

# Orange County's "Healing Childhood Trauma!"

2nd Meeting: June 15, 2016 6:00 pm - 8:00 pm

Location: Laguna Woods Village
Elm Room - Community Center
24351 El Toro Road
Lake Forest, CA 92630

Attendees: (alphabetical) Marguerite Bonnett, Mary Brogdon, Kathy Brous, Dana Brown, Jane DeVries, Marlene Sanders, Betsy Starkweather, Jennifer Martene Swanson

### Welcome & Introductions

- Thanking Betsy Starkweather for graciously reserving our meeting space, Dana welcomed everyone and invited them to share personal stories, an area of interest or expertise of their role and opportunity in helping Orange County heal from childhood trauma.
- Brief overview of intention and purpose of meeting Facilitated by Dana Brown
- <a href="http://www.acesconnection.com/g/orange-county-ca-aces-connection/blog/orange-county-ca-first-child-trauma-meeting-a-big-success">http://www.acesconnection.com/g/orange-county-ca-aces-connection/blog/orange-county-ca-aces-connection/blog/orange-county-ca-first-child-trauma-meeting-a-big-success</a>
- Dana reflected on our first meeting held in April and encouraged reading Kathy Brous' blog posted on our Orange County group on ACEs Connection. Inviting members to share their intentions, they are as follows;
  - Help bring awareness and educating other on ACEs through speakers/educators (Marguerite)
  - Supporting with computer graphics (Jennifer)
  - Looking for opportunities to help with counseling (Mary)
  - Seeing how she may support and assist the process (Betsy)
  - Help bring trauma informed education to schools in Orange County (Marlene)
  - Supporting the hosting of a Paper Tigers screening with education on what is trauma? (Kathy)
  - Reaching out to and inviting additional sectors who are not represented at our table,

such

as; mental health, education, faith based organizations, law enforcement

- Trauma Healing Series Speakers Schedule Facilitated by Kathy Brous
- July 20th: Infant/Early Attachment Disorder and ATTACH, by Connie Hornyak

- August 17th: Adult Attachment Trauma and Borderline Personality Disorder by Donna Brunetti
- September 21: Dr. Allan Schore on How the Mother Creates the Baby's Brain Or Not, by Kathy Brous
- October 19: The ACE Study: Child Trauma the Root of Major Adult-onset Lethal Diseases, by Dana Brown
- November 16: Introduction to EFT Acupressure Point Tapping, by Marguerite Bonnett

# • Screening of Paper Tigers, tugg.com

- With the educational license \$ 75 when a screening is held in a K-12 school, our members chose to pursue this opportunity and connect with colleagues in local schools in preparation for a screening in the fall. Dana shared that San Diego is hosting a Resilience screening on June 21st and they are invited to engage in the opportunity.

### • Chosen Meeting Schedule

- Through consensus, we chose to hold monthly meetings and continue to build capacity on our traction and momentum. These meetings will be the third Wednesday evening of each month, from 6:00 pm - 8:00 pm, at the lovely Laguna Woods Village Community Center.

# • Invite to join Orange County Group on ACEs Connection

http://www.acesconnection.com/g/orange-county-ca-aces-connection
 Dana encouraged members to invite others to join our Orange County resilience building movement through joining our Orange County Group on ACEs Connection.

### Next Action Steps

- Betsy will secure our upcoming meeting(s) location with Laguna Woods Village.
- Dana will email registration link to the Resilience screening in San Diego
- Marlene will take several photos throughout Orange County and create a collage for the team's consideration as our banner on our ACEs Connection Orange County group.

### Next Meeting:

- July 20th, Wednesday, 6:00 pm 8:00 pm
- Laguna Woods Village Community Center's Elm Room
   24351 El Toro Road, Lake Forest, CA 92630