



Trauma-Informed Practices in Early Childhood Education

Research-based professional-learning modules about the effects of trauma on young children and trauma-informed practices to support them

Addressing the impact of early childhood trauma is a pervasive challenge in the United States.

According to the American Psychological Association, approximately half the children in this country experience some type of trauma during their childhood. These children need teachers, providers, and caregivers who understand trauma and the impact research has shown it to have on children's physical, cognitive, and social-emotional development. Yet many who work with young children lack the necessary knowledge, skills, or tools to effectively serve this population, and few resources on trauma-informed practices exist for them.

WestEd's Trauma-Informed Practices in Early Childhood Education (TIP-ECE) addresses this challenge by supporting early childhood teachers, providers, and caregivers to be

- * Informed about trauma and its effects.
- * Sensitive to those effects.
- * Equipped with skills and knowledge that promote caring and responsive programs for children, from prenatal through 8 years old, affected by trauma in any form.

Benefits of TIP-ECE

TIP-ECE is based on the most recent research and is tailored specifically to the needs of the early childhood community. Its professional learning modules are designed for participants to

- * Learn about trauma and its impact on young children's learning and development.
- * Understand how to use strategies that are sensitive to children who may have experienced trauma and that support the health, healing, resilience, and well-being of these children.

Who Should Participate

- ECE teachers/providers (Title 22 & Title 5 Programs)
- ECE program administrators
- Family child care owners/providers
- Early Head Start/Head Start staff
- Early childhood special education and early intervention programs
- Resource and referral agencies
- Child care planning councils
- Advocacy organizations
- First 5 California agencies
- License-exempt providers (family, friend, and neighbor)
- Parents, caregivers, and family members of young children
- Foster family agencies



For more information, including pricing, contact Julie Kurtz at 925.413.1623 or jkurtz@wested.org.



- * Learn how to ensure that their own child-serving organization and/or systems are responsive to the needs of children affected by trauma, and that workplace practices are in place to support the wellness of staff.
- * Understand how to integrate what they learn through TIP-ECE into leadership and supervision within their organization.

TIP-ECE Professional Learning Offerings

TIP-ECE offers the following half- and full-day modules:

- * Trauma 101: Overview of Trauma and Its Impact (prerequisite)
- * Trauma 102: Compassion Fatigue and Self-Care for the ECE Workforce
- * Trauma 200: Impact of Trauma on Children's Brain Development and Behavior
- * Trauma 201: Strategies to Support Children Affected by Trauma
- * Trauma 300: Trauma-Informed/Trauma-Sensitive Programs, Agencies, and Systems
- * Trauma 301: Embedding Trauma-Sensitive Practices into Leadership and Supervision

- * Trauma 302: Race Equity and Trauma-Informed Practices in Early Childhood
- * Trauma 400: Mindfulness and Mindfulness Techniques for Staff and Young Children
- * Trauma 401: Creating Trauma-Sensitive Environments for Young Children
- * Trauma 500: Trauma-Informed Practices to Support Equity and Inclusion for Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) Families
- * Trauma 600: Integrating Trauma-Informed Practices into Family and Community Engagement Initiatives and Strategies

Clients may choose to engage in just one module or may want to pull multiple modules into a professional learning series. For example, two half-day modules can be provided as one full-day session. In addition, modules can be customized for different contexts and audiences.

The TIP-ECE team can also facilitate Communities of Practice/Professional Learning Communities and/or provide TIP-focused coaching to support implementation of TIP strategies in the context of daily practice.



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