



COMMUNITY BOOK STUDY

presented by



**STARTING
JANUARY 18, 2023**

Facilitated by :

Sarah Steffes

As the Director of Research and Education at Circle of Care, Sarah facilitates training in coaching, goal-setting, therapeutic foster parenting, and PAX Tools for parents and youth workers.

Register online at

<https://forms.office.com/r/uztHCcHEYU>

Questions?

Email sarah.steffes@circleofcare.org

**EVERY WEDNESDAY
12:00-1:00 PM**

**VIRTUAL MEETINGS VIA
MICROSOFT TEAMS**

This 10-week book study offers individuals, parents, caregivers, teachers, youth workers & professionals a judgment-free space to check-in, reflect process thoughts and emotions, and learn from one another while reading *What Happened To You* by Bruce Perry and Oprah Winfrey. The conversations will last approximately one hour. Participants will gain new resources, awareness, & prevention tools to strengthen families and the community.