

A resource by



**ACE
Resource
Network**



**WHAT IS THE STORY
OF YOUR NUMBER?**



NumberStory.org

The story of your number is the story of your ACE history.

ACEs are Adverse Childhood Experiences. Our ACE history counts experiences of abuse, neglect and household challenges that happened to us as children. But that number does not define us. It is simply an entry point to our own personal story.

Where it leads is up to you.

Join Resiliency in the Valley for a 4 part series as we explore the topic of Adverse Childhood Experiences (ACES) through the ACE Resource Network Number Story Campaign.

Given the proper tools & support we can overcome challenges

PART 1	MAY	Number Story - What are ACES
PART 2	JUNE	Why Should I Care About My Number Story
PART 3	JULY	Explore Your Number
PART 4	AUGUST	Take Action - Healing & Prevention

Check out our calendar for upcoming presentations online & in person.

<https://www.pacesconnection.com/g/resiliency-in-the-valley-ca/calendar>



Resiliency in the Valley

Vision: Having a trauma aware and sensitive community equipped to break the cycle of Adverse Child and Community Experiences.

Mission: Resiliency in the valley encourages empathy and connection among residents as a gateway for positive change. Transforming the narrative from, "What's Wrong with you?" to "What's Happened to you?" Bridging the gap between those that an help and those that need help by creating a more trauma aware and sensitive community through education and equipping individuals with the resources necessary to overcome trauma.

