



SCHEDULE FOR DAY 1

Thursday, November 10th	
8:30 AM - 9:00AM	Registration and Breakfast
9:00 AM - 9:15 AM	Welcome
9:15 AM - 10:45 AM	Historical Trauma: Reclaiming the Cultural Narrative of ACEs, Keynote Speaker Sam Simmons
10:45 AM -11:00 AM	Break
11:00 AM -12:15 PM	Breakout Workshops <ul style="list-style-type: none"> • <i>Historical Trauma: Reclaiming the Cultural Narrative of ACEs – A Follow-Up Conversation</i>, Sam Simmons and Susan Beaulieu (Oaks – Center) • <i>ACE Data: Data Collection Tools and the Latest Findings from Minnesota and Iowa</i>, Melissa Aldofson & Lisa Cushatt (Oaks – North) • <i>Prenatal Group Visits in Family Medicine: Building a System of Care for the Prevention of Multigenerational Transmission of ACEs</i>, Jerica Berge (Oaks – South) • <i>Turning the Ship Around: How to Stop Creating Trauma and Start Addressing Trauma</i>, Elena Quintana (Oasis)
12:15 PM - 1:15 PM	Lunch
1:15 PM - 1:35 PM	Healing Practice Sessions <ul style="list-style-type: none"> • <i>Preparing the Sacred Cedar Bath</i>, Linda EagleSpeaker (Oaks – Center) • <i>Guided Meditation</i>, Drake Powe (Oaks – North) • <i>Radical Self-Care</i>, Joi Lewis (Meeting Rooms) • <i>Tai Chi</i>, Yang Ye (Gym) • <i>Rhythmic Drum Therapy</i>, Samba Fall (Studio)
1:35 PM - 1:45 PM	Break
1:45 PM - 3:00 PM	Breakout Workshops <ul style="list-style-type: none"> • <i>Creating ACE/Trauma-Informed Communities in Greater Minnesota: Two Case Studies</i>, Lowell Johnson & Steve Vincent (Oaks – Center) • <i>Building Trauma-Informed Full Service Schools and Communities: A Rural MN Case Study</i>, Stacy Bender-Fayette & Laura Eaton Carleton (Oaks – North) • <i>Change in Mind: Applying Neurosciences to Revitalize Communities</i>, Jennifer Jones, John Till & Mike Troy (Oaks – South) • <i>Expanding ACE Awareness: A Community Ecomap for Healing Conversations</i>, Ann Leinfelder-Grove & Tim Grove (Meeting Rooms) • <i>Brains Are Built: Promoting Healthy Childhood Development and Community Resilience through the African American Babies Coalition</i>, Sameerah Bilal (Oasis)
3:00 PM - 3:10 PM	Break

(continued on back)

3:10 PM - 3:30 PM	Healing Practice Sessions <ul style="list-style-type: none"> • <i>Preparing the Sacred Cedar Bath</i>, Linda EagleSpeaker (Oaks – Center) • <i>Guided Meditation</i>, Drake Powe (Oaks – North) • <i>Radical Self-Care</i>, Joi Lewis (Meeting Rooms) • <i>Tai Chi</i>, Yang Ye (Gym) • <i>Rhythmic Drum Therapy</i>, Samba Fall (Studio)
3:30 PM - 3:45 PM	Break
3:45 PM - 5:00 PM	<i>Blending New Science and Ageless Wisdom to Sustain a Healthy Mind, Mood and Heart</i> , Keynote Speaker Dr. Henry Emmons
5:00 PM - 7:00 PM	Reception and Networking



SCHEDULE FOR DAY 2

Friday, November 11 th	
8:30 AM - 9:00 AM	Registration and Breakfast
9:00 AM- 10:30 AM	<i>The Philadelphia ACE Study: Building Trauma Informed Systems of Care, Keynote Speaker Dr. Roy Wade, Jr.</i>
10:30 AM - 10:45 AM	Break
10:45 AM- 12:00 PM	Breakout Sessions <ul style="list-style-type: none"> • <i>Conversation about Philadelphia’s Model and Implications for Minnesota, Dr. Roy Wade, Jr (Oaks – Center)</i> • <i>Enhancing Emotional Resilience to Avoid Compassion Fatigue and Burnout, Juanona Brewster & Karen Lloyd (Oaks – South)</i> • <i>Whole Family Wellbeing: A Collaborative Response to ACEs, Toxic Stress, and Youth Mental Health Disorders, Wendy Goodman (Oaks – North)</i> • <i>Connections Matter - Moving Communities to Action, Sarah Welch & Lisa Cushatt (Meeting Rooms)</i> • <i>Tribal N.E.A.R. Sciences and Community Wisdom Project: New Insights and Old Wisdom Create Authentic Solutions, Susan Beaulieu, Nikki Crowe & Kim Lage (Oasis)</i>
12:00 PM – 12:30 PM	Lunch
12:30 PM - 2:00 PM	<i>Healing Communities Together, Keynote Facilitator Laura Porter</i>
3:00 PM - 5:00 PM	Special Event: Dr. Roy Wade, Jr. will be presenting and engaging in conversation with local residents about the Urban ACE Study and its implications for those working to address ACEs in the Twin Cities. This free community event is being held in Founders Hall at Metropolitan State University in St. Paul: 700 7th St. E, St. Paul, MN 55106

All Summit materials will be made available after the event on the Minnesota ACEs Connection Page. Visit the page at <http://www.acesconnection.com/g/minnesota-aces-action>.

Photographs will be taken at this event. If you do not want your photograph shared please contact Isabel Ruelas (iruelas@pcamn.org).



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