

YOU ARE CORDIALLY INVITED TO ATTEND



Balancing ACEs With HOPE

A WORKSHOP TO ASSESS THE APPLICATION OF THE HEALTH OUTCOMES OF POSITIVE EXPERIENCE (HOPE) FRAMEWORK TO ADDRESS ADVERSE CHILDHOOD EXPERIENCES (ACES) IN CALIFORNIA

PRESENTED BY:

Tufts Medical Center

HEALTH+ STUDIO

ACEs Connection

WHY A HOPE WORKSHOP IN CALIFORNIA:

In 2019, the state of California made a commitment through legislative action to enhance opportunities to address childhood adversity and trauma in its population. More specifically, the state has launched the ACEs Aware Initiative that is being led by the California Office of the Surgeon General and the Department of Health Care Services and will give Medi-Cal providers training, clinical protocols, and payment for screening children and adults for ACEs beginning in January 2020.

HOPE (Healthy Outcomes of Positive Experiences) is an evidence-based framework that reinforces the need to promote positive experiences in order to foster healthy childhood development and mitigate the negative impact of adverse childhood experiences.*

Tufts Medical Center, in partnership with Health+ Studio and ACEs Connection, are conducting two (2) half-day HOPE workshops in California, with the goal of engaging child and family serving professionals in the development of tools and materials that allow for the application of HOPE in practice.

DURING THIS WORKSHOP, PARTICIPANTS WILL:

- Gain an understanding of the HOPE framework as well as the the research that supports it
- Provide insights on the the overall efficacy and feasibility of the HOPE framework as part of child and family serving direct service practitioner training
- Help to identify key field tools and resources that would be needed to facilitate broader application and adoption of the framework
- Enlist to become partners and help identify others for future development and application of HOPE in California
- Gain an understanding on how HOPE fits with other strengths-based frameworks and trainings that are currently in the field

WORKSHOP & REGISTRATION INFORMATION:

Workshop attendance is free of charge but pre-registration is required to attend. We are looking for attendees that represent different segments of child and family serving professionals working with children, families, and communities in California, including:

- Healthcare, education and social services program administrators
- Community health workers
- Healthcare, mental and behavioral health providers
- Educators
- Early childhood professionals
- Home visiting professionals
- Community members

*Publications on HOPE can be found here: <https://positiveexperience.org/>

SACRAMENTO:

Date: Wednesday Feb. 26, 2020

Location: Shriners Hospitals for Children Northern California, 2425 Stockton Boulevard, Sacramento, CA 95817

Room Info: Board Room

Time: 8:30am breakfast/check in; 9am-12pm workshop

Registration link:

<https://bit.ly/37Vy5Jr>

LONG BEACH:

Date: Thursday Feb. 27, 2020

Location: MLB Long Beach Library 200 W. Broadway, Long Beach, CA 90802

Room Info: Meeting Room A

Time: 12:30pm lunch/check in; 1-4pm workshop

Registration link:

<https://bit.ly/2v4bBal>

ABOUT THE HOPE FRAMEWORK:

The science is clear that adult health is deeply impacted by childhood experiences. We now know that Positive Childhood Experiences (PCEs) can influence brain growth and development as profoundly as Adverse Childhood Experiences (ACEs) do.

While understanding the impact of ACEs is important, an exclusive focus on adverse experiences risks labeling children and their families, and neglects to turn attention toward the possibility for positive development even in the face of adversity. PCEs serve as protective factors for toxic stress, as well as support for trauma healing.

HOPE provides an actionable approach to support children and adults on their journey to become resilient and healthy individuals. As such, it offers child and family serving professionals who are screening for ACEs and adopting trauma informed practices, ways to bolster resilience in those they serve.

HOPE is not intended to be a stand alone model. It complements other trauma-informed and strengths-based training and frameworks. The goal is for HOPE to offer health and social service professionals

additional, actionable, and asset based tools that support children, families and communities in enhancing protective factors that impact health and wellbeing.

ABOUT THE WORKSHOP PRESENTERS/FACILITATORS:

Tufts Medical Center:

Robert Sege, M.D., Ph.D., is one of the principal investigators for HOPE and Professor of Medicine and Pediatrics at Tufts University School of Medicine, where he directs the Center for Community-engaged Medicine; Dina Burstein, M.D., MPH is the Program Director for HOPE

Health+ Studio:

Sara Marques, MPH, DrPH and Jabeen Yusuf are public health and social impact strategists and ACEs field experts

ACEs Connection: Gail Kennedy and Lara Kain are ACEs Connection Community Facilitators who support CA communities accelerate their ACEs and resilience initiatives

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