The Self-Sufficiency Scale documents progress towards adult self-sufficiency.

The average adult Self-Sufficiency baseline score was 49.0.

44 adult clients (92%) have a baseline assessement score and 0 have a matched follow-up score.

17 49.0 85

less self-sufficient more self-sufficient

The average child/youth Self-Sufficiency baseline score was 32.3.

7 child/youth clients (24%) have a baseline assessement score and 0 have a matched follow-up score.

17 32.3 85

Goal: Increase Resiliency

Resiliency assessments collect progress towards becoming more resilient.

The average adult Resiliency baseline score was 47.3

38 adult clients (79%) have a baseline assessement score and 0 have a matched exit score.

12 47.3 60
less resilient more resilient

The average child/youth Resiliency baseline score was 47.3.

28 child/youth clients (97%) have a baseline assessement score and 0 have a matched exit score.

17 47.3 51

Goal: Decrease Trauma Symptomology (TS)

Trauma assessments collect progress towards decreasing trauma symptomology. The child assessment administered is based on age and reading level. The child self-report assessment reports the child's thoughts and feelings whereas the child caregiver-report reports on the child's observed behavior.

The average adult Trauma Symptomology score was 12.7.

38 adult clients (79%) have a baseline assessement score and 0 have a matched exit score.

0 12.7 32 no/minimal symptoms severe symptoms

Self-Reported: The average child/youth Trauma Symptomology score was 21.6.

8 child/youth clients (28%) have a baseline assessement score and 0 have a matched exit score.

0 21.6 52

Caregiver-Reported: The average child/youth Trauma Symptomology score was 13.1.

20 child/youth clients (69%) have a baseline assessement score and 0 have a matched exit score.

0 13.1 64



Empowerment & Satisfaction Survey Summary

The purpose of this survey summary is to report client feelings of empowerment after receiving services from WEAVE and satisfaciton with services provided. This report summarizes the survey findings during the following period: Program FY19/20 Quarter 4 (October-December, 2020)

Empowerment Sastisfaction

Participants ranked their level of agreement to statements of empowerment and satisfaction using a 5-point Likert scale with 1 = Strongly Disagree and 5 = Strongly Agree.



"I absolutely LOVE & APPRECIATE [my advocate]. She is super supportive & I feel she does genuinely care about my son and I and our success in the future. She has been such a positive motivating & encouraging support pushing me forward to continue to reach my goals with my head held high." - WFAVE Client

"I am truly grateful to be in the care of WEAVE. Although very new to this program I am already feeling great relief from fear and am once again hopeful about my future..."

- WEAVE Client

"This team is truly in love with their job. I've never seen anyone care for and as kind as weave group..."

- WFAVE Client



Questions

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get help | get informed | get involved

WEAVE 24/7 Support & Information (916) 920-2952

Learn more at weaveinc.org or weavelearn.org

