

# **Resilient Orange**

We are dedicated to preventing and reducing the number of adverse childhood experiences (ACEs) in the Orange County region, creating opportunities to heal from past trauma and building Resilient Orange communities.

We strive to create a more resilient Orange County by educating individuals, communities and organizations about ACEs, trauma and resilience, and advocating for making policy and practice changes that are needed to create healing in our citizenry, organizations and systems.

### What We Do

- Provide opportunities for community members to network and learn from each other.
- Actively support the implementation of trauma-informed practices that increase resilience and wellness for all residents, through documentary screenings, presentations, and other community events on ACEs Science across many settings.
- Recognize the mental and emotional impact on those who provide services to communities that experience high ACE scores.
- Seek to create an empathetic environment that promotes self-care and resilience building for all communities.
- The Orange County Center for Resiliency Education and Wellness, (OC CREW) provides assessment, individual and/or family therapy, psychiatric services, vocational and educational assistance, Wellness Recovery Action Plans, and other wellness activities.

### **Early Results**

- Resilience Orange County promotes resilient youth leaders that work towards social-systemic transformation while promoting healing, trauma-informed and culturally relevant practices that are inclusive of all members of the community.
- Golden West College Peace Conference 12th Annual *Peace and the Global Economy: Emerging Issues & Practical Solutions* focused on the vital role of economics in helping to shape societies defined by social justice, environmental sustainability, and cultural equity.
- Mary Giuliani LIVE! talk show focuses on ACEs science through "Release Your Weight By Releasing Your Childhood PTSD".
- Western Youth Services partnered with Measurement Resources Company (MRC) and prepared a Special Report titled: *Healthy and Hopeful: Healing Trauma How the WYS Collaborative Model of Mental Health Services Builds Resilience and Alters the Impact of Adverse Childhood Experiences (ACEs).*
- Western Youth Service, in partnership with St. Jude Medical Center, collaborated with ACEs Interface Master Trainer Community of Practice on developing a program in Santa Ana and an upcoming program in Mission Viejo for twenty-five ACE Interface Master Trainers per community.
- Project Kinship's Restorative Justice work group's focus is the social and emotional health of youth and adults, through restorative practices and prevention, intervention, and re-entry supports that are trauma and culturally-informed.



# Legislative Districts

Assembly: 55, 65, 68, 69, 72, 73, 74 Senate: 29, 32, 34, 36, 37

# **Contact Information**

Mary Giuliani Community Manager Orange County ACEs Connection

# Learn More

Orange County ACEs Connection ACEs Connection

ACEsTooHigh.com

# 4CAKids.org

California Campaign to Counter Childhood Adversity

2016 Estimated Percentages Reported by Parents	USA	СА	Orange County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	15.3%
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	52.0%

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).





CALIFORNIA CAMPAIGN TO COUNTER CHILDHOOD ADVERSITY