Creating a Trauma-Informed Legal System

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Trauma-Informed Focus

There is an increasing focus on the impact of trauma

and how service systems may help to resolve or

exacerbate trauma-related issues. These systems

are beginning to revisit how they conduct their

business under the framework of a trauma-informed



approach.

A program that is trauma-informed:

- Realizes the widespread impact of trauma and understands potential paths for recovery;
- Recognizes the signs and symptoms of trauma in clients, families, staff, and others involved with the system; and



• Responds by fully integrating knowledge about trauma into policies, procedures, and

practices, and seeks to actively resist re-traumatization.

Six Key Principles of a Trauma-Informed Approach

- 1. Safety
- 2. Trustworthiness and Transparency
- 3. Peer Support
- 4. Collaboration and Mutuality
- 5. Empowerment, Voice and Choice
- 6. Cultural, Historical, and Gender Issues



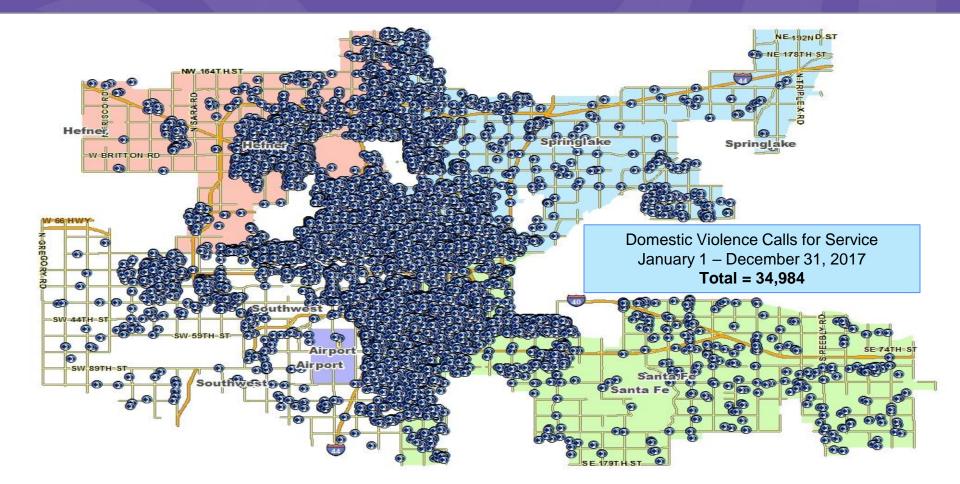
Ten Implementation Domains



- 1. Governance and Leadership
- 2. Policy
- 3. Physical Environment
- 4. Engagement and Involvement
- 5. Cross Sector Collaboration
- 6. Screening, Assessment, Treatment Services
- 7. Training and Workforce Development
- 8. Progress Monitoring and Quality Assurance
- 9. Financing
- 10. Evaluation



Domestic Violence Calls to 911 | January 1 - December 31, 2017 | 34,984



PALOMAR:

Brings together multi-disciplinary teams of professionals who work TOGETHER, in one location, to alleviate the obstacles for victims to access medical, legal, therapeutic, and social services.

- Collective Impact
- Enhancing Connection
- Best practice model (DOJ, 2014)

"What used to take **seven weeks** now takes **seven minutes**." - Sara Wray, Advocate



On-Site Partners



Engage Survivors

- VOICES Activism Committee
- Portraits of Courage
- Create a community for after the crisis
- Focus Groups
- Evaluation
 - Online
 - When Clients Leave



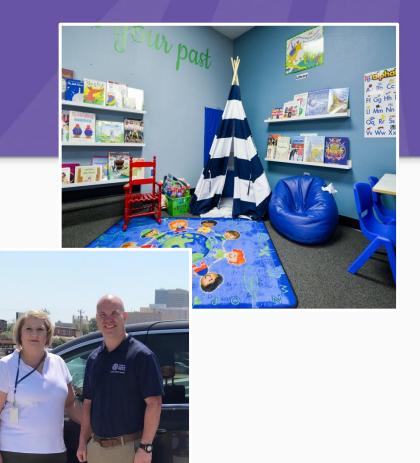
"Where were you 40 years ago?"

Examine Your Process As a Survivor

- How are questions being asked?
- If we _____, then _____.
- Is information available?
- Do survivors understand and feel a part of the process?
- Are professionals approachable and knowledgeable? (dress, hours of operation, etc.)
- How do professionals respond to behavioral indicators of trauma exposure?
- Allow support systems

Reduce Barriers

- Childcare
 - Children's Sanctuary
- Food
- Transportation
- Bilingual Information
- Computer Access
- Partners provide free services:
 - Access to health and wellness checks
 - Civil legal assistance
 - Housing
 - Counseling



Provide an environment that says to survivors: "You're worth it!"





Implement Evidence-Based Initiatives: Camp HOPE







Kid's HOPE Coordinator: Kellen Mack, 405-552-1006

It's Time....

What resonated with you today?

What can you implement? Assess the pros and cons (Please do NOT start administering ACEs without a comprehensive plan for what happens next)

Build an Army of allies

Develop a Strategic plan



Thank You!

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