**Family, Faith and Community Sub-Committee Minutes**

**January 9, 2019**

In attendance: Michelle Starbuck, Annie Anthony, Jonathan Sury, Carla Pike, Kelley Ahlers, Francesca Ramirez, Derek Macloeod, Heather Patterson, Jane Morrow, Katie Ridd, Christy Aley, Vivian Schweizer

We began by discussing the National Center for Disaster Preparedness project.

Materials Needed:

1. Things we can incorporate into things we are already doing.
2. Things that don’t just teach but empower.
3. Looking for common ground –
4. Simple – like “Here are three things everyone needs to know about resilience.” A simple way to have shared language – we came back to this several times.
5. The importance of having things online.
6. Build on the sticker idea we discussed last month –
7. Create a tagline that everyone can understand, like “Keep calm and get in your resilient zone…” This saying of “keep calm and carry on” came from London when it was in a time of crisis and trauma.
8. People are seeking simplicity and a person to speak to
9. Message needs to be hopeful.

Some conversation about resources that are already available – like Our Community Link, Safe Group at Carousel Center (for parents whose children have experienced trauma).

Conversation about our next steps – this feels unclear and uncertain –

However, we all agreed that we need to start with the helpers. We need to train the RTF members better before we move into other places in the community.

Train new employees, make trauma part of orientation for ALL new employees.

Idea about a timeline – rather than just having a list of resources and options, think through what it would take for a church to become Trauma-informed and resiliency-focused. Over the course of the year, what would that look like?

It was suggested to reach out to QENO at UNCW to inform them about what we are doing, and to reach out in order to “take care of the providers.”

Next meeting – February 13th, 3-4:30. Have a recurring calendar invite for the second Wednesday of every month.