





**Planting and Sowing Some of the Trauma Informed Values into Our** Leadership Roles

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## Things to be mindful of

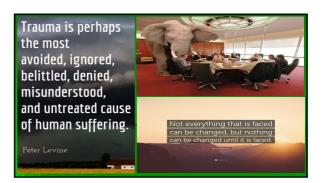
- Understanding in the most important bit. Curious/ behavior is communication/ reflective/ integrate it. Infuse into conversations and show it and name it.
- Whole school/ a policy or physical environment etc. Vision, mission, priority matrix-elevator speech- why!

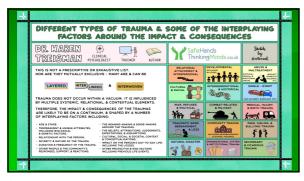
- Trauma-specific vs trauma informed.

  Every role e.g. Business support/ caretaker/ catering staff/ HR/ interpreter etc.

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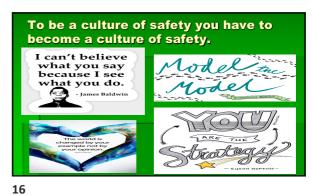


A People Place
by William J. Crocker

If this is not a place where tears are understood,
Where do I go to cry?
If this is not a place where my spirits can take wing,
Where do I go to fly?
If this is not a place where my questions can be asked,
Where do I go to seek?
If this is not a place where my feelings can be heard,
Where do I go to speak?
If this is not a place where you'll accept me as I am,
Where can I go to be?
If this is not a place where I can try to learn and grow,
Where can I be just me?

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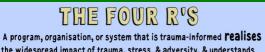




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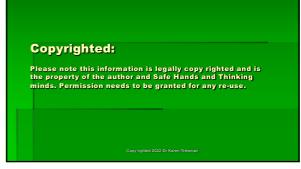


A program, organisation, or system that is trauma-informed **realises** the widespread impact of trauma, stress, & adversity, & understands potential paths for healing & recovery. **Recognises** the signs & symptoms of trauma in staff, clients, & all others involved in the system. Actively **resists** re-traumatisation (Committed to being trauma-reducing instead of trauma-inducing). **Responds** by fully & meaningfully integrating, embedding, & infusing knowledge about trauma into policies, procedures, language, culture, practices, & settings (SAMHSA, 2014 - Adapted by Dr Karen Treisman).



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