

Trauma-Focused Cognitive Behavioral Therapy 2-Day Training
Conducted by certified trainer Alison Hendricks, LCSW

Another Choice Another Chance

March 2nd & 3rd, 2016

Wednesday 9:00 am – 5:00 pm & Thursday 9:00 am to 5:00 pm

Location: 75 Quinta Court, Suite D Sacramento CA 95823

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is a short term, evidence-based treatment model for children ages 3-18 who have been impacted by trauma and their caregivers. TF-CBT has been shown to significantly reduce children's post-traumatic stress and other trauma reactions as well as increasing caregivers' ability to support children in their recovery.

Objectives for the initial 2-day TF-CBT training:

1. Learn about TF-CBT as an evidence-based model to treat children exposed to trauma
2. Identify appropriate cases for TF-CBT using trauma screening and assessment tools
3. Learn how to implement the TF-CBT PRACTICE skills (Psychoeducation and Parenting Skills, Relaxation, Affect Expression and Modulation, Cognitive Coping and Processing, Trauma Narrative Development and Processing, In Vivo Mastery of Trauma Reminders, Conjoint Child-Parent Sessions, and Enhancing Future Safety and Development)
4. Identify cultural and developmental factors that influence treatment
5. Identify symptoms of secondary traumatic stress (STS) and strategies to address STS.

Alison Hendricks, LCSW, is a trainer and consultant who specializes in Trauma-Focused Cognitive Behavioral Therapy and trauma-informed systems. She is a National Trainer for Trauma-Focused Cognitive Behavioral Therapy and the *Child Welfare Trauma Training Toolkit*, a product of the National Child Traumatic Stress Network (NCTSN). Alison is an Affiliate Member of the (NCTSN). She provides training and consultation on TF-CBT and trauma-informed care to programs across the country and was the lead author on two workbooks on TF-CBT, one for children and one for adolescents. She also specializes in Culturally Modified TF-CBT, with a focus on Latino children and families.

Alison has extensive experience working with children and families affected by trauma in San Diego, New York City, and Honduras. She has provided trauma-informed treatment, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Parent-Child Interaction Therapy (PCIT), to a diverse group of children and families. She has presented at numerous conferences and has published several journal articles on a wide variety of topics related to childhood trauma.

Email: ahendricksconsulting@gmail.com Phone: (619)549-7958

Website: www.ahendricksconsulting.com

Registration for TF-CBT Training
March 2nd & 3rd, 2016

Location: 75 Quinta Court, Suite D Sacramento CA 95823

First Name	Last Name
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Agency

Street Address

City	State	Zip
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Phone No.	Email
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Job Title	License Type/No.
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Please send Registration Form to: Vernica Thompson
7000 Franklin Blvd, Suite #635
Sacramento CA, 95823
Fax: (916) 388-9273

Deadline to register: Friday, February 26, 2016
Registration cost: \$350
Late Registration: \$400
Make checks payable to: Another Choice Another Chance
CEUs will be Provided

Upon receipt of payment, confirmation will be sent.
**Discount pricing available for sending 5+ staff members
Please contact Vernica Thompson for any questions at ythompson@acacsac.org or (916) 388-9418 Ext. 2101.

It is recommended that participants complete the **FREE** web-based TF-CBT training at <http://tfcbt.musc.edu> prior to the training. A certificate of completion is available to print at the conclusion of the web-based training.

Disclaimer: Completion of this 2-day TF-CBT training does not result in certification or establish competency in TF-CBT. Further training, case consultation and supervision is needed for successful implementation of TF-CB and certification.