

Student Taskforce on ACEs and Resilience (STAR)

S.T.A.R.

Student Taskforce on
ACEs and Resilience

Sponsored By

Resilient
GEORGIA

Trauma-Informed Care Virtual Conference 2020

All times
in EST

10:00 AM

SATURDAY, OCTOBER 3rd

Keynote Address

Sierra Elizabeth Carter, PhD

Racism, Racial Trauma, & PTSD: Understanding and Addressing Conceptualizations of Trauma for African Americans

Participants will have an increased awareness of conceptualizations of trauma in the lived experiences of African Americans. Participants will increase awareness of historical and contemporary trauma rooted in oppression in the US and how this can exacerbate current health disparities for African Americans and understanding of the unique challenges and clinical issues present in experiences of trauma among African Americans. Participants will also identify potential avenues that can promote health equity and culturally informed treatment of PTSD in African Americans.

11:00 AM

Trauma-Informed Education Systems – Workshops

Howard Kress, PhD & Leah Gilbert, MD, MSPH

Violence Against Children Surveys – Data to Action Workshop

CDC's Violence Against Children Surveys provide nations with prevalence rates for multiple forms of violence against children, including sexual, emotional, and physical violence. These data are critical for the prevention and response to adverse childhood experiences, but for many stakeholders these data require translation. The Data to Action Workshop is the CDC's method for translating epidemiological data to evidence-based programs and policies proposed by the INSPIRE technical package.

Reinette Arnold, MSW, LCSW, MAC, Nicholas Estabrook,

CPS-AD, CPS-MH & Kristin Stoycheff Schillig

Proceed with Care: Creating a Trauma-Informed Criminal Legal System

In the United States, prisons and jails have become the number one facility to house those with behavioral health needs. The workshop will give an overview of a collaborative Taskforce based in an urban metropolitan area focused on diverting eligible individuals with behavioral health needs to treatment. A key component of the program focuses on trauma-informed care at all levels of program implementation. This workshop will provide attendees with the following: an overview of the Taskforce, discussion on the importance of trauma-informed care and data related to Taskforce outcomes.

Taneisha Lee, PhD

Youth Voices and Advice: Best Practices for Engaging with Youth who have Experienced Trauma

This workshop will share best practices and advice for engaging with youth who have experienced trauma. The best practices are derived from six years of evaluating programs designed to provide group and individual mentoring, academic support, summer camps, and therapy to youth and families who have experienced trauma. The session will end with participants applying information gained to their work with youth. Participants will leave with principles and program components that can be implemented in their work as program directors, youth workers, or mental health practitioners.

11:50 AM

Trauma-Informed Criminal Justice Systems – Workshops

Elizabeth Beck, PhD

Restorative Justice as a Trauma-Informed Approach to Crime, Conflict, and Historic Trauma

This workshop explores Restorative Justice as a trauma informed approach to crime, conflict, wrongdoing, and historical trauma. We will look at the theory associated with restorative justice and how its processes support those who have been victimized, those who offended, communities and the legacy of trauma. The workshop will also show why restorative approaches support declines in reoffending.

Patricia Lantis, MD

Tackling Tough Topics Therapeutically With Teens

This presentation will highlight the important psychosocial factors at work in the lives of adolescents we encounter in our professional work. It will enable attendees to understand the challenges of talking to adolescents about sensitive subjects, with practical tips for engaging them openly and therapeutically during the discussion. The workshop section of the talk will include a fun learning experience using these skills on and with fellow attendees.

Sharon Hill, PhD

Evaluating the Impact of Trauma-Informed Services

The adoption of trauma-informed approaches in organizations will increase as there is more substantive evidence of their impact. Therefore, a successful implementation must include an understanding of desired outcomes and how to appropriately measure them. The objective of this workshop is to interactively engage participants in discussions and exercises aimed at developing strategies for evaluating the impact of trauma-informed services.

12:30 PM

Call to Action – Interactive Breakout Session

Introduction: Stan Sonu, MD, MPH

Putting our Efforts into Action

Attendees will be given the opportunity to interact and provide reflections to the following question: What is one way my work will change and become more Trauma-Informed as a result of what was shared today? This is a great opportunity to build connections and collaborations with others working in the field of ACEs and Resilience!

Please fill out our event survey by scanning this QR code with your smartphone!



Thank you to all of our supporters & volunteers!

Conference Director: Carrie Oliver, MPH

STAR Co-Directors: Eudora Olsen, MS2 & Bharat Sanders, MS3

STAR Advisors: Stan Sonu, MD, MPH; David O'Banion, MD; April Hartman, MD

Resilient Georgia Executive Director: Emily Anne Vall, PhD

Event Committee: Reem Al-Atassi, MS4 & Jere Tan, MS2

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2:00 PM

SUNDAY, OCTOBER 4th

Keynote Address

Sarah Vinson, MD

Social Justice and Pediatric Mental Health

In this talk, we will examine structural trauma and its impact on children's development and mental wellbeing. It will also explore practical approaches to being part of the solution. Systems explored will include education and juvenile justice. Mental health symptoms related to these stressors will also be described.

3:00 PM

Trauma-Informed Healthcare Systems – Workshops

Nancy Fajman, MD

Traumatic Stress & Child Maltreatment

This workshop will explore how traumatic stress might manifest in children who have been maltreated and discuss the role of first responders and mandated reporters. Examples of trauma-informed professional and community interventions will also be presented.

Shanta Dube, PhD

Self Care as an Act of Resiliency

This workshop will highlight the health impact of ACEs and how principles of trauma-informed care must integrate components of self-care. The stress response will be highlighted along with key techniques to increase awareness of stress triggers and mindfulness practices to activate the parasympathetic nervous system.

RJ Gillespie, MD, MHPE

Navigating Trauma Conversations with Grace and Skill

The idea of engaging patients and families in conversations about trauma can be anxiety-provoking for providers. This workshop will help alleviate fears of having these conversations in primary care offices. Through a series of case-based presentations, participants will realize that they have the skills to navigate these difficult conversations with ease.

3:50 PM

Addressing Trauma Through Policy & Advocacy – Workshops

Avani Ravi, MD, MPH, MSHP, FAAFP

Integrating Trauma-Informed Care in Healthcare Delivery: Lessons From the Field

For social-justice-minded current and future healthcare providers, this workshop will provide an overview for weaving trauma-informed care principles into healthcare delivery. Through techniques of storytelling, cartoons and survivor vignettes, participants will expand their care delivery toolkit to include "universal trauma precautions", and trauma-informed clinical pearls for taking a history, performing physical exams, and coordinating care.

Michelle Wallace, MD & Salathiel Kendrick-Allwood, MD

Childhood Experiences of Racism: Creating Awareness, Improving Care

Recognizing racism as an adverse childhood experience, this workshop will explore the manner in which children and their families experience racism, its impact on their health, and ways in which healthcare workers can be empathetic and empower patients and families.

Polly L. McKinney

Advocating for Kids

This workshop by the Advocacy Director for Voices for Georgia's Children will provide a practical how-to for effective policy change and advocacy for all child and youth issues.

4:30 PM

Call to Action – Interactive Breakout Session

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5:00 PM

Prize Drawing & Closing

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