## Services

- Focused attention and services provided to McKinney-Vento and Foster youth students, as well as families in poverty.
- Parent classes for selfefficacy, health, mental health, literacy, nutrition, and overall wellness.
- Basic and personal needs such as clothing, shoes, transportation, housing, and food assistance.
- Case Management: Outreach and follow-up to provide family support.
- Physical Wellness Services and referrals
- Referral for access to physicals, and dental. vision, immunization, and health insurance.
- Family engagement activities within our community.



## **Contact Us**



#### Phone

(951) 765-0004



#### Website

www.parentcenter.hemetusd.org



#### Email

info@hemetusd.org



#### Address

258 N Thompson St. Hemet CA 92543



#### Office Hours

Monday-Friday 7:30 a.m.- 4:30 p.m.



@HUSDParents



@HUSDParents



@HUSDParents

## **Community Partners**

The WCOC offers family support and physical and mental health services in partnership with local community agencies.

## HEMET UNIFIED SCHOOL DISTRICT



# WELLNESS AND COMMUNITY OUTREACH CENTER

"The mission of the Wellness and Community Outreach Center (WCOC) is to break barriers to learning, meet families where they are at, provide a direct/ indirect service, and connect families with needed resources within the community."

# **Mental Health**

Students and families have access to on-site mental health professionals, bridge services, therapy groups, family support, substance abuse counseling, crisis response, and risk assessment services, mental health education, and social work internships for college graduate students.

Services can be requested using the link below:





## Comunity Based Mental Health Referrals

Care Solace is a live 24 hours, 7 days a week concierge line that connects the Hemet USD community to mental health-related programs and counseling services. Contact Care Solace at (888) 515-0595 or use the link below:





# Family Support



The WCOC hosts a food pantry once a month. Families have access to shelf-stable items and fresh produce when available.



Families have access to gently used, washed clothes, thorugh the Lifeworks closet. Shoes are available upon request.



Self-serve laundry services are available to HUSD families (by appointment).



Backpacks and basic school supplies are available to HUSD students upon request.



Parent education classes are offered; the topics include: positive parenting, internet safety, nutrition, self-care and mental health awareness.



Family Engagement opportunities such as museum days, skating and movie nights are offered throughout the year.

## **Volunteer with us!**

We are seeking volunteers that can help with community events, sorting donations, and pantry distributions.

# **Physical Health**

Credentialed school nurses provide nursing education, vision, and hearing, and sitebased support.



Dental services provided include hygiene services to students with the goal to improve oral health.



Vision services provided include screening exams and glasses (if needed) to support students' eye health.



Medical services include immunizations and physicals through mobile clinics.

### At Home Health Services

Hazel Health is available free of cost to HUSD students at home. HUSD families can connect with a medical provider over live video. Create an account using the QR code below:



