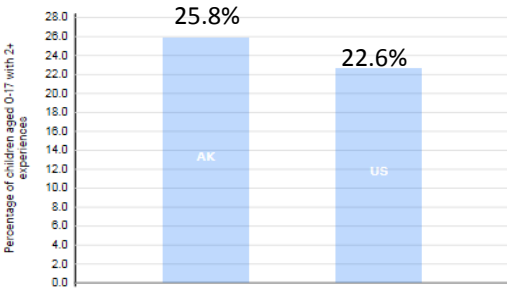




# Adverse Childhood Experiences (ACEs) and Trauma-Informed Care (TIC) Information Sheet: Alaska



**ACEs:** The percentages to the left indicate the % of children aged 0 to 17 years who experienced two or more of the following: Socioeconomic hardship, parental divorce/separation, death of a parent, parent served Time in jail, witness to domestic violence, victim or witness of neighborhood violence, lived with someone who was mentally ill or suicidal or someone with an alcohol or drug problem, or treated or judged unfairly due to race/ethnicity. - From [America's Health Rankings, 2016 edition](#)

**Alaska's ACE Ranking:** 33 (out of the 50 states)

**Trauma-Informed Care:** Becoming trauma-informed is a process using knowledge about the prevalence and impact of toxic stress (e.g., ACEs) to reexamine how we see, interpret, and interact with people. TIC is a culture change process - being trauma-informed requires viewing the world through a new lens. It is not a therapy, intervention, or specific action; it is an all encompassing paradigm shift. It's also important to remember that trauma-informed care is not just for service providers; it is universally applicable and everyone has a role to play! - From [Fostering Futures website](#)

## Alaska's ACEs and TIC Activities

### Legislation

2017 AK HCR 2 Resolution encourages the Governor to join with the Alaska State Legislature to respond to the public and behavioral health epidemic of ACEs.

### State Offices and Boards

- The *Advisory Board on Alcoholism and Drug Abuse* and the *Alaska Mental Health Board* have led the effort to disseminate ACEs data and to reform Medicaid
- The *DHSS Division of Juvenile Justice* has engaged in trauma-informed training and system change over the last 8 years.
- The *Office of the Governor* and the *Office of the Lieutenant Governor* underwent training on Alaska Native history, culture, historical trauma.
- The *Office of the Governor* and *First Lady Donna Walker* have been working with the Alaska Resilience to lead a series of faith leader forums and organized a trauma-informed faith communities working group.
- *DHSS Office of Children's Services* were trained in ACEs and trauma.
- *Department of Public Safety (DPS) Council on Domestic Violence and Sexual Assault* and *DHSS Division of Behavioral Health* have overseen delivery of Trauma 101 training for their grantees.

### Coalitions and Networks

- ♦ *Alaska Resilience Initiative (ARI)*: One of 14 communities in the U.S. chosen by the Health Federation of Philadelphia, with support from the Robert Wood Johnson Foundation and the California Endowment, for the [Mobilizing Action for Resilient Communities \(MARC\)](#) grant.
- ♦ *Raising Our Children with Kindness (ROCK) Mat-Su* in partnership with Judge White and the borough's court system, is creating a Safe Babies Court.
- ♦ *Southern Kenai Peninsula Resilience Coalition*
- ♦ *Ketchikan Resilience Coalition*

### Other Activities

- *Vigor Shipyards Ketchikan* offers daily meditation and stretching, non-violent communication, AA meetings, traditional tribal practices, and more.
- The *Native Village of Chickaloon* transformed the way that it holds meetings, handles child protection cases, offers healthcare, manages HR, and runs its tribal school.
- Trauma-informed, culturally-responsive school efforts are being led across the State.