

A workshop for Community Members

October 16, 2015 9am-3pm

Beyond Trauma:

Building a Resilient Sacramento

We look forward to seeing you in Sacramento for an exciting, educational and inspiring workshop that will provide knowledge and strategies on implementing trauma informed practices.

SPEAKERS include **Jane Stevens**, ACEs Too High and Aces Connection Network

SCHEDULE

9:00 - 10:10am **Welcome and Opening Plenary** - Jane Stevens

10:10 - 10:30am Coffee / Tea Break

10:30 - 12:00pm **Break out sessions** organized by lifecourse.

Participants to choose one from options below:

Pre-natal and Early Infancy:

- Tracy Fauver, Yolo CASA
- Dr. Matt Pantell, UC San Francisco
- Dr. Mary Beth Steinfeld, UC Davis
- Anna Sutton, Yolo HHSA

Youth & Adolescents:

- Karleen Jakowski, CommuniCare Health Centers
- Susan Jones, Sacramento Trauma Informed Schools
- Stephanie Medley, RYSE
- TBD, Youth Alive

Adults:

- Carolyn Curtis, California Healthy Marriages Coalition
- Ellen Goldstein, UC Davis School of Nursing
- Dr. Andres F. Sciolla, UC Davis Medical Center

Adults and Adolescents:

- Alternatives to Violence Program

12:00 - 1:00pm **Facilitated Networking Lunch** (lunch included in registration)

1:00 - 3:00pm **Sacramento Trauma-informed and Resiliency Building efforts. A moderated conversation with:**

Sacramento Prevention Intervention, Pastor Les Simmons, the Health Education Council, WellSpace, Cops & Clergy, Sacramento Area Congregations Together, California Youth Connection, Encina High School (SJUSD), Sacramento Minority Youth Violence Collective.

WHEN + WHERE

Date October 16, 2015

Registration 8:00am-9:00am

Workshop Time 9:00am-3:00pm

Location Meristem, 9200 Fair Oaks Blvd
Fair Oaks, CA 95628

Registration Fee \$99 (Friday film ticket included)

Register at: www.ResilientSac.org

7pm Paper Tigers

Film Screening and Q&A
at the Crest Theater
1013 K Street, Sacramento



Paper Tigers is an intimate look into the lives of selected students at Lincoln High School, an alternative school that specializes in educating traumatized youth. Set amidst the struggling rural community of Walla Walla, WA, the film intimately examines the inspiring promise of Trauma Informed Communities - a movement that is showing great promise in healing youth struggling with the dark legacy of Adverse Childhood Experiences (ACEs).