



Paper Tigers and Resilience Documentary Screenings

Stewartville High School Performing Arts Center



Brought to you by REACH Stewartville, Olmsted County BRIDGE Collaborative, Rochester Area Fatherhood Network

<https://www.eventbrite.com/o/olmsted-county-bridge-collaborative-amp-stewartville-reach-program-12813118350>

Paper Tigers Documentary

Monday, January 22nd, 7:00-9:00pm (film 7:00-8:30 with discussion to follow)

Stewartville High School Performing Arts Center

440 6th Ave. SW, Stewartville

Cost: FREE

Not appropriate for younger viewers.

Register at: <https://www.eventbrite.com/e/paper-tigers-documentary-showing-tickets-39937852191>



Paper Tigers follows a year in the life of an alternative high school that has radically changed its approach to disciplining its students, becoming a promising model for how to break the cycles of poverty, violence and disease that affect families. “Stressed brains can’t learn.” That was the nugget of neuroscience that Jim Sporleder, principal of a high school riddled with violence, drugs and truancy, took away from an educational conference in 2010. Three years later, the number of fights at Lincoln Alternative High School had gone down by 75% and the graduation rate had increased five-fold. Paper Tigers is the story of how one school made such dramatic progress. Following six students over the course of a school year, we see Lincoln’s staff try a new approach to discipline: one based on understanding and treatment rather than judgment and suspension. Using a combination of vérité and revealing diary cam footage, Paper Tigers is a testament to what the latest developmental science is showing: that just one caring adult can help break the cycle of adversity in a young person’s life.

Paper Tigers Trailer: https://www.youtube.com/watch?v=KdDr_nZOIXc&t=4s

Paper Tigers Website: <https://kpfjfilms.co/paper-tigers/>

Resilience Documentary

Monday, January 29th, 7:00-8:30pm (film 7:00-8:00 with discussion to follow)

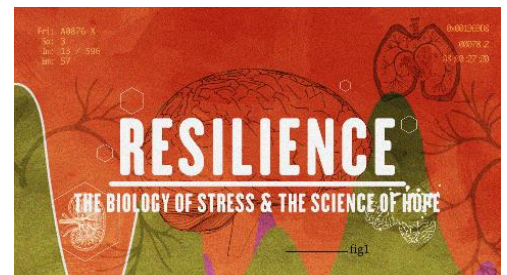
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RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE chronicles the birth of a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease. “The child may not remember, but the body remembers.” The original research was controversial, but the findings revealed the most important public health findings of a generation. RESILIENCE is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new

movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners profiled in RESILIENCE are proving, what's predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse and neglect. And they're using cutting edge science to help the next generation break the cycles of adversity and disease.

Resiliency Trailer: <https://www.youtube.com/watch?v=We2BqmiHN0k&t=5s&pbjreload=10>

Resiliency Website: <https://kpfjfilms.co/resilience/>