

# UCDH DIVERSITY & INCLUSION DIALOGUE SERIES

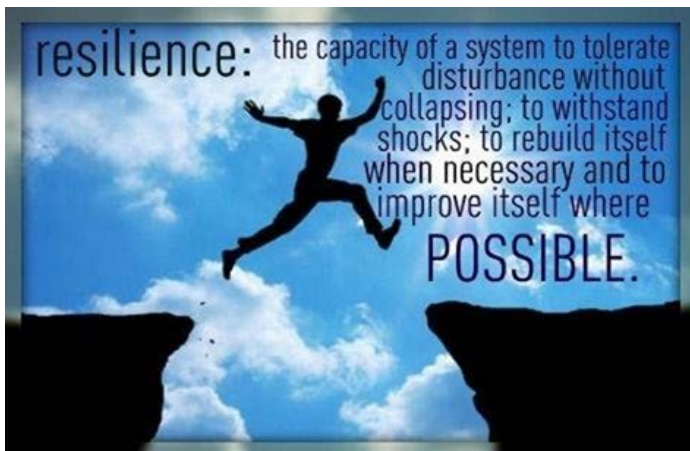
## Cultivating Respect & Safety for Everyone in the Community: The Trauma-Informed Approach

Toxic stress impacts individuals and communities every day.

Come hear from a panel of subject matter experts who used the **Trauma-Informed Approach** to mitigate toxic stress and build Resilient Communities in our region.

### Learn about the Trauma-Informed System's Principles

1. Trauma Understanding
2. Cultural Humility & Responsiveness
3. Safety & Stability
4. Compassion & Dependability
5. Collaboration & Empowerment
6. Resilience & Recovery



### Facilitators:

#### **Kaytie Speziale, MFT**

UCDH Center for Reducing Health Disparities

#### **Mercedes Piedra, MS**

UCDH Office for Equity, Diversity & Inclusion

**Thursday, April 19**

**12 – 1 PM**

**Cancer Center Auditorium**

RSVP via Eventbrite:

<https://www.eventbrite.com/o/10884198773>

Lunch provided for registered attendees.

**UC DAVIS**  
**HEALTH**

Office for Equity, Diversity and Inclusion