

# RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

## *Film Screening and Conversation*

Thursday, March 11, 2021

To register go to:

6:30pm - 8:30pm

[www.fosterluv.com/webinars](http://www.fosterluv.com/webinars)

Drive-in Conference Banquet

Toxic stress can damage the brains and bodies of children, putting them at a greater risk for disease, and other poor life outcomes. *Resilience* shows what communities are doing to protect children from the effects of toxic stress using cutting-edge science and field-tested therapies.

Learn the steps we can all take to build resilience in our families and communities so that our children have the skills to thrive, adapt and cope despite tough and stressful times.

*This no cost screening is brought to you by*



Foster Kinship Care Education Program-Solano College

Children's  
Network  
of Solano County

