Community Trauma – Community Healing ~Collective Impact

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Greater Los Angeles Trauma Informed Task Force



Key Systems Promote Resilience







- Intellectual & employable skills
- Self-regulation selfcontrol, executive function, flexible thinking
- Ability to direct and control attention, emotion, behavior, positive self-view
- Efficacy

- Bonds with parents and/or caregivers
- Positive relationships with competent and nurturing adults
- Friends or romantic partners who provide sense of security/help with emotion coaching
- Social/emotional support

- Faith, hope, meaning
- Engagement with effective organizations – schools, work, pro-social groups
- Network of supports/ services & opportunity to help others
- Cultures providing positive standards, expectations, rituals, relationships & supports



Resilience

The natural human capacity to navigate life well.

(HeavyRunner & Marshall, 2003)

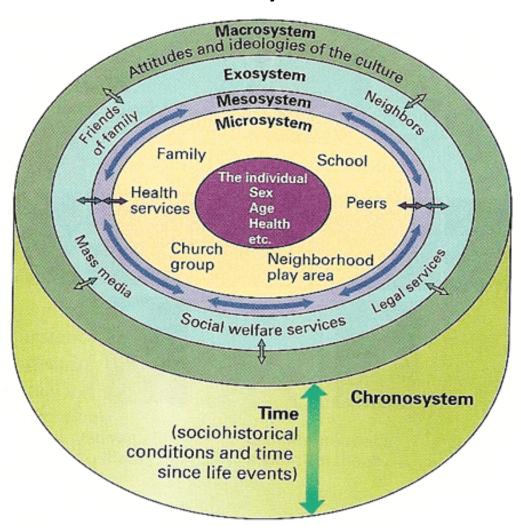


RESILIENCE
OCCURS AT
ALL LEVELS



SYSTEMS IMPACT

Community Violence and Cumulative Trauma



- Poverty
- Child Abuse
- Domestic Violence
- Gang and Gun Violence
- Refugees
- Lack of Access to Physical and Behavioral Healthcare
- Traumas Involving
 Community Agencies and
 Systems (e.g., Schools,
 Child Welfare Services, Law
 Enforcement, Courts,
 Immigration)

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Keys to Greater Community Capacity & Efficacy

- 1. Opportunities for everyone to help to co-lead
- 2. Coming together; shared understanding
- 3. Learning together reciprocity
- 4. Results-based decisions

Measures are highly correlated with population-level positive outcomes.

Washington State Family Policy Council; See for example: Community Capacity Development - Implementation Guide; Porter, L. et. al.; 2011; http://www.fpc.wa.gov/publications/How-To.Community.Capacity.2011.pdf





Figure 1.



Source: FSG

Figure 2.

Components for Success	PHASE I Initiate Action	PHASE II Organize for Impact	PHASE III Sustain Action and Impact
Governance and Infrastructure	Identify champions and form cross-sector group	Create infrastructure (backbone and processes)	Facilitate and refine
Strategic Planning	Map the landscape and use data to make case	Create common agenda (goals and strategy)	Support implementa- tion (alignment to goals and strategies)
Community Involvement	Facilitate community outreach	Engage community and build public will	Continue engagement and conduct advocacy
Evaluation and Improvement	Analyze baseline data to identify key issues and gaps	Establish shared metrics (indicators, measurement, and approach)	Collect, track, and report progress (pro- cess to learn and improve)

Source: Stanford Social Innovation Review

Source: The Annie E. Casey Foundation ~
Laying the Groundwork for Collective Impact – A Working Paper
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