

RAISING RESILIENT OKLAHOMANS BY THE NUMBERS

Vision: To build community engagement and capacity enabling all children and families to reach their full potential

Resilience: The Biology of Stress & the Science of Hope Documentary Screenings

Since October, 2017, facilitated 324 screenings of this documentary viewed by 19,251 Oklahomans increasing awareness of the impact of Adverse Childhood Experiences (ACEs) on our state and the power of positive, protective experiences in mitigating the negative impact of ACEs. As of 7/31/22, held 68 screenings this year viewed by 2,973 Oklahomans.

NEAR Science - Beyond ACEs

Neurobiology, Epigenetics, ACEs Study, & Resilience: Community Resilience Trainers have presented NEAR Science 107 times since 7/31/22 to 4,558 individuals including staff at 3 state agencies. As of 7/31/22, a total of 194 hours of free training at a value of well over \$1.1m. These individuals have chosen to take a deeper dive into the brain-body science connection and to work within their organizations and/or communities to foster resilience.

ACE Interface Mentor Training

Sponsored 31 Mentor Trainers (Community Resilience Trainers) in March, 2021 to present NEAR Science - Beyond ACEs curriculum across the state. This curriculum, developed by Laura Porter and Dr. Rob Anda is research/science-based and has been reviewed and approved by key researchers in this field. Oklahoma is one of over 30 states implementing NEAR Science training.

Self-Healing Communities Network

In 2019, sponsored training for 180 individuals from 21 communities to learn from Laura Porter the Self-Healing Communities (SHC) framework for cross-sector community capacity building. Host a monthly meeting of the Raising Resilient Oklahomans SHC network to foster learning and engagement from like-minded leaders. This professional learning community continues to grow.

Community Resilience Presenters

As a train the trainer program, over the next year, one or more cohorts of presenters will be trained in the NEAR Science Core Curriculum to further spread this important information deeper into our communities to help build capacity for healing.

For more information contact Linda Manaugh,
lmanaugh@pottsfamilyfoundation.org
and join our virtual community at:
www.pacesconnection.com/g/raising-resilient-oklahomans

THE IMPACT

Read the comments and testimonials from participants and trainers

"So get this, we just showed the Resilience film today and the overarching message today from our 10 new Soldiers was that they wished they had a Miss Kendra when they were young. Soooo.... we had them take the ACEs/PACEs sheets, then to imagine them as their younger selves and WRITE MISS KENDRA! NO one balked and everyone eagerly did it." ~ Dr. Parisa Montazeri

"Everyone needs to hear this information."
~ Multiple Sources

"Thank goodness others are actually acknowledging and talking about things I've felt over my lifetime of 66 years. It's a felt sense of acceptance." ~ Anonymous

"I love this presentation, learning the science behind childhood development is always fascinating." Anonymous

"I'll likely examine past interactions with certain clients to see if there were ways I could have been more insightful and helpful." ~ Anonymous

"What happened to you is the most important question we can ask." ~ Anonymous

"We can work together to foster a thriving community. Cultural respect and continuity are vital." ~ Anonymous

"Protective factors are important."
~ Anonymous

"There is a way to build resilience."
~ Anonymous

"I would just like to say thank you to everyone who donated their time and funds to make this training possible." ~ Anonymous

"This teaching need to be spread around everywhere." ~ Anonymous

"Excellent and applicable in ANY area of life! Thanks so much!" ~ Anonymous

"I will advocate that ACEs do have a significant impact on the development of children within my community." ~ Anonymous

"I will help my kiddos to understand what they are going through and help them overcome the struggle of their past." ~ Anonymous

"Prevention builds resilience. This is our opportunity to embrace a comprehensive prevention/resilience frame and assure all children have conditions where they can thrive. Healthier children equal efficiencies across all systems, from child welfare to juvenile justice to healthcare." ~ Anonymous

"Staying compassionate and understanding. Just be KIND you never know what someone else is going through." ~ Anonymous

"No matter the adaptation, one can always become a functioning adult." ~ Anonymous