



A Program of Next Move

Senior Street Sheet

Updated April 11, 2017

**1422 C Street
Sacramento, CA 95814
916.443.2646**

**Hours: 9 a.m. – 3:30 p.m.
Monday, Tuesday, Thursday,
Friday**

***Closed Noon – 1 p.m. for lunch
FrancisHouseCenter.org**

**Resource Coaching
Available during Direct Services**
One-on-one meeting for goal planning and resources.

**Job Development Center
Monday, Tuesday, Thursday & Friday**
9:30 a.m. – 3 p.m.
The JDC is open to assist with job and housing searches; create or update resumes and cover letters; and to practice interviewing for employment. **To use the JDC you must have something with your name on it (EBT card, medical card, utility bill) and attend an orientation on your first visit).**

Direct Services

Mon, Tues, Thurs & Fri 9 a.m.
Please do not line up before 8:45 a.m. Numbers are handed out lottery style at 9 a.m., so arriving early does not guarantee service.
Please bring something with your name on it for ID (EBT card, medical card, utility bill)

- **Resource Coaching**
- **Bus Passes** (1 per week with verifiable documents of destination)
- **CA ID Voucher**
- **Hygiene Kits**

DMV Voucher for CA ID

If you can pay a reduced fee of \$8.00, then you can pick up a DMV Voucher form from our front desk without getting a number **Mon, Tues, Thurs, Fri, 9:30 a.m. – 3 p.m.** If you require any other Direct Services in addition to the voucher, you will need to come at 8:45 a.m. and obtain a number. **To qualify you must bring one of the following:** *Cal-Fresh/ EBT Card, Medi-Cal card, Cal-Works/ Notice of Action of benefits, D.H.A. printout, Cal-Win Docs, SSI award letter.*

To download our most recent version, go to FrancisHouseCenter.org
Email changes or additions to: leah@francishousecenter.org or call 443-2646.
The Senior Street Sheet is produced by Francis House

(Other services provided at Francis House Center)

Family Rescue Program

This program provides temporary shelter for one week to parents and guardians with (1) at least one minor child, or (2) an 18-year-old who is currently enrolled in high school or (3) the adult applying is pregnant in the last trimester (7 months). **Applicants must call (916) 443-2646 after 11 a.m. for appointment availability. MUST have:**

- **Valid ID / Driver’s License for all adults**
- **Social Security cards and birth certificates for everyone applying**
- **Proof of all income (current month)**
- **Proof of custody of children**

(Examples: school verification DHA printout that includes all members on case, SS #'s, D.O.B & benefits amount CalFresh and CalWorks)

- **NO LATE ARRIVALS!**

New Eyes Program (Eyeglasses)

Fridays by appointment – call 443-2646 Monday, Tuesday, Thursday or Friday from 9:30 a.m. – 3 p.m. for appointment availabilities.

Requirements for the program are:

- **Applicants must have proof of financial need (proof of income or government assistance for agency verification)**
- **Have a valid & current prescription**
- **Have no other way to pay for glasses (including insurance, federal/state programs, other charitable support)**
- **Have not received a New Eye’s voucher within the past 24 months**

We will help fill out the application online and upon approval, a voucher will be provided.

Special Advocates at Francis House

Monday CalFresh (walk-ins) **9 a.m. – 11 a.m.**
Thursday Notary Service (by appt.) **11 a.m. – 1 p.m.**
 Veterans’ Advocate **9 a.m. – 11 a.m.**
 (walk-ins welcome)

MEDICAL CARE

IMANI HEALTH CLINIC (Free Clinic) 475-9582
3415 Martin Luther King Blvd.
 Open Sat. 8 a.m. – 1 p.m.

MERCY CLINIC (L&F) 446-3345
 1321 North C St. (at 12th)
 General Med Care for people without SSI/Medical who are homeless.
 No I.D. req, M-F 7:30 a.m. - noon & 1 p.m. - 3:30 p.m.
 Sign-ups in Friendship Park, 7:30 a.m. - 11:30 a.m. / Walk-ins OK 1 p.m. - 3:30 p.m.

PRIMARY CARE CENTER 874-9670
 4600 Broadway, Ste 1100/1200 Call for Appt. **874-8277**
 General Health 8 a.m. – 5 p.m., M - F for homeless 21–65 yrs. Old

HARM REDUCTION SERVICES 456-4849
 2800 Stockton Blvd. SafePoints Outreach 247-2335
 HIV/HCV/STD testing, SafePoint syringe exchange: Exchange used syringes for new, sterile syringes - Other safe injection supplies & resources available, overdose prevention and response training

MEDI-CAL, MEDICARE, SOCIAL SECURITY, SSI

DEPT. OF HUMAN ASSISTANCE (WELFARE) 874-2072
 General Info & Medical (Medical: M-F, 7:30 a.m. – 5 p.m.)
 Homeless Assistance (Food Stamps) **874-2072**
 Hand Imaging **874-3800**

MEDICARE HELPLINE 800-633-4337

U.S. SOCIAL SECURITY, 24/7 NATIONAL 800-772-1213

SOCIAL SECURITY

All offices open M, T, TH, F [9 a.m. to 4 p.m.] / W [9 a.m. to noon]
 Sacramento District Office: Folsom Blvd Ste. A **877-274-5419**
 Sacramento SS Card Center: 8581 Folsom Blvd Ste. B **877-274-5420**
 - For replacement SS card or other SS card matters
 - Monday-Friday from 9 a.m. to 4 p.m.

South Sacramento District Office: 40 Massie Cir **866-708-3208**
 West Sac Field Office: 825 Riverside Pkwy Ste. 1000 **866-726-8136**
 N. Sacramento Office: 2424 Arden Way Ste. 200 **855-782-9153**

DENTAL CARE

LOW COST DENTAL REFERRAL 1-800-336-8478

CARES COMMUNITY HEALTH 443-3299

DENTI-CAL 800-322-6384

SACRAMENTO COMMUNITY CLINICS, HALO

(www.halocares.org)

5524 Assembly Court Sacramento, CA 95823 642-1868

2138 Del Paso Blvd Sacramento, CA 95815 642-1890

7275 E. Southgate Dr Sacramento, CA 95823 642-1869

SACRAMENTO NATIVE AMERICANS HEALTH CENTER INC

341-0575

2020 J Street (www.snahc.org)

MENTAL HEALTH SERVICES

SENIORLINK (El Hogar) 369-7872

Prevention & early intervention program designed to provide support services to seniors 55+ experiencing isolation &/or early signs of depression or anxiety – No charge

SENIOR ELDER WELLNESS (El Hogar) 363-1553

Provides specialized outpatient mental health services for seniors 55+ living in Sacramento County
Outreach, mental health rehabilitation & therapy, physicians, medication & follow up services, housing support, case management, etc. – No charge

SUTTER COUNSELING CENTER 929-0808

855 Howe Ave Ste. 1 (www.sutterhealth.org)

SACRAMENTO COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES, SENIOR COMPANION PROGRAM 875-3622

TLCS CRISIS RESPITE CENTER 441-0123 or 737-7483

650 Howe Ave Building 400-A

Offers a safe place for those experiencing a temporary mental health crisis but is not life threatening or in need of psychiatric hospitalization. Individuals can stay for a maximum of 23 hours. This is not a shelter, there are no beds. There is no medical staff on site to assist with medication issues.

HOTLINES & EMERGENCY

Area code 916 unless otherwise stated

Senior Legal Hotline 551-2140 or 800-222-1753

Adult Protective Services 24hrs 874-9377

Senior Legal Hotline, Legal Services of N. California 551-2140

If Intoxicated, Non-Emergency Calls 264-5471

Police wagon will pick up and deliver to VOA Detox

2-1-1 Sacramento 211 or 498-1000

Rape Crisis Line (WEAVE) 24 hr. 920-2952

Domestic Violence & Sexual Assault

Red Cross 24hrs 993-7070

Emergency & Disaster Only 1-800-696-3873

American Cancer Society, 24/7 800-227-2345

Friendship Line, Institute on Aging 800-971-0016

Psychology & Counseling Services, Companionship

Sexual & Elder Abuse Bureau, Sac County Sheriff's Dept. 874-5070

TRANSPORTATION

ACC RIDES, ACC SENIOR SERVICES 393-9026

7334 Park City Drive (www.accsv.org)

PARATRANSIT Eligibility 557-468 Reservations 429-2744

SAC REGIONAL TRANSIT CUSTOMER SERVICE 321-2877

1225 R Street (www.sacrt.com)

FREE NEIGHBORHOOD SHUTTLE, MOLINA MEDICAL 564-0521

(www.molinahealthcare.com)

The Neighborhood Shuttle travels the 15-mile route from Molina Medical stopping at a variety of locations both medical and non-medical.

SHELTER PROGRAMS

TRAVELERS AID SOCIETY 2251 Florin Road #130 **399-9646**
Assistance for emergency housing, homeless families ONLY, call for appt. M-F, 9-12 & 1-4, Attendants on duty after 5:30 p.m.

UNION GOSPEL MISSION 400 Bannon St. **447-3268**
6:30-6:45 PM. Bed sign-up –Men ONLY
Showers/Shaves 9-11 AM & 1-3 PM, M-Th, 9-11 & Fri. 6 A.M.
breakfast for residents.

SALVATION ARMY SHELTER 12TH & N. B St **442-0331**
General Office **678-4010**
1 p.m. (M-F) bed sign-up – Women only
1 p.m. (M-F) bed sign-up – Men only
Dinner, breakfast & clothing for residents
Utility Assistance and Food Boxes **678-4040**
Thrift Shop **448-0890**

A STREET SHELTER - for Men Only **448-5507**
1400 A Street. 8 p.m. – 6 a.m. **Call for waitlist**

VOA – SACRAMENTO SENIOR SAFE HOUSE **265-3400**
Abused & neglected seniors 62+ receive 30 days of shelter

VOA – BANNON ST. FAMILY RESIDENTIAL SHELTER PROGRAM
443-4688
470 Bannon St
Orientation to get on the waiting list is every Wednesday at 10am-
NOON
Requires CalWorks income. Ready to Rent training, Job Board and Case
Management.

PILGRIMAGE SACRAMENTO **337-7733**
Homeless adults – temporary & emergency shelter, food

VETERANS SERVICES

VETERAN'S SERVICE OFFICE **874-6811**
2007 - 19th St. Walk-in M-F, 8 a.m. – 4 p.m. / Phone clients – M-F,
8 a.m. – 5 p.m. Counseling, claim dev., advocacy, benefit
entitlement, etc.

SACRAMENTO VETERANS CENTER **566-7430**
1111 Howe Ave Ste. 390
8:00am to 4:30pm Monday-Friday. In an effort to better serve the
veteran and family members, upon request Vet Centers will provide
services after normal work hours and/or on weekends.

NATIONAL CALL CENTER FOR HOMELESS VETERANS
24/7 Hotline **877-424-3838**

SACRAMENTO VETERANS RESOURCE CENTER **393-8387**
7270 E. Southgate Drive
Homeless prevention, rehousing, employment & training program,
transitional housing, behavioral health treatment, nutrition services,
case management, permanent supportive housing

VETERANS CRISIS LINE **800-273-8255 (PRESS 1)**
(www.veteranscrisisline.net)

VETERANS RESOURCE STATION
Central Library – 828 I Street 264-2920
Southgate Library – 6132 66th Ave 264-2920

EMPLOYMENT

**MATURE EDGE JOB READINESS PROGRAM, AGENCY ON
AGING / AREA 4** **486-1876**
1401 El Camino Ave. 4th Floor – Free and open to ages 60+ residing in
Sacramento, Placer, Yolo, Nevada, Sierra, Sutter or Yuba County;
helps prepare for job search, computer skills, resume

**EMPLOYMENT PLUS, DEVELOPMENTAL DISABILITIES SERVICE
ORGANIZATION** **973-1966**
2331 St. Marks Way – Provides adults w/disabilities the opportunity
to experience independence, job training, employment, etc.

HOT MEALS

- GLORY BOUND MINISTRIES** 4527 Parker Ave. **452-7078**
Meals provided Sunday at 10 a.m. and 5 p.m., Friday at 6 p.m.
- LOAVES & FISHES** 1321 North C (at 12th) **446-0874**
For Meals: Mon-Fri 11:30 a.m. - 1 p.m., Sat & Sun 11 a.m. - 12:30 p.m.
(Tickets 7 a.m. - 12:30 p.m. at Friendship Park)
- ST. IGNATIUS LOYOLA PARISH** **482-9666 x217**
3235 Arden Way Meals served 6 p.m. – 7 p.m. on the 4th & 5th Wed.
of month
- ST. PHILOMENES** 2428 Bell St. (at El Camino) **481-6757**
Tues. 6 p.m. - 7 p.m. (Meal served in school gym at 2320 El Camino)
- WILLIAMS MEMORIAL COGIC** 4495 ML King Jr. Blvd **455-9201**
Food give-away every other Fri. 11 a.m.
- ST. VINCENT DePAUL** 503 Giuseppe Ct., Ste. 8 **781-3303**
Roseville Hot Meals: T, W, Th. & Sat. 12-1:30 pm/Sun. 2:30 pm- 4 pm
Clothing – Mon. – Fri., 11 a.m. – 3 p.m.
Food Locker Mon. – Fri., 9 a.m. – 11 a.m.
For Placer Co. Residents: T, W, Th, F, & Sat 9 a.m. - 11:30 a.m.
- UNION GOSPEL MISSION** **447-3268**
400 Bannon St. (North B St. at 12th)
Church Services 7:30 p.m. (required), dinner following. 7 days
Sunday Services 11 a.m., w/lunch following
- FIRST UNITED METHODIST CHURCH** 2100 J Street **446-5025**
Community breakfast last 2 Suns. of month at 8:30 a.m. Social Hall

DISABILITY SERVICES

- DISABILITY ACTION ADVOCATES**
(Call for info or an appt.) **838-7001**
Assistance w/ applying for Social Security Disability 1-(877) 322-1044
- DEPARTMENT OF REHABILITATION** **558-5300**
Call to ask for office closest to you.
Free services to help the disabled work and live independently

HOUSING

- SACRAMENTO SELF-HELP HOUSING** **341-0593**
Various locations - housing referrals & shared housing
- SACRAMENTO HOUSING & REDEVELOPMENT AGENCY** **444-9210**
801 12th St (www.SHRA.org)
- HOUSING WITH DIGNITY – LUTHERAN SERVICES** **453-2900**
4390 47th Ave – Provides housing to chronically homeless people who
are discharged from the hospital; Assisting homeless individuals with
severe/chronic health & mental health issues to obtain & retain housing
- MUTUAL HOUSING AT THE HIGHLANDS – LUTHERAN** **453-2900**
Low income families & chronically homeless individuals; very low income
individuals; people with extended periods of homelessness & struggled
with mental illness, HIV/AIDS, substance abuse, physical abuse, physical
disabilities, limited experience living independently.
- HOME AT LAST (NEXT MOVE)** **454-2120**
Must go through Sacramento Steps Forward
Chronically homeless older adults 55+ with disability
- STEP UP SACRAMENTO (NEXT MOVE)** **454-2120**
Permanent supportive housing to individuals & families including
veterans, transitional age foster youth, & seniors 55+
- PARK PLACE SENIOR LIVING** **436-8560**
1230 N Street – Subsidized senior housing program; HUD-income based
rent
- JACKEY CARE’S HOUSING** **641-1641**
2447 Boxwood St – Supportive housing, serves veterans, seniors, victims
of violent crimes & people with development disabilities,
physically/mentally challenged, economically disadvantaged or homeless
- QUINN COTTAGES** Intake **492-9065 x2386**
1500 North A St
Single women/men, Couple/parent with child; Must be homeless by
HUD guidelines – coming from streets/shelter/or place not for
habitation; Must have a documented disability

FOOD PROGRAMS

ALL SEASONS CAFÉ (MEALS ON WHEELS) 444-9533
Call to find out where they service (www.mowcas.org)

WELLSPRING WOMEN'S CENTER 454-9688
3414 Fourth Ave (www.wellspringwomen.org)

FOOD BANKS / FREE CLOTHING

CENTRAL DOWNTOWN FOOD BASKET 1701 L St. 761-5624
St. John's Lutheran Church at Goethe Hall
Groceries (95814 & 95816 zip) on Thurs. only, 9 a.m.

RIVER CITY FOOD BANK 1800 – 28th St. (at R St.) 446-2627
M-F 11:30 a.m. – 3 p.m. Once every calendar month distribution &
CalFresh application assist. ID required for all family members; Medi-
Cal cards best.

OAK PARK COMMUNITY CENTER 808-6151
3425 Martin Luther King Jr
Food distributions: 4th Tues & 4th Thurs from 11:00 a.m. to 12 p.m.

SACRAMENTO FOOD BANK & FAMILY SERVICES 456-1980
3333 Third Ave.
Call for more info. **Food Hotline: (916) 313-7606**

SIERRA ARDEN FOOD CLOSET 890 Morse Ave 483-1942
T-F 10 a.m. - 11:45 a.m. (Zips 95825 & 95864)

NORTHMINSTER PRESBYTERIAN 487-5192
3235 Pope Ave
Food distribution: 2nd Wednesday from 10 a.m. to 12 p.m.

VISIONS UNLIMITED 394-0800
6833 Stockton Blvd #485
Food distribution: 2nd Thurs & 2nd Fri at 10 a.m.

(FOOD BANKS / FREE CLOTHING CONTINUED)

1ST CHURCH OF NAZERENE 452-6171
1820 – 28th St. (28th and S St.)
Donations Accepted – Tues. 10 a.m. – 1 p.m.
Clothes Closet - Thurs. 10 a.m. – 1 p.m.

CAP. CITY SEVENTH DAY ADVENTIST CHURCH 381-5353
6701 Lemon Hill Dr.
Food & Clothing - Every Monday from 10 a.m. – 1 p.m.

SERNA VILLAGE 5836 Dudley Blvd, McClellan Park, CA 95652
Emergency Food Boxes call (916) 470-0408 for information

SOUTHPOINTE CHRISTIAN CENTER 504-3370
7520 Stockton Blvd.
Last three Mondays of the month from 7:30 a.m. – 10 a.m.

SENIOR AND ADULT SERVICES 874-9598
3701 Branch Center Road - Times and dates vary

CARMICHAEL FOOD CLOSET 483-9232
5645 Marconi Ave Carmichael, CA 95608
Serves 95608, 95610, 95621, 95628, 95821, 95841, 95825, 95864.
Must call between 10:00 a.m. and 12:00 noon to request food &
bring 2 of the following forms of identification: Social Security Card,
EBT Card, proof of your name and current address, photo
identification.

CENTRAL DOWNTOWN FOOD BASKET 761-5624
Atonement Lutheran Church - 9242 Kiefer Blvd.
Fremont Presbyterian Church – 5770 Carlson Drive
St. John's Lutheran Church – 1701 L Street

CATHEDRAL OF PRAISE WORSHIP CENTER FOOD BAG PROGRAM
2875 Meadowview Rd. 568-7606

HART'S HEALTHY PANTRY, HART SENIOR CENTER 808-5462
915 27th Street

SEVENTH-DAY ADVENTIST CHURCH 428-3027
2299 Meadowview Rd.
Every 1st and 3rd Wed of every month, 9:30 a.m. until food runs out.
Feeding the Homeless - Every 2nd and last Sunday of every month.