



The 2019 Coast Community Resilience Leadership Summit & Campaign

The Coast Childhood Trauma Action Team, Coast Mental Health Action Team and FIRST 5 are collaborating to present: The 2019 Coast Community Resilience Leadership Summit in April 2019.

This summit is the kick-off to a Community Resilience Campaign and will convene leaders from across disciplines including: institutional policy makers; first responders; health providers; therapists; childcare providers; addiction counselors; educators; law enforcement officers; faith leaders; and others to discuss and understand the issues and conditions associated with trauma. There will be opportunities to explore skills and resources needed for responding and providing for ourselves and community members in a way that builds resiliency. Along with local professionals, a highly regarded trainer in the field of community resiliency will be presenting, Elaine Miller- Karas.

This is the first of a series of events on the coast focused on building community resilience through practices and applications in our personal and professional lives. Resilience is directly correlated to Adverse Childhood Experiences and trauma and recovery. Subsequent workshops will be led by trained leaders in the field of trauma informed practices linked to specific professions such as law-enforcement, education, and health care. The Action Teams have already identified three key trainers to come to the coast community within the next year. These subsequent trainings will not only directly apply to a specific discipline, they will also help other service providers who attend the trainings to better understand the agencies and leaders with whom they work.

To create a continuum of knowledge and application of the resources learned, the Action Teams will facilitate professionals to join quarterly conversations about resiliency and trauma informed practices related to their job. These conversations will be based on a Community of Practice model with the main goal of supporting and facilitating applied knowledge in the field.

As part of the campaign the Fort Bragg City Council will be asked to adopt a resolution that the city is a Community of Resilience. This resolution will support the vision of creating a community that does not cause harm and is dedicated to improving services, interactions, and relationships. The Action Teams are comprised of therapists, medical doctors, child welfare workers, social workers, educators, and human services workers who will be actively doing outreach to promote this campaign.

The ultimate vision for the Community Resilience Campaign is to foster a platform for learning and sharing information to create a community of and kindness, safety, and support.