



## Trauma-Informed in Education

Bringing together proven systematic behavioral communication and conflict resolution strategies to diffuse, calm and heal so that schools become more resilient.

*Anxiety and depression in students is running rampant. Workplace stress for educators and staff as well as rising litigation costs for schools are also top concerns for communities across the country.*

*How can we reduce tension and improve how staff, students, families and community partners work together to create trusted, safe environments for all?*

*Join us for an 8 module training of interactive learning, idea exchange and systematic team building; learn what trauma informed is, how to use it and other collaborative strategies to create safe, mindful and resilient school environments.*

### Led by Susan Jones, Founder and Principal of Creative Behavior Systems

Susan is an educational behavioral specialist, ACEs (Adverse Childhood Experiences) expert, trauma-informed and restorative practices facilitator, and resilient schools program strategist. She has trained in a range of arenas



#### Series Schedule:

- Each Module is held twice on the date indicated. Please select from the AM or PM Session.
- It is recommended to participate as a site or district team.
- Location: 9800 Old Placerville Rd., Suite 100.
- RSVP to Jennifer McCain @ [jmccain@sia-jpa.org](mailto:jmccain@sia-jpa.org)

Module 1: <b>MAKEUP!</b>	10/16	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Overview:</b> Trauma & ACEs Science & Cognitive Abilities/Limits
Module 2:	10/23	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Recognizing:</b> Behavior & Potential Triggers in Self/Others
Module 3:	12/11	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Responding:</b> Prevention, De-Escalation, Self-Care
Module 4:	1/15	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Systems:</b> Multi-Tiered Systems of Support & District/Site Teams Tier 1: Whole Site/District / Tier 2: Lower Level Interventions / Tier 3: Higher Level/Targeted Interventions
Module 5:	2/26	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Team Planning:</b> District/ Site & Train the Trainer
Module 6:	3/19	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Team Connections:</b> Part 1
Module 7:	4/9	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Team Connections:</b> Part 2
Module 8:	5/7	9:00 am to Noon Or 1:00 pm to 4:00 pm	<b>Next Steps:</b> Sustainability, Planning for the new year & Ongoing supports

