



Virtual Scheduling of Resilience Documentary

The Potts Family Foundation is offering virtual screenings of the award-winning documentary “Resilience: The Biology of Stress & the Science of Hope” followed by a moderated panel discussion. Prior to the COVID-19 pandemic, these events were held in person showing the film and following it immediately with the discussion. The virtual screening allows for some different options for scheduling both the viewing and the discussion.

The model that has been most successful has been to schedule a virtual screening period of 48-72 hours for participants to view the film on their own time via a link and password that would be sent to them. The viewing period would be scheduled to begin 2-3 days prior to the Zoom discussion. Interested participants would register to view the film through an Eventbrite link that the sponsoring organization or PFF would send out. The Zoom discussion would be a set time and usually last for about 60 minutes.

For example, I (or the local sponsor) would create an event on Eventbrite explaining this process and inviting people to register to watch the film from say Friday, 8:00 a.m. through midnight on Sunday with a discussion to follow on Monday at noon or early evening for example. The invite would remind registrants that the link and password for the film and the Zoom discussion link will be sent to them following their registration. The days and times can be modified to suit the needs and schedules of the sponsoring organization. PFF can help as needed to put together a panel for the discussion. PFF can create all the necessary links and communications or assist as needed.

We can also discuss other options – the pros and cons. For more information, please contact Linda Manaugh, lmanaugh@pottsfamilyfoundation.org, 405.812.6457.