

SIERRA NEVADA LEARNING COMMUNITY

Promoting Resilience using a Trauma-Informed Approach, Highlighting Evidence-based Behavioral Health Programs In Rural Communities



STRATEGIES 2.0

Mission

Strategies 2.0 is a catalyst for the professional skills, organizational structure, and community relationships necessary to mitigate the risk factors for child abuse and neglect, and to promote child, family, and community well-being.







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STRATEGIESCA.ORG ✓ Register for free: Trainings Webinars ■ Learning Community convenings ✓ Request a group training (20+) ✓ Visit our Resources page find Building Community Resilience, Volume I; Knowledge to Action Briefs; and, partner and external ✓ Subscribe to the <u>Strategies 2.0 YouTube Channel</u> Strategies 2.0 THANKS TO OUR FUNDER Strategies 2.0 SOCIAL MEDIA Post on social media using: #SierraLC #Building Resilience Series

#Strategies2.0

OUR LEARNING COMMUNITY ENVIRONMENT

- ✓ Start and End on Time
- ✓ Participate
- ✓ Limit sidebar conversations
- √ Silence cell phones/electronics
- ✓ Practice self care

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LEARNING COMMUNITIES



Handout # 1

Learning Communities increase

- Cross-sector partnerships
- Organizational capacity to solve pressing problems

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THIS IS YOUR LEARNING COMMUNITY!

Together we will provide a forum for representatives from programs and services throughout the Sierra Nevada Region to learn and share strategies for enhancing child and family well-being.

Handout #2 Evaluation

SIERRA REGION GOALS FOR THE 18-19 FISCAL YEAR Develop a common understanding of successful approaches to building family, agency and community resilience. Establish a knowledge base of evidence-based tools and interventions to build resilient families, agencies and communities. Strategies 2.0 Handout #2 Evaluation **PLANNING FOR SFY 19-20** Ideas based on evaluations; and. ▶ Issues identified in prior networking sessions. Add your own today! Handout #4 Potential Topics Strategies 2.0 REFLECTIONS ON THIS YEAR.. Resilience Series Incorporated: Trauma Informed Systems Approach

Cultural Competence

Self-Care

Resources identified:

ACES Connection Communities

Rural Information Hub

Child Abuse Prevention Month

Non-Traditional Partners & Champions Evidence Based Interventions

OBJECTIVES FOR TODAY

- Explore specific evidence-based programs utilized in a variety of behavioral health settings, including youth serving programs.
- Spark local initiative to develop behavioral health programs that effectively build resilience in rural communities.
- Identify opportunities to incorporate evidence-based program components into local behavioral health systems.
- Work together to develop a list of possible topics/series for the coming year.

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FLOW FOR THE DAY

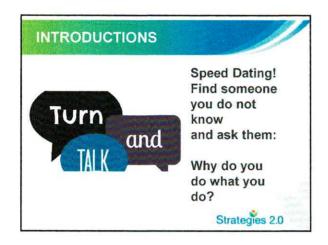
- I. Registration, Welcome, Update on Strategies 2.0 Activities, and Introductions
- Let's learn! Presentations from Carly E. McCord, Ph.D.; Kim Catanzano; and, Doty Shepard
- III. Time to Network with Your Peers
- IV. Evaluations and Adjourn

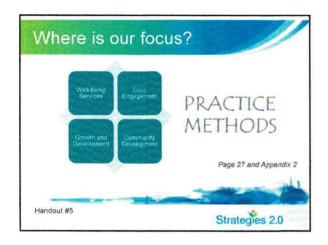
Handout #3 - Agenda

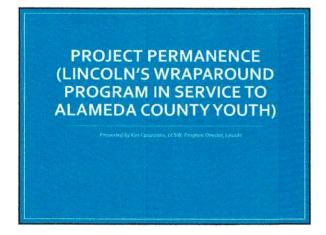
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1. Jackson (hub) 2. Loyalton 3. Markleeville 4. Bishop 5. Online

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Agenda

- Overview of Wraparound Program at Lincoln, Project Permanence
- · Review outcomes and data

Lincoln and Project Permanence

Project Permanence is Lincoln's Wraparound Program serving youth referred by Alameda Juvenile Justice and Child and Family Services.

We utilize the wraparound principals to guide our work with families

- · Family Voice and Choice
- Team Based
- Community Based
- Collaboration
- Strengths Based
- Individualized
- Natural supports
- Outcomes

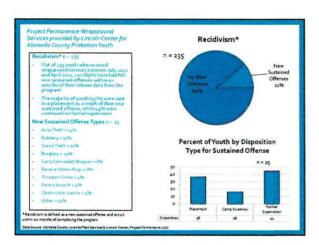
Alameda County Child Welfare Outcomes

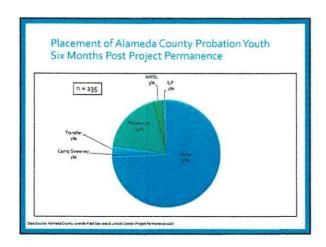
Seventy-eight percent of youth remained in the home six months after they left Lincoln's Project Permanence program.

Outcome Indicators for Lincoln's Project Permanence Probation Contract

The following outcome indicators are currently included in Lincoln Center's contract with Alameda County Probation Department as measured by Probation arrest and placement data:

- 70 percent of youth shall have no new sustained arrests during the time of treatment to be reviewed at discharge and six months post-discharge.
- 70 percent of youth will be living at home or a home-like setting in the community and not in congregate care at any time within six months of discharge.





WRAPAROUND FILM

HTTPS://WWW.YOUTUBE.COM/WATCH? V=1KAG_DXQX3S&FEATURE=YOUTU.BE

QUESTIONS TO PONDER...

What issues or challenges are you facing in your family strengthening work?

How can the Sierra Learning Community help you to meet those challenges? What can you learn?



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REPORT OUT

Share the top 3 Challenges & Ideas for Learning Community Topics.



This will help to identify areas of mutual interest!

NEXT STEPS

All participants will receive an email with a link to a recording from today's Learning Community, as well as all the materials.

Look for a separate email with a link to an on-line survey to help further narrow down topics.

Please, take time to vote on the areas you would like us to focus on for next year!

THANK YOU	
Please complete your	evaluations.
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ft com/StrategiesCA	