

Arizona Trauma Informed Faith Community

The Faithful City

Rev. Sanghoon Yoo, MSW, MDiv.

July 21 , 2021

**Campaign for Trauma Informed
Policy and Practice**





Let's do a quick emotions check.

SANFORD
HARMONY

National University System

Enraged	Furious	Frustrated	Shocked	M	Surprised	Upbeat	Motivated	Ecstatic
Livid	Frightened	Nervous	Restless	O	Hyper	Cheerful	Inspired	Elated
Fuming	Apprehensive	Worried	Annoyed	O	Energized	Lively	Optimistic	Thrilled
Repulsed	Troubled	Uneasy	Peeved	D	Pleasant	Joyful	Proud	Blissful
M	O	O	D	M	E	T	E	R
Disgusted	Disappointed	Glum	Ashamed	E	Blessed	At Ease	Content	Fulfilled
Mortified	Alienated	Mopey	Apathetic	T	Humble	Secure	Chill	Grateful
Embarrassed	Excluded	Timid	Drained	E	Calm	Satisfied	Relaxed	Carefree
Alone	Down	Bored	Tired	R	Relieved	Restful	Tranquil	Serene

Centering Prayer

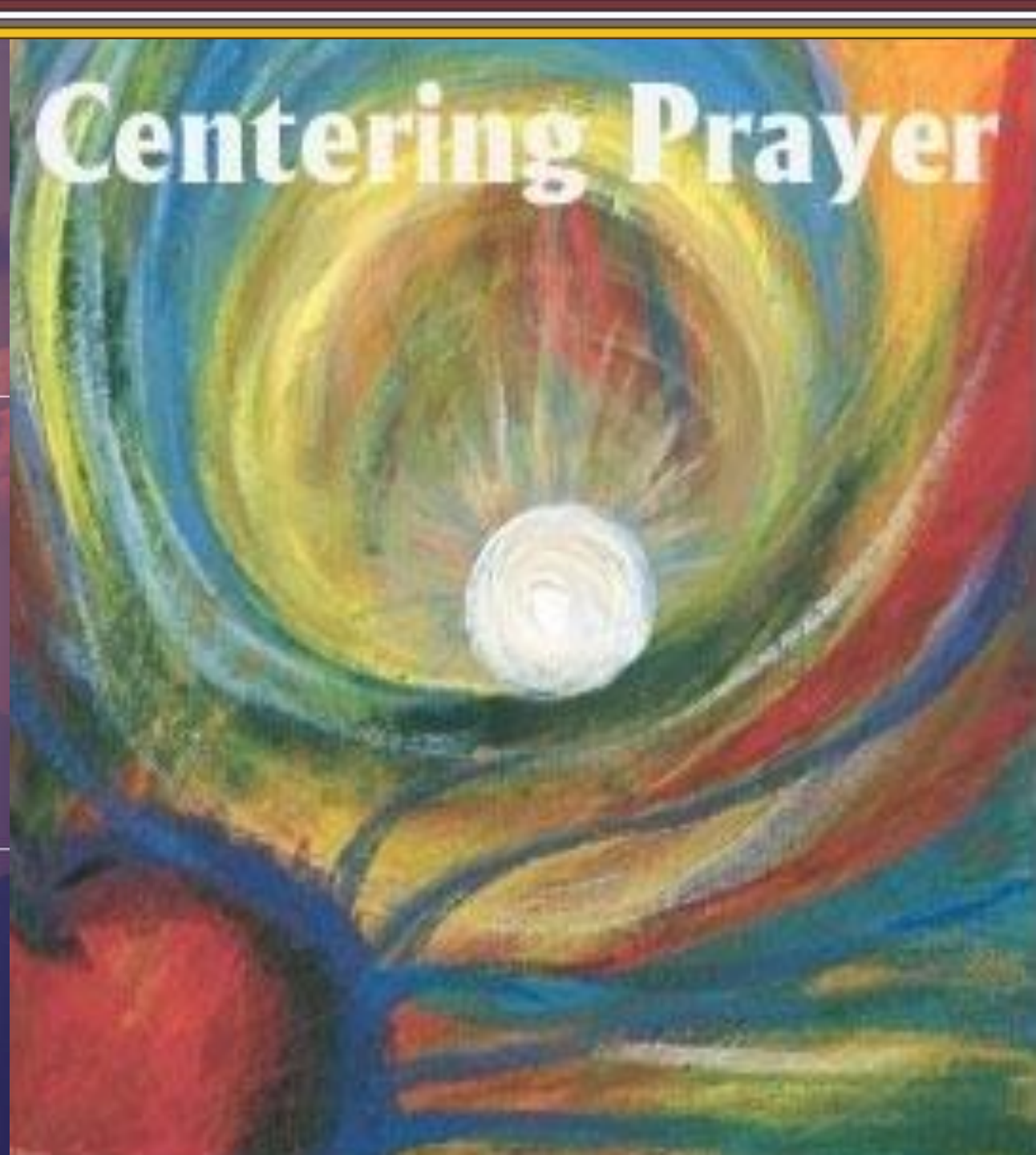
Breathe in

S L O W L Y

G E N T L Y

D E E P L Y

Breathe out



Today's Agenda

- **Welcome!**
- **Moment of Mindfulness**
- **Agenda**
- **Rev. Sanghoon Yoo's Story**
- **Why Faith Community in TIC Movement?**
- **AZTIFC (Arizona Trauma Informed Faith Community) Movement**
- **How to Connect to Faith Community**
- **Closure**

Rev. Sanghoon Yoo





“Founded as a Christian fellowship, **The Faithful City** is purposed for raising servant leaders with multi-cultural sensitivity and trauma-informed lifestyle to serve the global community with effective ministries.”



Crush Servant Leadership



PROCLAMATION

WHEREAS, From its beginnings, Faithful City was founded to be more than a campus ministry. Faithful City not only served young people around the world at Arizona State University, but the organization has also been a valuable service partner to the Tempe community at large; and,

WHEREAS, Faithful City has maintained their strong values in service by working with Tempe Fire Medical Rescue and Tempe Police Department for emergency preparedness. Faithful City is also leading the trauma informed care and community building movement by working with the Governor's Office of Youth, Faith and Family and the Adverse Childhood Experiences Consortium; and,

WHEREAS, There is no better example of their commitment to service than when Faithful City partnered with the City of Tempe and Hudson Manor Neighborhood Association in 2010 for the inaugural adopt-a-park program; and,

WHEREAS, Faithful City has been a model for the adopt-a-park program scheduling regular clean ups, tree plantings and other beautification efforts for the sixty year old Hudson Park; and,

WHEREAS, Today we are here to celebrate the ten year anniversary of dedication to this park; and,

WHEREAS, It is not without the leadership of Founder of Faithful City, Reverend Sanghoon Yoo and Hudson Manor Neighborhood Chair, Philip Amorosi that have led to this success over the duration of time that has inspired so many volunteers and residents to contribute to their neighborhood and community; and,

WHEREAS, Today, we embrace the Faithful City motto of "Gather to Love, Scatter to Serve" in honor of celebrating the 10th Anniversary of a successful Hudson Park Adoption by Faithful City Church.

NOW, THEREFORE, I, Corey D. Woods, Mayor of the City of Tempe, Arizona, do hereby declare:

November 7, 2020

as

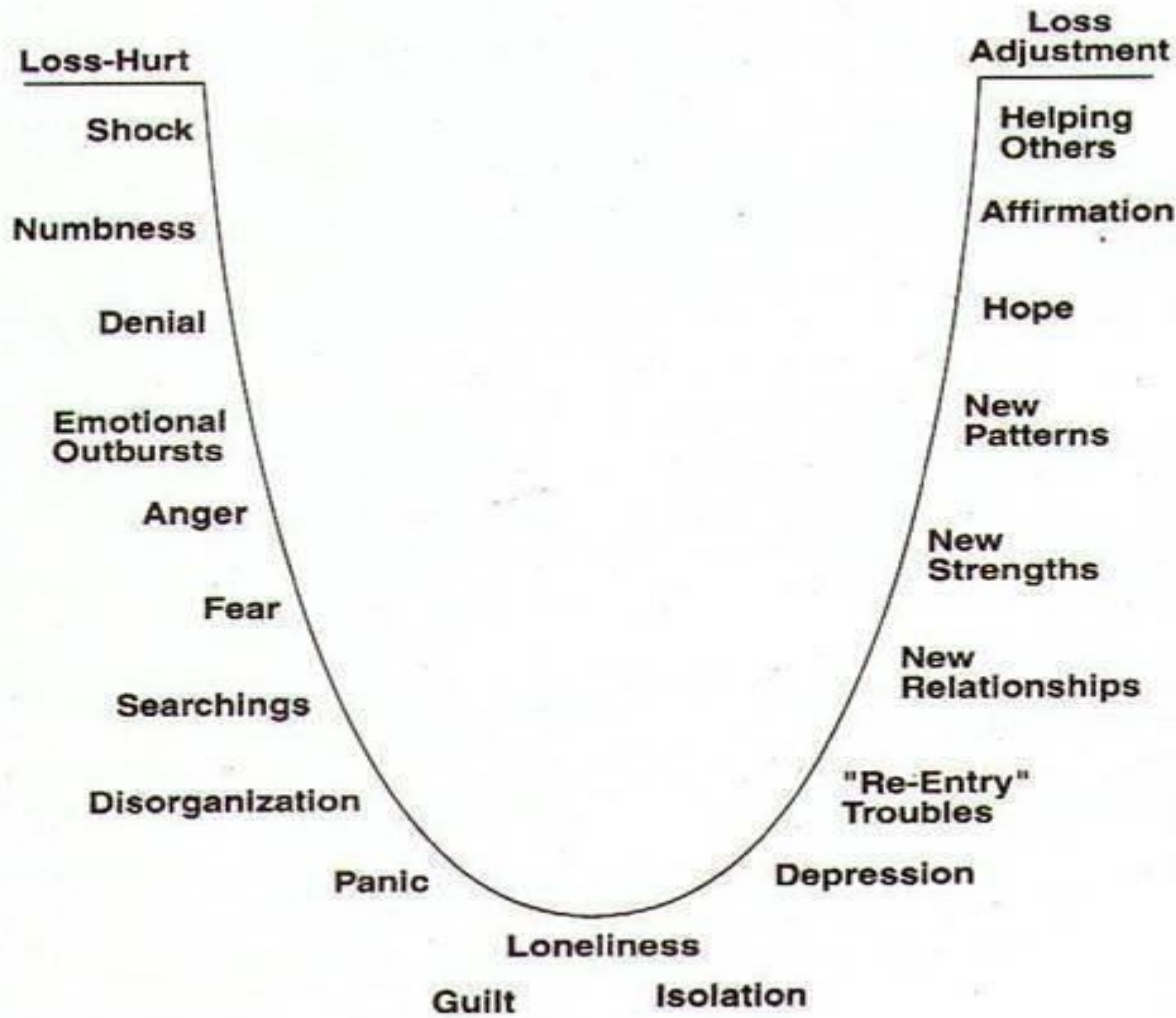
**Hudson Park 10th Anniversary of Service
in Tempe, Arizona**

IN WITNESS WHEREOF,
I hereunto set my hand this 7th day
of November, Two Thousand and
Twenty.

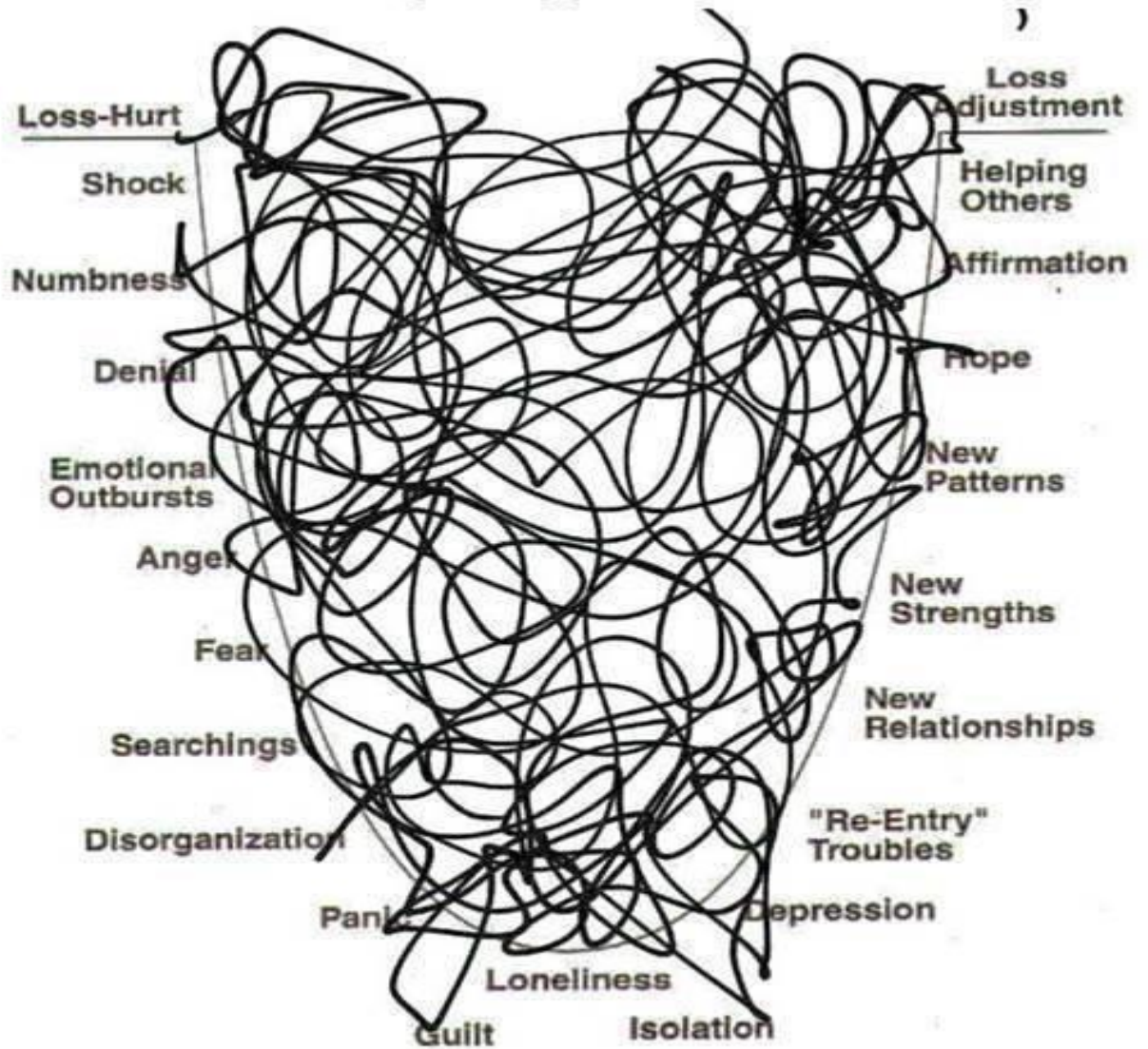
Mayor, Corey D. Woods



STAGES OF GRIEF



My experience



TiCong Community of Practice



Welcome to the TiCong (aka Building Resilient Communities thru Trauma-Informed Congregations Community of Practice)!

Arizona ACEs Consortium

www.azaces.org





Integrating Science and Faith to Build the Resilient Community



Why Faith Community in TIC Community?

Unconditional Love

One person with constant care



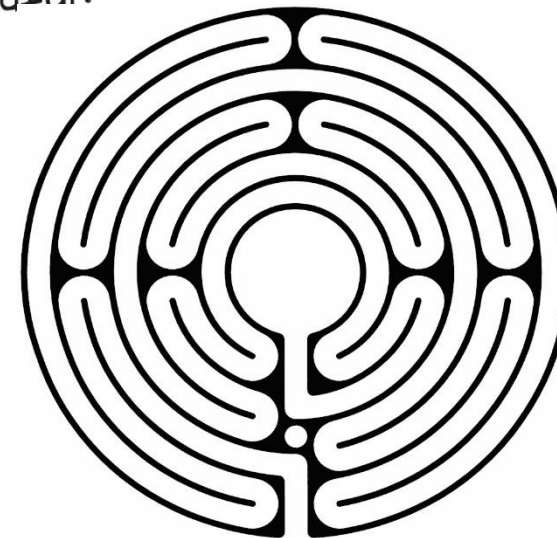
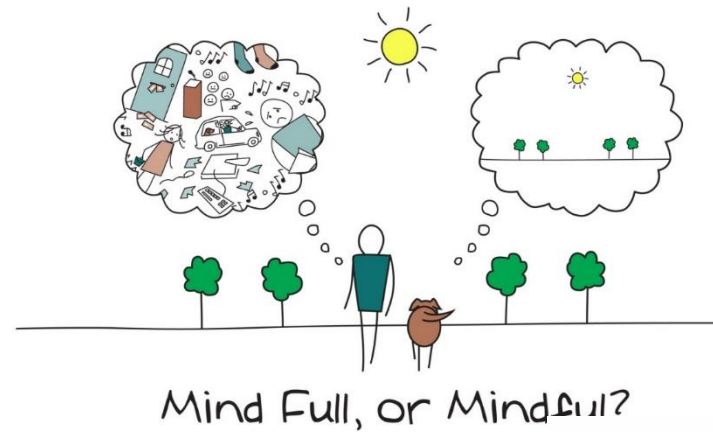
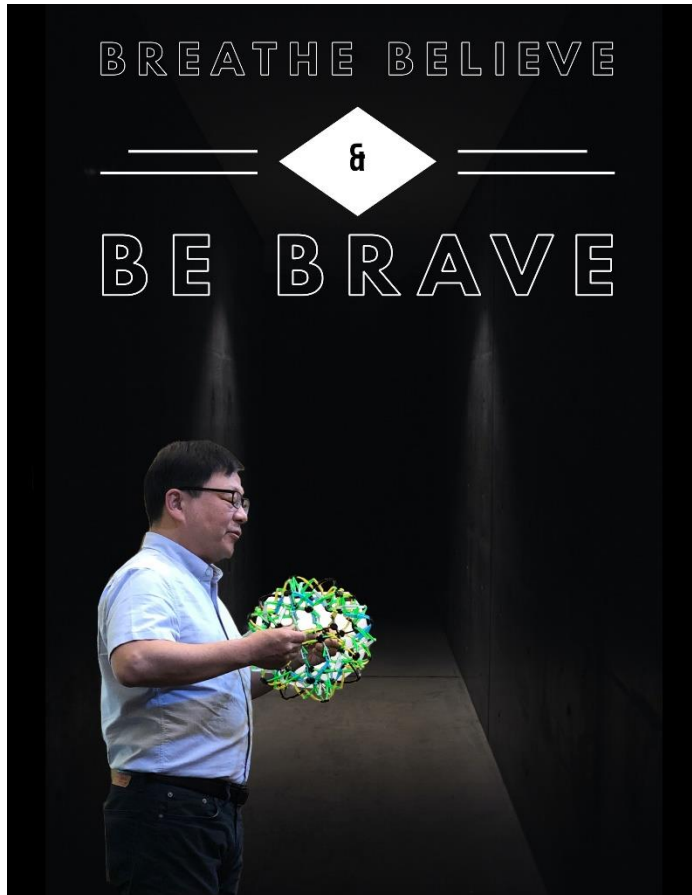
Why Faith Community in TIC Community?

- 1 Relationships with diverse communities
- 2 Long-term support and relationships
- 3 Access to programs, activities and safety resources

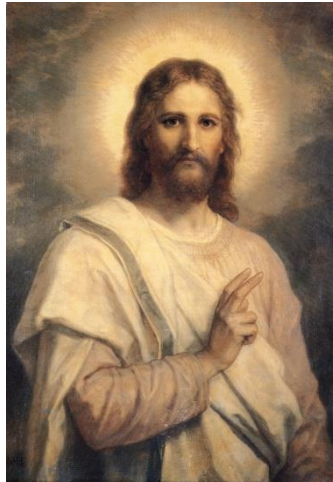


Why Faith Community in TIC Community?

Mindfulness Movement

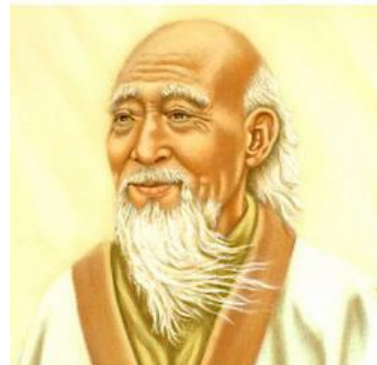


修身齊家治國平天下



Matthew 7:5 (ESV) – “You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother’s eye.”

سلام
PEACE



*“Be totally empty,
embrace the tranquility of peace.
Watch the workings of all creation,
observe how endings become beginnings.”*

Why Faith Community in TIC Community?

Resilience

Posttraumatic Growth

HE
WHO
HAS
A
WHY
TO
LIVE
CAN
BEAR
ALMOST
ANY
HOW

Nietzsche

Affirming Belief or Cultural Traditions

Building Identity & Affirmation



Arizona Trauma Informed Faith Community (AZTIFC)

AZTIFC Mission: Building resilient faith-based organizations as trauma informed community to facilitate sensitive care, training, resource sharing, advocacy and social movement, not compromising own faith tradition but multiplying collaboration in the community for the greater good.

AZTIFC – Tracks, Organizations & Regional Leadership Development



AZTIFC

More info:

Rev. Sanghoon Yoo
thefaithfulcity@gmail.com

**Resilient
Church
Conference**

**2022
February 11**

**RESILIENT CHURCH
KEYNOTE SPEAKERS**

 Brenda Cochran Pureheart Church	 Sanghoon Yoo The Faithful City	 Lee Ploske The Crossroads	 Dan Steffen Pureheart Church	 Aubrey Barnwell First New Life Church	
 Charity Northan Faith Solutions to Mental Health	 Dr. Robert Rhoton Arizona Trauma Institute	 Becky Haas Ballad Health Care, TN	 Andrea Clements Eastern Tennessee State University	 Marcia Stanton Phoenix Children's Hospital	 Maria Cristina Fuentes Director, Governor's Office of Youth, Faith and Family

**Speakers from the
previous
conference**



Arizona Trauma Informed Faith Community

AZTIFC Regions

- Founder: Sanghoon Yoo, thefaithfulcity@gmail.com
- Phoenix West: Brenda Cochran, bcochran@pureheart.org
- Phoenix East: Dave Beach, dbeach@ascend.church
- South Central Phoenix: Jaylynn Smith, judahshall@aol.com
Katrina Harrell, katrina.harrell28@gmail.com
- North Central Phoenix: Kathleen Welcher, Kathleen@fccphx.com
- Phoenix North: Dawn Farmer, dawn@dsbc.church
- Tucson: Robin Blumenthal, robin@4tucson.com



Arizona Trauma Informed Faith Community

AZTIFC Track Development

- ACE 101 and Trauma Informed Community Building
- Addiction and Recovery
- Children and Family
- Clinical Service and Whole Person Healing
- Historical Trauma and Cultural Competence
- Court System and First Responders
- Human Trafficking and Abuse
- Mental Illness - Peer and Family Support
- Pastoral Care and Chaplaincy
- Refugees and Migration
- Spiritual Formation and Mindfulness
- Veterans and Moral Injury
- Seriously Mentally Ill and Advocacy

Arizona ACEs Consortium

www.azaces.org

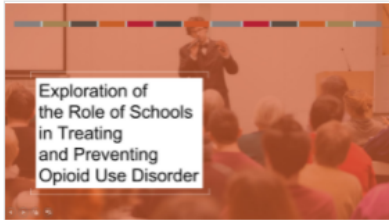


[HOME](#) [ABOUT US](#) [ABOUT ACES](#) [GET INVOLVED](#) [MEETINGS](#) [CONTACT](#)

The Arizona Adverse Childhood Experiences Consortium

promotes a greater understanding of the impacts of toxic stress and trauma, and supports efforts to address and prevent them.





Exploration of the Role of Schools in Treating and Preventing Opioid Use Disorder

To create an understanding of the role that schools can play in educating communities about substance use and helping young people with substance use disorder access treatment.

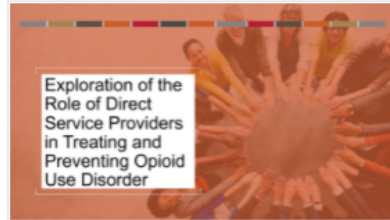
[Start Course](#)



Exploration of the Role of Faith Based Organizations in Treating and Preventing Opioid Use Disorder

To create an understanding of ways that local churches, synagogues, temples, and other faith-based organizations can be engaged to prevent and treat substance use disorder.

[Start Course](#)



Exploration of the Role of Direct Service Providers in Treating and Preventing Opioid Use Disorder

To create an understanding of ways that direct service providers can be engaged to prevent and treat opioid use disorder.

[Start Course](#)



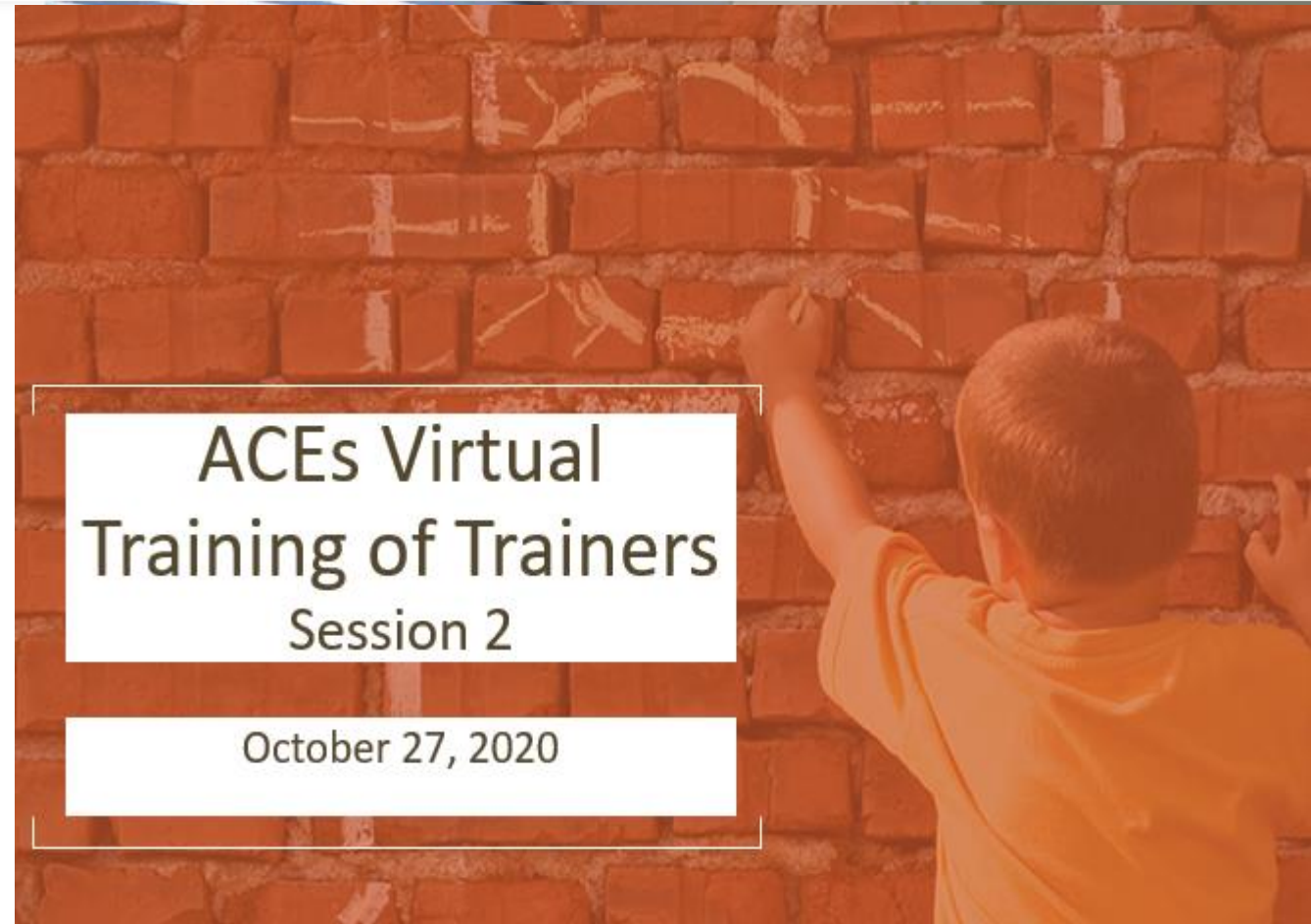
The Arizona ACEs Consortium aims to:

- Develop a community of Certified ACEs trainers across the state; and
- Provide trainings to spread the awareness of ACEs, toxic stress and resilience.

Become a Certified ACEs Trainer

The ACEs Consortium is growing its community of certified ACEs trainers. Our goal is to develop a community of certified ACEs trainers that can implement a training portfolio that is flexible to meet the needs of a variety of audiences. Our goal is to expand the number of community members, professionals, organizations and government officials in Arizona who are knowledgeable and are ready to take action on the following areas:

- The ACEs study nationally and in Arizona;
- The short-term and long-term impact of trauma along the age continuum from children to adults;
- Strategies to build protective factors within individuals and communities as part of primary prevention efforts;
- Resilience and trauma-informed care strategies, skills, and resources to support those who have experienced adversity/trauma.



ACEs Virtual Training of Trainers Session 2

October 27, 2020



SPIRITUAL FORMATION SOCIETY of ARIZONA

23 **Day of Prayer for SFSAZ**
January 13, 8am-8pm
 In this day of prayer for the ministry of the SFSAZ, we'll gather virtually to pray for those to whom we are ministering as well as the events, 2019 emphasis, and vision of the Society. Coming soon – you'll be able to sign up for a 30 minute time slot as we seek to have at least a couple of people praying for the whole day. A webpage will be set up with prayers, ideas for prayer, and a place to record your own prayer for the SFSAZ.

SD & Trauma-Informed Care
Saturday, February 23
 In partnership with Trauma Informed Faith Community of Arizona, we are offering a day for Spiritual Directors to learn about trauma, prayer through how this affects direction, and fellowship with other directors. More details coming soon.

Ash Wednesday Service
Wednesday, March 6
 Come and gather with others across the community for an inter-denominational community worship service. In partnership with St George's Anglican, Bethany Bible Church and others, we offer this service as an opportunity to start the Lenten season together as we reflect on the kindness of God that leads us to repentance.

Online Lenten weeks of Marc
 Join a group of for 6 weeks to study with a trail registration info

Soul Care Di
Releasing in
Saturday, April
 Spend the day through the eve release and be exercises and accompany spa our Lord is lead Location and re early 2019.

Monthly, On
Pastors' Forma
 We meet over lunch nurturing of our so Please RSVP to Te you'd like to attend

Spiritual Direct
 We have several Pi started, including a recommendations trained supervisor as an SD.

Contact Information:



SPIRITUAL FORMATION SOCIETY of Arizona



THE FAITHFUL CITY



AZTIFC



SPIRITUAL FORMATION SOCIETY of ARIZONA

SFSAZ

spiritual formation & create safe learners and experience and grow Trinity.

spiritual directors gathering

JULY 10, 2021
 8:30A-12P

RESET





Trauma-Informed Navigator Training for Faith-Based Organization Members

by the **Arizona Coalition for Military Families (ACMF)**
and the **Arizona Trauma-Informed Faith Community (AZTIFC)**

A COALITION FOR MILITARY FAMILIES

TH

ANNUAL STATE SYMPOSIUM

IN SUPPORT OF SERVICE MEMBERS VETERANS & THEIR FAMILIES

April 17&18, 2019 ■ Phoenix, Ariz





Trauma Informed Community

The Third Training

Rev. Sanghoon Yoo, MSW, MDiv.

March 11, 2019
Hope Women's Center
Phoenix, Arizona





12 SECTORS OF ENGAGEMENT





5th Annual ACEs Summit:
Becoming a Trauma Informed State
*Overcoming Adverse Childhood Experiences
to Create a Healthier Arizona*



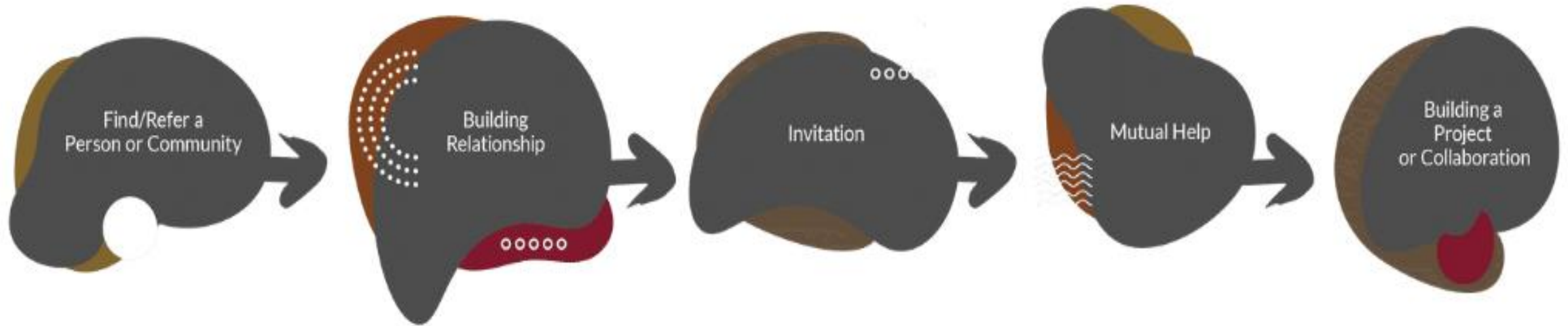


**HOPE
LOVE
HEAL
REPEAT**





How to Connect to Faith Community?



How to Connect to Faith Community?

DO

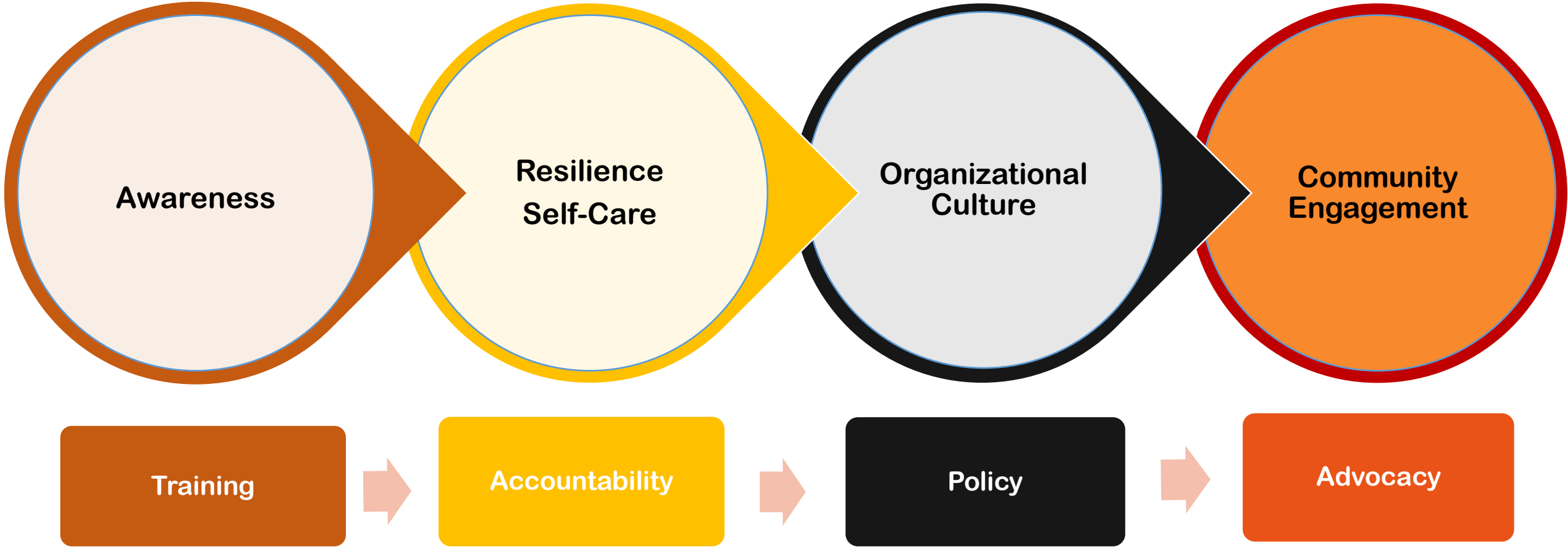
- Take a long enough time to build a relationship with trust.
- Listen to the faith community to know them better.
- Give away available resources and references to support them.

DON'T

- Hurry to make huge progress in building a relationship and developing interests.
- Bring your own theology or faith tradition to persuade the community.
- Give the impression that you just want to use their resources.



TFC Trauma Informed Community Journey



The Lord is near to
the brokenhearted
and saves the
crushed in spirit.
Psalms 34:18



Arizona Trauma Informed Faith Community

The Faithful City

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