

Resilient Los Angeles

We are dedicated to preventing and reducing the number of adverse childhood experiences (ACEs) in the greater Los Angeles area, creating opportunities to heal from past trauma and building resilient Los Angeles communities.

We strive to create a more resilient Los Angeles region by educating individuals, communities and organizations about ACEs, trauma and resilience; and, by providing training and resources for making policy and practice changes that are needed to create healing in our citizenry, organizations and systems.



What We Do

- Provides opportunities for community members to network and learn from each other.
- Educates people in Los Angeles County about ACEs and the effects of toxic stress by creating materials and hosting ACEs 101 sessions across different sectors including health, mental health, faith-based communities, juvenile, adult and civil justice, businesses, family serving organizations and schools.
- Actively support the implementation of trauma-informed practices that increase resilience and wellness for all residents, through presentations and other community events engaging participants across many settings.
- Recognize the mental and emotional impact on those who provide ACEs science services to communities that experience high ACE scores.

Early Results

- Los Angeles County's **Trauma and Resilience-Informed Systems Change Initiative – Emerging Lessons and Potential Strategies**, a report from the California Community Foundation, The California Endowment, First 5 LA, Conrad N. Hilton Foundation, Ralph M. Parsons Foundation, and numerous community partners.
- Hillsides in Pasadena designated a 'Trauma Informed Care Agency' by the National Council of Behavioral Health.
- Young & Healthy facilitates three-part training series on Trauma-Informed Care.
- Origins Training launched the Resilience Champion 6-week online training program for individuals and groups who want to lead their organizations and communities on the path to resilience.
- The 45th Annual Pasadena Mayor's Interfaith Prayer Breakfast has become one time each year where hundreds of City officials, businesses, nonprofits, and religious institutions unite under one roof to inspire change, promote positivity and focused on better family welfare.
- The Children's Clinic (TCC), "Serving Children and Their Families" trainers have successfully trained thousands of individuals and agencies and are available to evaluate, consult and train both in one hour training and 4 hour agency trainings.
- Echo is a pioneer in trauma and resiliency training and for many years has provided survivor-driven, research-based education to many different populations, including parents, community groups, educators and a vast array of health and human service professionals through parenting class series, trainings and annual conference.

Legislative Districts

Assembly: 36, 38, 39, 41, 43, 44, 45, 46, 48, 49, 50, 51, 52, 53, 54, 55, 57, 58, 59, 62, 63, 64, 66, 70

Senate: 18, 20, 21, 22, 23, 24, 25, 26, 27, 29, 30, 32, 33, 34, 35

Contact Information

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Learn More

[Los Angeles County ACEs Connection ACEs Connection](#)
[ACEsTooHigh.com](#)
[4CAKids.org](#)
California Campaign to Counter Childhood Adversity.

2016 Estimated Percentages Reported by Parents	USA	CA	Los Angeles County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	16.7%
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	52.5%

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).