

### Direct Services

Monday, Tuesday, Thursday & Friday  
9 a.m. - 12 p.m.

Please do not line up before 8:45 a.m.  
Numbers are handed out lottery style at 9  
a.m., so arriving early does not guarantee  
service.

Please bring something with your name on  
it for ID (EBT card, medical card, utility bill)

- Resources available
- Bus passes (1 per week) \*
- CA ID voucher
- Hygiene kits

\* Bus passes for verifiable medical, dental,  
job or court appointments only. Proof  
must be shown. First time clients are  
exempt.

### DMV Voucher for CA ID

To receive a voucher to pay a reduced fee  
of \$8.00 for a CA ID, you must be  
receiving current Sacramento County or  
Federal benefits and must show proof of  
eligibility (Cal-Fresh/ EBT Card, Medi-Cal  
card, Cal-Works/ Notice of Action of  
benefits, D.H.A. printout, Cal -Win Docs,  
SSI award letter.

Vouchers available Monday, Tuesday,  
Thursday, Friday, 9 a.m. – 12 p.m.

# Street Sheet

UPDATED MAY 1, 2017

### Family Rescue Program

This program provides temporary shelter for one  
week to parents and guardians with (1) at least  
one minor child, or (2) an 18 year old who is  
currently enrolled in high school or (3) the adult  
applying is pregnant in the last trimester (7  
months). **Applicants must call (916) 443-2646  
after 11 a.m. for appointment availability.**

#### MUST have:

- Valid ID / Driver's License for all adults
- Social Security cards and birth  
certificates for everyone applying
- Proof of all income (current month)
- Proof of custody of children

(Examples: school verification DHA printout that  
includes all members on case, ss #'s, D.O.B &  
benefits amount CalFresh and CalWorks)

- No Late Arrivals

### Job Development Center

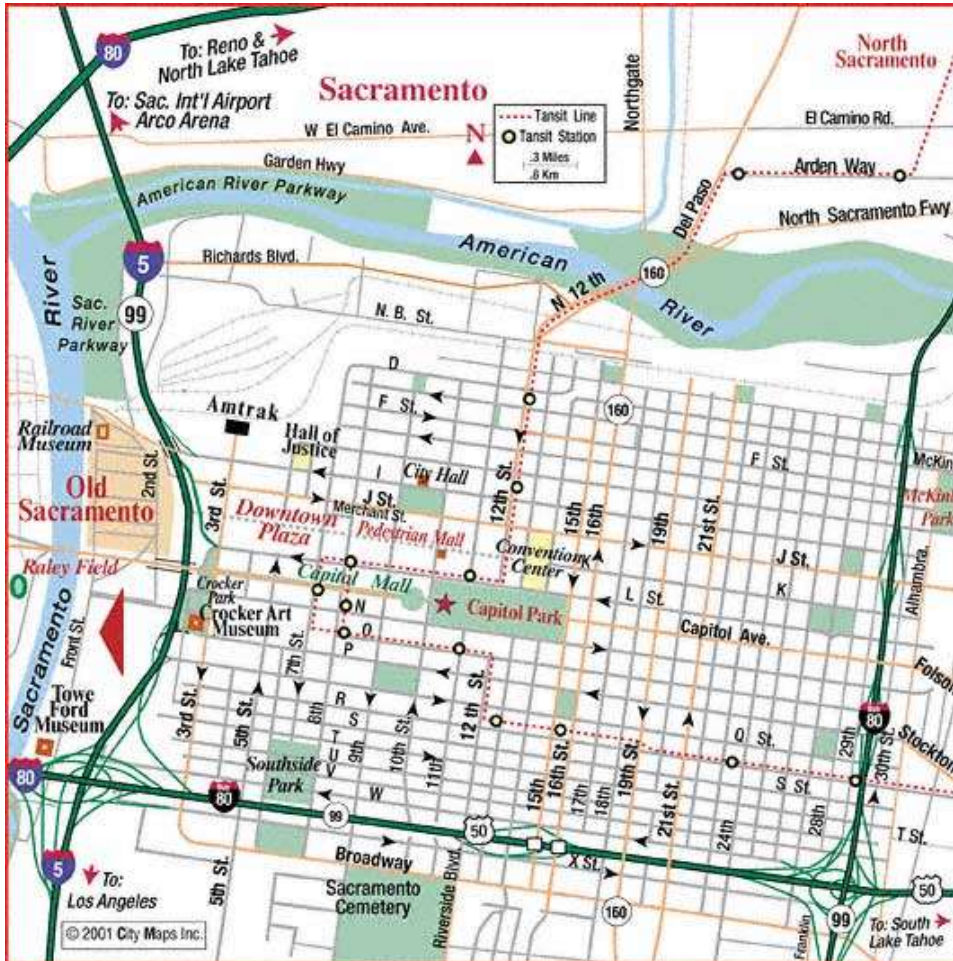
Monday, Tuesday, Thursday & Friday  
9 a.m. – 2 p.m.

The JDC is open to assist with job and housing  
searches; create or update resumes and cover  
letters; and to practice interviewing for  
employment. **To use the JDC you must have  
something with your name on it (EBT card,  
medical card, utility bill) and attend an  
orientation on your first visit).**

### Special Advocates at Francis House

Thursday Notary Service (by appt.)	11 a.m. – 1 p.m.
Veterans' Advocate	9 a.m. – 11 a.m.
(walk-ins welcome)	

We are closed Noon-1p.m. for lunch



**HOTLINES & EMERGENCY**

**Parent Support Line** 1-888-281-3000

**Alcoholics Anonymous 24 hr.** 454-1100

**AL-ANON** (support for family/friends) 888-425-2666

**If Intoxicated, Non-Emergency Calls** 264-5471  
Police wagon will pick up and deliver to VOA Detox

**2-1-1 Sacramento** 211 or 498-1000

**California Youth Crisis Line** 1-800-843-5200  
(www.youthcrisisline.org) Counseling & medical services, shelters, crisis centers, AIDS testing and transportation info.

**National Runaway Switchboard** (Confidential - 24 hrs.)  
Crisis intervention, independent intervention.  
Message center for kids & adults. 1-800-621-4000

**Rape Crisis Line (WEAVE) 24 hr.** Domestic Violence & Sexual Assault 920-2952

**Red Cross 24 hr.** 993-7070 Emergency & Disaster Only 1-800-696-3873

**iCAN (Crime Victims Assistance Network)** help for victims of crimes 273-3603

**My Sister's House 24 hr.** Multilingual Help Line 428-3271 Business line 930-0626  
Safe haven for Asian Pacific Islander women & children impacted by domestic violence.  
Safe shelter. Woman to Work Program.

**Senior Legal Hotline** 551-2140 or (800) 222-1753

**LOAVES & FISHES OUTREACH PROGRAMS**

12<sup>TH</sup> & North C Streets

<b>Maryhouse</b>	<b>446-4961</b>
<b>Administration</b>	<b>446-0874</b>
<b>Jail Visitation</b>	<b>447-9472</b>
<b>Page Friendship guest</b>	(Service Center) <b>443-9499</b>
<b>Clean &amp; Sober</b>	<b>498-0331</b>
<b>Mustard Seed School</b>	<b>447-3626</b>
<b>Genesis (Mental Health)</b>	<b>669-1536</b>
<b>Legal Clinic</b>	Mon.- Thurs. 8 a.m. – 12 p.m. <b>446-0368</b>
<b>SSI Attorney</b>	Mon.- Thurs. <b>648-8600</b>

**Area code is 916 unless otherwise stated.**

**Suicide Prevention Hotlines**  
24 hr. 368-3111  
Auburn 1-530-885-2300  
Roseville 773-3111  
Lincoln 645-8866

**TLCS Mental Health Crisis Respite Center**  
**(916) RESPITE or (916) 972-1017**  
Offers a safe place for those experiencing a temporary mental health crisis but is not life threatening or in need of psychiatric hospitalization. Individuals can stay for a maximum of 23 hours. This is not a shelter, there are no beds. There is no medical staff on site to assist with medication issues.

To download our most recent version, go to FrancisHouseCenter.org  
Email changes or additions to:  
[leah@franchousecenter.org](mailto:leah@franchousecenter.org) or call 443-2646.  
The Street Sheet is produced by Francis House Center.



**916-321-BUSS (2877)**  
**TDD 916-483-HEAR (4327)**  
**www.sacrt.com**

**Loaves & Fishes**  
446-0874, 12<sup>th</sup> & North C  
**Alkali Flat Light Rail Station RT Bus 15** (Friendship Park, Maryhouse, Mercy Clinic St. John Shelter)

**The Job Program Salvation Army**  
442-0303; 12<sup>th</sup> & North B St  
**Alkali Flat Light Rail & RT Bus 15**

**Legal Services of Northern CA**  
551-2150; 515 12<sup>th</sup> St. (at E St.)  
**Alkali Flat Light Rail Station & RT Bus 34 At 12<sup>th</sup> & F St RT Buses 30, 31, 32, 61, 62**

**Traveler's Aid**  
399-9646; 2251 Florin Rd, #130  
**RT Bus 63 or 64**

**Central Detox Reception Center**  
448-1236; 2700 Front St. Open 24 hrs (near Broadway) **RT Bus 38**

**Dept. of Human Assistance**  
CalWORKs/GA/Medi-Cal 874-2072; 28<sup>th</sup> & R St.  
**29<sup>th</sup> St. Light Rail Station RT Bus 15, 38, 67, 68**

**Welfare Rights**  
736-0616; 1901 Alhambra Blvd  
**Light Rail @ 29<sup>th</sup> & R RT Buses 15, 38, 67, 68**

**The Well Space Health**  
325-5556; 1820 J St. (need Medical card) M-F 8am-5pm

**Wellspring Women's Center**  
454-9688; 3414 - 4<sup>th</sup> Ave. (at 34<sup>th</sup> @ Broadway) **RT Buses 51, 68, 83**

**Primary Care Center**  
874-9670; 4600 Broadway  
**RT Buses 38, 50, 51, 83**

**Sacramento Food Bank & Family Services** 456-1980  
3333 3<sup>rd</sup> Ave./Broadway  
**RT Buses 51, 68**

**Sac. Area Emergency Housing**  
455-2160; 4516 Parker Ave.  
Open 24hrs. **RT Bus 68**

**Sacramento Mental Health**  
732-3637; 2150 Stockton Blvd.  
**RT Buses 38, 50, 83**

**Dept. of Motor Vehicles**  
657-6555; 4700 Broadway  
**RT Buses 38, 50, 51, 83**  
DMV info 1-800-777-0133

**Lutheran Social Services**  
453-2900, 2980 - 35<sup>th</sup> St  
M-F 8:30 – 4:30pm  
**RT Buses 51, 68**

**Employment Dev. Dept.**  
2901 50<sup>th</sup> St @ Broadway  
**RT Bus 15, exit @ 53<sup>rd</sup> & Broadway RT Bus 83, exit @ Broadway RT Bus 38**

(Misc. Services Continued)

**WILLOW MEDICAL CLINIC** @ Salvation Army: 1200 North B St. **572-4502**  
**info@willowclinic.org**  
Medical help every Saturday 8:30 a.m. – noon for homeless & uninsured, first come first served. Current TB card required.

**LEGAL SERVICES OF N. CALIF.** 515 – 12<sup>th</sup> Street (at E) **551-2150**  
M-F 8:30 a.m. – Noon, 1 p.m. – 5 p.m.  
Problems with public benefits /Landlord/Tenant; Call for appt.

**SENIOR LEGAL HOTLINE** 444 North Third Street, #312 **551-2140**  
**Senior Hotline (800) 222-1753**  
Free legal services for seniors and low income

**SOCIAL SECURITY OFFICE**  
**National Line** **1-800-772-1213**

**IMMIGRATION LEGAL ASSISTANCE** 1901 Alhambra Blvd. (2<sup>nd</sup> Floor) **443-5367**  
**WELFARE RIGHTS** **736-0616**  
M-F, 9:00am-5:00pm  
CalWORKs, food stamps, Medi-Cal rep. at hearings

**WOMEN'S EMPOWERMENT PROGRAM** 1590 North A Street **669-2307**  
Open M-F 8:30 a.m. - 4:30 p.m.  
8 week program for homeless women to develop job skills & personal strength.

**DISABILITY ACTION ADVOCATES** Call for info or an appointment **838-7001**  
Assistance with applying for Social Security Disability **1-(877) 322-1044**

**LGBT COMMUNITY CENTER** **442-0185**  
Programs, support and advocacy for the LGBT community

**SACRAMENTO ADVOCACY FOR FAMILY EMPOWERMENT** 1908 O St. **855-5427**  
Mental health. Advocacy & support services to families and youth, free of cost.  
They facilitate a Teen Co-ed Group, Teen Anger Management Group and 2 Family support groups (one is Spanish speaking)

**DEPARTMENT OF REHABILITATION** **558-5300**  
Call to ask for office closest to you.  
Free services to help the disabled work and live independently

**PARATRANSIT MOBILITY MANAGEMENT CENTER RIDEQUEST** **429-2009 x 7229**

**SACRAMENTO CRISIS NURSERY** - 24 hour family-strengthening program where parents can bring their children, newborn through age five for emergency child care or overnight care during stressful or difficult times.

**North Nursery** 4533 Pasadena Ave. Sac. 95821 **679-3600**  
**South Nursery** 6699 South Land Park Dr. Sac 95831 **394-2000**

**SHELTER PROGRAMS**

**TRAVELERS AID SOCIETY** 2251 Florin Road #130 **399-9646**  
Assistance for emergency housing, homeless families ONLY, call for appt.  
M-F, 9-12 & 1-4, Attendants on duty after 5:30 p.m.

**UNION GOSPEL MISSION** 400 Bannon St. Sac. 95811 **447-3268**  
**6:30-6:45 PM. Bed sign-up –Men ONLY**  
Showers/Shaves 9-11 AM & 1-3 PM, M-Th, 9-11 & Fri. 6 A.M. breakfast for residents.

**SALVATION ARMY SHELTER** 12<sup>TH</sup> & North B Street **442-0331**  
General Office **678-4010**  
1 p.m. (M-F) bed sign-up – Women only  
1 p.m. (M-F) bed sign-up – Men only  
Dinner, breakfast & clothing for residents  
**Utility Assistance and Food Boxes** **678-4040**  
**Thrift Shop** **448-0890**

**FAMILY PROMISE** **443-3107**  
Committed to **helping** low-income families achieve lasting independence.  
90 Day Program - families only. Will accept boys 14 +. Must have some income.

**HOME START**–Roseville, Families only **782-6667**  
Transitional housing only – Not a shelter

**NEXT MOVE (formerly SAEHC)** **454-2120**  
**Shelter Orientation on Weds. 9:30am** at Francis House Center 1422 C Street  
Clothing and household items M-W-F, 9 a.m. - Noon at 2925 34<sup>th</sup> Street  
Family Shelter –Families, single fathers w/ children  
Women's Refuge –Single women, no children  
Call for screening / space availability

**A STREET SHELTER - for Men Only** **448-5507**  
1400 A Street. 8 p.m. – 6 a.m. **Call for waitlist**

**ST. JOHN'S PROGRAM FOR REAL CHANGE**  
Vocational Training Program: residential shelter, mental health, AOD, & educational services for single women & women w/ children. Call for waitlist- **453-1482**  
Mental Health Respite Program: 7 day respite for single women and women with children currently experiencing a mental health crisis. Call **383-1804** for assessment

**LUTHERAN SOCIAL SERVICES** **453-2900**  
Transitional housing programs for youth (singles & families). Permanent housing programs for emancipated foster youth, disabled individuals, and disabled adults with children.

**U.S. MISSION OF SACRAMENTO** **515-9297**  
Transitional housing and work based program for men.

**SACRAMENTO SELF-HELP HOUSING** **341-0593**  
Various locations - housing referrals & shared housing

## SHELTER PROGRAMS

### **WIND YOUTH SERVICES**

Emergency shelter for youth, 18 - 24 yrs old **561-4900**  
Drop-in Center – homeless 12-24 yrs old. **1722 J Street, M-F 9am-6pm, S-S 10am-2pm**  
Services also include: street outreach, case management, mental health

### **VOA – BANNON ST. FAMILY RESIDENTIAL SHELTER PROGRAM 443-4688**

Orientation to get on the waiting list is every Wednesday at 10am-NOON  
470 Bannon ST Sacramento, CA 95811  
Requires CalWorks income. Ready to Rent training, Job Board and Case Management.

## DOMESTIC VIOLENCE SHELTERS

### **MY SISTER'S HOUSE Office 930-0626 24 Hr. Multilingual Help Line 428-3271**

Safe haven and transitional house for Asian and Pacific Islander women and children impacted by domestic violence and human trafficking; Women to Work Program is for domestic violence survivors of all ethnicities.

### **WEAVE 1900 K St. (Midtown) or 7600 Hospital Dr., Suite 1 (South) 24 Hr. Crisis Line 920-2952**

Free walk-in triage assessment for abused & battered women & children. Crisis counseling, safe houses for women & children, also children's program & services

### **A COMMUNITY FOR PEACE Domestic Violence Assistance 728-5613 24 Hr. Crisis Line 728-7210**

## MENTAL HEALTH SERVICES

### **GUEST HOUSE (El Hogar) 600 Bercut Dr. Sac. CA 95811 440-1500**

Orientation and triage on Tues. & Weds. at 10am and Thurs. at 1 p.m.  
Mental health evaluation, medication if needed. SSI application.  
Connections Lounge – 9am -3pm drop in day center from mental health services

### **SACRAMENTO COUNTY MENTAL HEALTH 2150 Stockton Blvd. (at T) Will evaluate for voluntary psychiatric care. In-Patient Care Facility, Drop-in, 24 Hr. 24 hr. 875-1000 Crisis Line 732-3637**

**Adult Service 875-1055**  
**Children's Service 875-9980**

### **GIFTED HEALING CENTER 2251 Florin Rd., Suite 133 Intake 706-2269** Substance abuse, out-patient treatment & inpatient for men & women. Sliding scale payments, court order clients

**NAMI SACRAMENTO 3440 Viking Drive, Suite 125 364-1642**  
Support for individuals coping with mental illness and their families. Offering crisis help, support groups, NAMI educational courses, and an extensive list of resources.  
**Mental Health Crisis Center 732-3637**  
**Minor Emergency Response Team 875-1113 or 875-1114**

## DENTAL CARE

**LOW COST DENTAL REFERRAL 1-800-336-8478**

## HIV/AIDS SERVICES

**HARM REDUCTION SERVICES 2800 Stockton Blvd., (Stockton & 3<sup>rd</sup> Ave.) 456-4849**  
Mon. – Fri. Noon – 6 p.m. for Walk-ins  
Free medical clinic most Saturdays; Noon - 5 p.m. / sign up at noon at 3647 40<sup>th</sup> St.  
Free Women's Clinic; 8 a.m. – noon on the last Sat. of the month

**GOLDEN RULE SERVICES 4433 Florin Road, Ste. 760 427-4653**  
M-F, 9a.m. – 5p.m. Appointments & walk-ins are welcome.  
Free HIV, STD & Hep C testing, needle exchange, condom distribution and HIV prevention. **GoldenRuleServiceSacramento.org**

**CARES 1500 - 21<sup>ST</sup> Street (Treats HIV & AIDS) 443-3299**

## MISC. SERVICES

**DEPT. OF HUMAN ASSISTANCE (WELFARE) 28<sup>th</sup> & R (Call for assist. and locations)  
General Info & Medical 874-2072**

Medical – M-F, 7:30 a.m. – 5 p.m.  
Homeless Assistance (Food Stamps) 874-2072  
Hand Imaging 874-3800

**VETERAN'S SERVICE OFFICE 2007 - 19<sup>th</sup> St. 874-6811**  
Walk-in M-F, 8 a.m. – 4 p.m. / Phone clients – M-F, 8 a.m. – 5 p.m.  
Counseling, claim dev., advocacy, benefit entitlement, etc.

**SACRAMENTO VETERAN'S RESOURCE CENTER 7270 E Southgate Dr. 393-8387**  
Employment Counseling & Training, Supportive Housing, Homelessness Prevention

**SACRAMENTO WORKS JOB CENTERS - Call for the location nearest you. 263-3800**  
**MARK SANDERS JOB CENTER - 2901 50<sup>th</sup> St (at Broadway) 263-3800**  
M-F, 8 a.m. – 5 p.m.

**COMMUNITY CONNECTION RESOURCE CENTER 568-5980**  
1217 Del Paso Blvd.  
Help for ex-offenders, pre-release services, basic skill dev., job placement assist.

**GENDER HEALTH CENTER 2020 29th St. #201 455-2391**  
Programs, advocacy, counseling for LGBT - **TheGenderHealthCenter.org**

**ASSOCIATED PRISON MINISTRIES OF CALIFORNIA 581-0021**  
Transitional Services for the incarcerated, formerly incarcerated, families

**(Detox Centers/Programs Continued)**

**ALCOHOL & DRUG SERVICES** 3321 Power Inn Rd., Ste. 120 **874-9754**  
Sacramento County Dept. of Health & Human Services  
Assessments: M – F, 8 a.m. – 4 p.m., except Weds. is 8 am – 2:30pm  
Assess for Alcohol & Drug Treatment, Proof of Sac. County Residency.  
Administration unit is at 7001A East Parkway, Sac CA 95823

**RECOVERY NOW (Roseville)** **868-2207**  
Transitional housing drug treatment

**MEDICAL CARE**

**BIRTHING PROJECT CLINIC** 1900 T St. **558-4800**  
M-F, 8 a.m. - 5 p.m., Family Planning & Pre-Natal. Spanish

**IMANI HEALTH CLINIC (Free Clinic )** 3415 Martin Luther King Blvd. **475-9582**  
Open Sat. 8 a.m. – 1 p.m.

**WELLSPACE COMMUNITY HEALTH CENTER** 1820 J St. **737-5555**  
Call for hours and appointments, Monday-Friday. Medical care for all ages; mental health and psychiatry; substance abuse and addiction counseling. Visit the website **WellspaceHealth.org** for more information and locations.

**WELLSPACE HEALTH OAK PARK CLINIC** 3415 ML King Jr. Blvd. **233-4910**  
Call for appointments and hours.  
Primary Care for women & children. Sliding scale, CHDP/Family PACT/Medi-Cal.

**MERCY CLINIC (L&F)** 1321 No. C St. (at 12<sup>th</sup>) **446-3345**  
General Med Care for people without SSI/Medical who are homeless.  
No I.D. req, M-F 7:30 a.m. - noon & 1 p.m. - 3:30 p.m.  
Sign-ups in Friendship Park, 7:30 a.m. - 11:30 a.m. / Walk-ins OK 1 p.m. - 3:30 p.m.

**PRIMARY CARE CENTER** 4600 Broadway, Ste 1100/1200 **874-9670**  
Call for Appt. **874-8277**  
General Health 8 a.m. – 5 p.m., M - F for homeless 21–65 yrs. old

**WOMEN'S HEALTH SPECIALISTS** 1442 Ethan Way, Ste. 100 **451-0621**  
Mon. Tues. Weds. & Fri. – 9 a.m. - 4 p.m. Thursday 12 p.m. – 7 p.m.  
Free & low cost reproductive health services, birth control, HIV/STD testing & referrals for women & men.

**SACRAMENTO LIFE CENTER** 930 Alhambra Blvd., Suite 230 **451-4357**  
**HOTLINE 451-2273**  
Free pregnancy and STD testing. Pregnancy support services.

**COUNSELING CENTERS**

**COMMUNITY FOR PEACE** 6060 Sunrise Vista Dr., Suite 2340 **728-5613**  
Mon.–Weds. 9:30 p.m.- 5 p.m. / Thurs. 9:30 p.m. – 7 p.m. / Fri. 10 a.m. – 2 p.m.  
Harmony House Crisis Line **728-7210**

**WELLSPACE HEALTH – COUNSELING** - 8233 N.E. Stockton Blvd. **368-3080**  
Mon. - Fri. 8 a.m. - 5 p.m.  
Scale fee, A & D counseling, group counseling, HIV test by appt.

**TRUE NORTH PROJECT** [www.truenorthproject.org](http://www.truenorthproject.org) **443-2646**  
Advocacy, programs and support for emancipating foster youth.

**COMMUNITY AGAINST SEXUAL HARM (CASH)** [cashesac.org](http://cashesac.org) **856-2900**  
Help for trafficked and sexually exploited women. Peer Support, Harm Reduction

**HOT MEALS**

**GLORY BOUND MINISTRIES** 4527 Parker Ave. **452-7078**  
Meals provided Sunday at 10 a.m. and 5 p.m., Friday at 6 p.m.

**LOAVES & FISHES** 1321 No. C (at 12<sup>th</sup>) **446-0874**  
For Meals: Mon-Fri 11:30 a.m. - 1 p.m., Sat & Sun 11 a.m. - 12:30 p.m.  
(Tickets 7 a.m. - 12:30 p.m. at Friendship Park)

**ST. IGNATIUS LOYOLA PARISH** 3235 Arden Way **482-9666 ext.217**  
Meals served 6 p.m. – 7 p.m. on the 4<sup>th</sup> & 5<sup>th</sup> Wed. of month

**ST. PHILOMENES** 2428 Bell St. (at El Camino) **481-6757**  
Tues. 6 p.m. - 7 p.m. ( Meal is served in school gym at 2320 El Camino)

**WILLIAMS MEMORIAL COGIC** 4495 ML King Jr. Blvd. **455-9201**  
Food give-away every other Fri. 11 a.m.

**ST. VINCENT DePAUL** 503 Giuseppe Ct., Suite 8 **781-3303**  
Roseville Hot Meals T, W, Th. & Sat. 12 - 1:30 p.m. / Sun. 2:30 p.m. - 4 p.m.  
Clothing – Mon. – Fri., 11 a.m. – 3 p.m.  
Food Locker Mon. – Fri., 9 a.m. – 11 a.m.  
For Placer Co. Residents: T, W, Th, F, & Sat 9 a.m. - 11:30 a.m.

**UNION GOSPEL MISSION** 400 Bannan St. (North B St. at 12<sup>th</sup>) **447-3268**  
Church Services 7:30 p.m. (required), dinner following. 7 days  
Sunday Services 11 a.m., w/lunch following

**FIRST UNITED METHODIST CHURCH** 2100 J Street **446-5025**  
Community breakfast last 2 Suns. of month at 8:30 a.m. Social Hall

**RESOURCE WEBSITES**

**OneFathersLove.com**  
**211Sacramento.org**  
**Housingca.org**  
**Suntopia.org**  
**AuntBertha.com**

**DAY SHELTERS / HOSPITALITY CENTERS**

- FRIENDSHIP PARK (LOAVES & FISHES)** No. C at 12<sup>th</sup> Street **443-7378**  
 (Page Guest @443-9499)  
**Men & Women Drop-in** 7 a.m. to 2:45 p.m. M-F  
**Coffee & Food** 7 a.m. to 8:30 a.m. M-F  
**Showers** M, W, F 7 a.m. to 2p.m., Tu & Th 7 a.m. to 10:30 a.m.  
**Laundry Vouchers** M-F, 9 a.m. **Haircut Vouchers** M-F
- MARYHOUSE (LOAVES & FISHES)** 1321 No. C St. (at 12<sup>th</sup>) **446-4961**  
 Women and Children, 8 a.m. – 3 p.m. M – F  
 Breakfast 8 a.m. – 9 a.m. Showers, mailing address & telephone.
- UNION GOSPEL MISSION** 400 Bannon St. **447-3268**  
 All Services 9 a.m. – 11 a.m. & 1 p.m. – 3 p.m. on M-Th. 9 a.m. – 11 a.m. on F & S  
 Showers, shaves, mail address service. 9 mo. Drug & Alcohol Program for men only
- WELLSPRING WOMEN'S CENTER** 3414 - 4<sup>th</sup> Ave. **454-9688**  
 M-F, 7:30 a.m. - 11:30 a.m., Hospitality Center for mothers & children, Breakfast served. Counseling, case management & various group sessions & activities.
- BISHOP GALLEGOS MATERNITY HOME** **395-9370**  
 Assistance for women over the age of 18 who are pregnant and in need of shelter, food, safety, comfort and support during their pregnancy.

**FREE CLOTHING / FOOD BANKS**

- CENTRAL DOWNTOWN FOOD BASKET** 1701 L St. **761-5624**  
 St. John's Lutheran Church at Goethe Hall  
 Groceries (95814 & 95816 zip) on Thurs. only, 9 a.m.
- RIVER CITY FOOD BANK** 1800 – 28<sup>th</sup> St. ( at R St.) **446-2627**  
 M-F 11:30 a.m. – 3 p.m. Once every calendar month distribution & CalFresh application assist. ID required for all family members; Medi-Cal cards best.
- UNION GOSPEL MISSION** 400 Bannon St. **447-3268**  
 Clothing for men- 9 a.m. – 11 a.m. & 1 p.m. - 3 p.m., Mon. - Thurs.  
 (ID required) Women's clothes closet – Tues. & Thurs. (9 a.m. sign in) – 9:30am – ½ hr. required Bible study, 10am - 12pm Free Shopping

***(Food/Clothes Closets Continued)***

- SACRAMENTO FOOD BANK & FAMILY SERVICES** 3333 Third Ave. **456-1980**  
 Call for more info. **Food Hotline: (916) 313-7606**  
 Clothing, infant support, education & food programs **Clothing Hotline: (916) 313-7663**  
**Parent Education Hotline: (916) 313-7622**
- SIERRA ARDEN FOOD CLOSET** 890 Morse Avenue **483-1942**  
 T-F 10 a.m. - 11:45 a.m. (Zips 95825 & 95864)
- WIC – Women, Infants, and Children** 915 Broadway **326-5830**  
**Nutrition Program** for Pregnant women and mothers with infants & children.  
 M, Tu, Th, F 8:15 a.m. - 4:15 p.m. & Wed. 8:15 a.m. - 6 p.m.  
 Call for appt., MediCal, proof of income, address & picture ID req. (call for other locations)
- RANCHO CORDOVA COMMUNITY FOOD LOCKER** 10497 Coloma Rd. **364-8973**  
 (St. John Vianny Church) Once every 30 Days. SS ID required  
 M, W, F 9:30 a.m. – 1:30 p.m. Serves 95670, 742, 655, 683, 826, 827, & 830.
- 1<sup>ST</sup> CHURCH OF NAZERENE** 1820 – 28<sup>th</sup> St. (28<sup>th</sup> and S St.) **452-6171**  
**Donations Accepted** – Tues. 10 a.m. – 1 p.m. **Clothes Closet** - Thurs. 10 a.m. – 1 p.m.
- CAP. CITY SEVENTH DAY ADVENTIST CHURCH** 6701 Lemon Hill Dr. **381-5353**  
 Food & Clothing - Every Monday from 10 a.m. – 1 p.m.
- SERNA VILLAGE** 5836 Dudley Blvd, McClellan Park, CA 95652  
**Emergency Food Boxes call (916) 470-0408 for information**
- SOUTHPOINTE CHRISTIAN CENTER** 7520 Stockton Blvd. **504-3370**  
 Last three Mondays of the month from 7:30 a.m. – 10 a.m.
- OUR LADY OF ASSUMPTION** 2133 Walnut Ave. (serves 95608) **481-6352**  
 Tuesdays and Thursdays 9 a.m. – 10 a.m. food locker, temporary assistance with rent, utilities, clothing, furniture Call for more info.

**DETOX CENTERS & PROGRAMS**

- VOLUNTEERS OF AMERICA (DETOX)** 700 North 5<sup>th</sup> Street **448-1236**  
 Alcohol Treatment Center - Alcoholics only  
 Screened 72-hr. plus sobriety for comprehensive alcohol treatment center
- CLEAN AND SOBER TRANSITIONAL LIVING** **961-2691**  
 8934 Madison Avenue, Fair Oaks clean-and-sober-living.com
- COCAINE ANONYMOUS – Call for information** toll free **866-995-6118**