### Outline

The Impact of Trauma on School Functioning and Classroom Instruction How the traumatic experiences of students manifest in school settings Academics & cognitive skills Behavioral functioning Social emotional functioning Developmental differences in response to trauma Impact of trauma on the following disorders: ODD ADHD Emotional Dysregulation Disruptive Behavior Disorders Childhood trauma and a framework for intervention Attachment Self-regulation Competency

**STRATEGIES, TECHNIQUES & INTERVENTIONS TO ADDRESS TRAUMA & OTHER BARRIERS TO** LEARNING

#### Interventions to Reduce Disruptive Behavior and **Suspension Rates**

Turn rage and helplessness into constructive action Effectively confront loss and grief Proactively utilize mindfulness Address anger regulation and expression Teach students how to relax, reframe and cope



### **Objectives**

- 1. Identify behavioral episodes that challenge educators, professionals, therapists and parents.
- 2. Discuss the contribution that a trauma history makes on the following disorders: ODD, ADHD, **Emotional Dysregulation and Disruptive** Behavior Disorders.
- 3. Implement clinical ideas into educational practice to improve positive engagement and student performance.
- 4. Demonstrate how to utilize peer relationship coaching to reduce bullying and improve student acceptance and inclusion in social groups.

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

#### Strategies to Increase Motivation, Engagement and Academic Success Promote grit, tenacity and perseverance

Turn moral disengagement into moral engagement Create opportunities for meaningful connection and affiliation Establish brain-based interventions Utilize effective praise as a motivator Manage YOUR frustration Move from reactive to proactive

#### **Skills and Competencies to Help the Student Overcome Challenging Situations**

Engage thinking to mitigate emotional reactivity Increase access and use of executive functioning skills

Make and keep commitments Integrate stress reduction into the daily schedule Embed executive functioning strategies into the daily routine Expand the range of competencies

**Techniques to Develop Schoolwide Resilience & Create Trauma Sensitive Schools** 

Flexible Framework: a systematic overview that identifies, integrates and ensures compliance Systems to create safe, supportive schools for students impacted by traumatic experiences

#### Live Seminar Schedule

- 7:30 Check-in/Morning Coffee & Tea
- 8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

- 5. Outline growth strategies to build core strengths, improve grit, perseverance and determination and move beyond resilience to post traumatic growth.
- 6. Illustrate brain based strategies for emotional management, executive functioning and accelerated learning using the newest research in brain functioning.
- 7. Describe teaching techniques and methods that include new and exciting methods to challenge students to do their very best.



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**PES** 

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# TRAUMA INFORMED EDUCATION

. Box 1000 I Claire, WI 54702-1000 ivision of PESI, Inc.

**IMPROVING EDUCATIONAL AND EMOTIONAL OUTCOMES FOR YOUR MOST CHALLENGING STUDENTS** 

> Sterling Heights, MI Wednesday, April 19, 2017

Livonia, MI Thursday, April 20, 2017

Ann Arbor, MI Friday, April 21, 2017



# TRAUMA INFORMED EDUCATION

**IMPROVING EDUCATIONAL AND EMOTIONAL OUTCOMES FOR YOUR MOST CHALLENGING STUDENTS** 

- Trauma informed strategies to reduce acting out behavior in students with ODD, ADHD, Emotional Dysregulation & **Disruptive Behavior Disorder**
- Strategies to improve engagement, compliance, relationship building and stress tolerance
- Improve educational outcomes with specific trauma informed assessments & techniques
- Implement brain-based interventions
- Positive alternatives for your most challenging students

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Sterling Heights, MI Wednesday, April 19, 2017

Livonia, MI Thursday, April 20, 2017

Ann Arbor, MI Friday, April 21, 2017

A Non-Profit Organization Connecting Knowledge with Need Since 1979

## **TRAUMA INFORMED EDUCATION**

As an educator, you are expected to teach and engage children—even those with the most challenging behaviors. These are the students that no matter what you try, you just can't reach them. Like the boy with disruptive behaviors that keep him sitting in the principal's office. Or the student that struggles to focus and complete assignments. What about the girl who is completely withdrawn? Is she even more challenging than the boy with the aggressive outbursts?

If your current interventions are not reducing these challenging behaviors, then you need to attend this program! Join leading education expert Robert J. Marino, M.S., NCSP, ABSNP, as he teaches you evidence-based trauma-informed education strategies that will reduce

Robert J. Marino, M.S., NCSP, ABSNP, is a nationally certified school psychologist

for over 30 years and has experience in the assessment and programming for children from infant

with an advanced certificate in school neuropsychology. He has been working as a school Psychologist

through high school age. Robert specializes in cross battery assessment and the assessment of children

Robert divides his time between assessment and consultation with preschool programs and his role as

needs. In 2002, Robert was given the "Outstanding School Psychologist" award by the Maryland School

Psychologist Association, primarily for his extensive work with traumatized children in the Romanian

Robert developed the mentor program for new psychologists in one of the largest school districts in

Robert has served as an adjunct professor for the University of Missouri where he developed and

instructed several units for graduate level coursework on "Learning and the Brain."

Nonfinancial: Robert Marino has no relevant nonfinancial relationship to disclose.

the nation, and has also supervised numerous interns from graduate programs throughout the country.

Financial: Robert Marino has an employment relationship with the Prince George's County Public Schools. He receives a

Teachers and Paraprofessionals • Principals • Assistant Principals • School Counselors • School Psychologists

School Social Workers • School Administrators • Speech-Language Pathologists • Speech-Language Pathology

Assistants • Occupational Therapists • Occupational Therapy Assistants • Addiction Professionals • School Nurses

school psychologist in an elementary school setting. He conducts assessments, consults with school

staff and parents, and develops specialized programs for children with a broad range of identified

the achievement gap, decrease referrals for highly restrictive special education programs, as well as drastically improve:

**Emotional functioning** 

Acting out behaviors

Aggressive behaviors

Relationships

with emotional regulation difficulties.

Speaker

orphanage system.

Speaker Disclosures:

speaking honorarium from PESI, Inc.

Other Helping Professionals that Work with Children

Target Audience:

Student engagement

Using a trauma-informed approach will create an affiliation between teacher, student and family member that leads them to all work together for success rather than constantly being in conflict.

It's a revolution in education that will help you connect with your most challenging students!

All educators work with children who have experienced trauma. However, in many cases you may not know who these students are. Regardless of the student or the root of the trauma, you will benefit from gaining a deeper understanding of how trauma affects children and what you can do drastically to improve emotional functioning, relationships, student engagement and the acting out behavior of your students.

#### \*SAVE by including these products with your seminar registration!

#### Supporting and Educating Traumatized Students

A Guide for School-Based Professionals



#### Robert Hull, MA, ED, EDS, MHS, and Eric Rossen, PhD

Combining knowledge of the cognitive and behavioral effects of trauma, evidence-based interventions, educational best practices, and the experiences of veteran educators, Supporting and Educating Traumatized Students presents a new framework for assisting students with a history of trauma. The book provides practical, effective, and implementable strategies and resources for adapting and differentiating instruction, modifying the classroom and school environments, and building competency for students affected by trauma.

#### Self-Compassion for Teens

129 Activities & Practices to Cultivate Kindness

#### By Lee-Anne Gray, Psy.D.



Self-compassion is the key for teens to develop empathy and manage self-criticism, while increasing resilience and well-being.

The first of its kind, this book brings together 129 actionable mindfulness and compassion-building tools for teens to reduce suffering and cultivate kindness for themselves and the world around them. Perfect for clinicians, educators and parents, this resource is filled with exercises, worksheets and activities

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/ ttend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time

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Credits listed below are for full attendance at the live event only. Certificates of Completio are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Information obtained in this course should be used within your scope of practice. PESI, Inc. offers continuing education programs and products under the brand name

PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skil group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for nartial attendance.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirement

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in lengt

MICHIGAN SCHOOL PERSONNEL & EDUCATORS: An application has been submitted for State Board Continuing Education Units (SB-CEUs) for the face-to-face program only. Those seeking SB-CEUs must attend 100% of the face-to-face seminar in addition to completing an SB-CEU Participant Application Form (available at the seminar) and following sign-in/sign-out procedures as directed at the program. Additionally, participants will be required to complete the MDE evaluation in the Secure Central Registry. Specific instructions will be provided at the seminar.

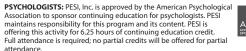
NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity meets the criteria for a American Nurses Credentialing Center (ANCC) Activity PESI, Inc. is an approved provider by the American Psychological Association, which is d by the ANCC for behavioral health related activities. Full attendance is required; no partial credit will be awarded for partial attendance.

This activity qualifies for 6.25 contact hours.



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attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate





ADA needs:

one week of seminar Tuition Options

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SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social vorkers should contact their regulatory board to determine course approval ing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

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- **\$219.99** standard
- **\$55.00**\* Supporting and Educating Traumatized Students book (distributed at seminar—FREE SHIPPING
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